



Native Americans who inspired some of this progress  
L-R Gene Tagaban (Tlingit-Cherokee), Mariah Cooper, (Lac Courte Oreilles-  
Oneida) Olympic Hopeful, Rollingbears Quintana (Lakota-Azteca)

“Snowdance Phenomena”  
Documentary Script  
and  
Elders’ Solutions & 12 Mandates for Rio+20  
Earth Summit June 20-22  
To Restore Eden



Co-Hosts of the “SnowDance Phenomena” Documentary,  
Marty Katon (Ottawa) & Suzy Chaffee with Native-loving Aussi producer Nick Pasquale  
(Photo of mutual Elder advisor Seneca/Iroquois Warren Skye)

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## U.S. 2012 “SNOWDANCE PHENOMENA” - ELDERS’ SOLUTIONS & 12 MANDATES FOR RIO+20

By Olympic skier Suzy “Chapstick” Chaffee

In January 2012, a Snowdance Phenomena swept across Colorado, Utah, and California’s Tahoe that helped these Western regions survive what ABC now calls “the driest in 130 years.” These ceremonies were graciously led by Native American Elders together with hundreds of sincere local skiers and boarders, as the livelihood of mountain communities are so dependent on snow.

Thanks to unprecedented coverage of these miracles in January by the Wall Street Journal, Washington Post, San Francisco Chronicle, AP, TV and youtube, people as never before could see the proof of these miracles. For example, youtube showed Vail’s Ute snowdance on January 7, and the resulting powder skiing on January 8. See press documentation of the “January 2012 Snowdances at U.S. Ski Areas ([pdf](#)) ([doc](#)).” Some grateful Vailites excitedly blogged resorts in snowless regions suggesting they contact their tribal Elders too! Because these phenomena are a startling wakeup call, the U.N. encouraged our Native American Olympic Team Foundation to share this story with communities around the world because it inspires people to live in more harmony with Nature. In doing so, we learned about some amazing practical and spiritual practices in other countries.

Helping me tell this story in the documentary is Marty Katon, a gifted artist and activist of the Ottawa tribe, who helps transform high risk LA inner city youth through art classes, into amazing artists and human beings. Thanks also to his smudging ceremony, burning sweet grass and sage and giving tobacco to ask Creator to give us protection and guidance, similar to the Three Kings bringing frankincense and myrrh to Jesus’ birth. This is what resulted:

### A NEW DAWN FOR MOTHER EARTH?



©Antaris/dreamstime

Thanks to the United Nations creating International Mother Earth Day on April 22, in 2009, heroically initiated by the Indigenous Bolivians, humanity is remembering again that Mother Earth is a living, loving, wise, sensitive compassionate being. Now is the time to truly celebrate Her!

Said Marty, “it is amazing that the UN’s 192 Nations are now recognize Mother Earth. That’s hope for humanity.”

## BOLIVIA!



photos: ©Lorpic99/Dreamstime  
La Paz' Mt Chacaltaya Glacier in 90's



©Tr3gi/Dreamstime  
Closed 18,000 ft Ski Area in 2008



©Simonwedeg/Dreamstime  
President Evo Morales

### 192 NATIONS OFFICIALLY RECOGNIZED MOTHER EARTH IN 2009

The catalyst for the U.N's mind and heart shift was in 2008, Bolivia losing its only glacier, Mt Chacaltaya, and 18,000 ft ski area, the world's highest. The snowmelt was their water and food supply for a million people of LaPaz. Bolivian President Evo Morales of the Aymara tribe shared this shocking preview of why humanity needs to act boldly in practical and spiritual ways. See video of *John Steward* honoring President Morales: <http://www.thedailyshow.com/watch/tue-september-25-2007/president-evo-morales>, as well as "Americans for Indian Opportunities:" <http://www.aio.org/>

The tribes believe that since we are all related, as we heal Mother Earth we heal ourselves and our children's future. This all helped President Morales initiate UN's International Mother Earth Day on April 22, to give even deeper meaning to Earth Day. Since scientists predict more droughts globally, here are some ways that have worked for eons that you can now use to inspire these gifts of precipitation from Mother Earth to assist your communities survive and thrive in this WORLD EMERGENCY.

## AUSTRALIA



©Jobhopper/Dreamstime.com Oprah's Aborigine ceremony at Australia's sacred Mt Uluru

Ceremonies are a powerful way, especially cross-cultural ones led by gifted Native Elders or shamen who are pure of heart. Oprah's attending an Aborigine women's ceremony at Australia's sacred Mt Uluru on World TV last year helped many more remember how all our ancestors gave gratitude to Mother Earth. In so doing we can help purify, heal, and diffuse all the negative energy from our thoughts and actions that Mother Earth absorbs in Her body, so She doesn't have to release it thru earthquakes, volcanoes, floods, fires, freaky weather and droughts, like the dry spells in the U.S. and Australia. Tribes call Mother Earth's way of cleaning house this 2012, "The Purification."

I am so proud of our North American Tribes, Olympians and the Ski World who have come together to help ensure that future generations can enjoy our awesome snowsports. That is why my Olympic teammates, thanks to spending so much time in Nature, voted our Native American Olympic Team Foundation (NAOTF) a seed grant to help create this unprecedented bridge between our cultures, given their respect for tribal wisdom.

## THE U.N. MINDSHIFT!



United Nations NY Headquarters

Courtesy: U.N.

In 2011, the UN's Sustainability Officer, Maria Mercedes Sanchez of Nicaragua, encouraged our foundation to share our snowdance phenomena with communities around the world because it wakes people up, as it did me, that Mother Earth, is aware of our thoughts, words, actions, as well as loving touch organic gardening and joyfully dancing, including down mountains. Some Ancients have called Her Gaia. As a result of sharing January's Western snowdance phenomena, I was surprised to learn some of the practical and spiritual secrets that ski resorts worldwide have been enhancing more snow, which they are now glad to share so that together we may help preserve our beloved sport as long as we can. Given the expected increasing droughts, this is also a way to prevent wildfires that accelerate heating up our whole planet.

Since ski areas have done some harm to many mountain eco systems, we are sorry Mother Earth, please forgive us, we love you, and we are together learning and acting. On the upside, see how many skiers and mountain communities worldwide have been manifesting exactly what the great Earth minds recommended on UN's International Mother Earth Day. Tsunamis of blessings also to the Earth Day Network for helping inspire over a "Billion Acts of Green" worldwide, working with over 22,000 partners in 192 countries to broaden and mobilize amazing environmental commitments from individuals, especially planting trees.

Together our billions of green acts of love are triggering a regenerative ripple around our Earth Mother like a warm HUG. Yet we need to do so much more every day as this is the greatest emergency of our lives. In the Brownies and Girl Scouts, which were influenced by the World Boy Scouts, we learned to "Be Prepared." They were co-founded by Scottish-born American naturalist, Ernest Thompson Seton, who was adopted by the Lakotas and wrote

the handbook that "spread their respect and love for Nature around the world" to millions of youth. He called American Indians "role models for white children." Many of these scouts grew up to create this progress for humanity – Bravo! So kids, please help more adults "Be Prepared."

### UN'S "HARMONY WITH NATURE DAY" LIVE INTERACTIVE WEB DIALOGUE

As part of Mother Earth Day, the UN's Sustainability Division again gathered some great Earth authors and scientists leading to their UN International Mother Earth Day/Earth Day on April 22, to study the impact of humanity on the planet and the best solutions of some of its 192 member states to create more harmony with Nature.

"As a human race, we have the resources, the scientific knowledge and the know-how to save our planet," said the President of the General Assembly Nassir Abdulaziz Al-Nasser. But he warned that "economic growth that relies on unsustainable patterns of consumption and production is undermining humankind's quest for harmony with nature and called for science-based sustainable development solutions."

The consensus of this Live Interactive Dialogue via a webcast open to the world, was that in order to get back to how our ancestors lived in harmony with Nature for eons, we need to look to the Indigenous Peoples as a model, and be in more harmony with ourselves and each other. Since Man's focus on growth, profits, bioengineering, fossil fuels, nuclear technology and war is unsustainable, we need to adopt a combination of science and Ancient wisdom to regenerate Mother Earth. <http://www.uncsd2012.org/rio20/index.php?page=view&nr=840&type=13&menu=23>

Said my gifted Cherokee Earth advisor, Olivia Ellis, PhD, "The Dialogue gave me more hope than anything I've read or heard in a long time. They were spot on and the moderator, a great natural authority, egolessly presented. After watching our Presidential campaign that has been void of rational thought about steering the U.S in a sustainable direction to address the world emergency, I thought I'd died and gone to heaven listening to the broadcast."

### HAIL TO A GROWING NUCLEAR-FREE WORLD!

The Elders honor all those countries that always used safe energy, like Austria, and the amazing number switching from nuclear to renewable energy, especially after Fukushima. And all those groups educating humanity, like *Musicians United for Safe Energy*, [founded in 1979](#) by [Jackson Browne](#), [Graham Nash](#), [Bonnie Raitt](#), and [John Hall](#), who had the foresight to give concerts and advocate for safe energy over nuclear shortly after our [Three Mile Island nuclear accident](#). Russia's former President Gorbachev is revered for being the first head of state to warn humanity that all things nuclear, including its stockpiled waste, are humanity's greatest threat. With the assistance of America's Patti McCune, he founded the *International Green Cross* 1993 to build on the work of the 1992 [Earth Summit](#) in Rio, through GCI's mission "to help ensure a just, sustainable and secure future for all by fostering a value shift and cultivating a new sense of global interdependence and shared responsibility in humanity's relationship with nature."

To create "a much safer U.S. and world," retired U.S. Admiral Shanahan and Ben Cohen of Ben & Jerry's, shows us how to shift part of the US Defense Budget, (including on-going building of nuclear weaponry), which is HALF of our US Budget, to renewables, schools, health, other community needs, plus renewable projects for developing countries. [http://www.youtube.com/watch?v=\\_sOie5Q10v8](http://www.youtube.com/watch?v=_sOie5Q10v8)

### NOBEL PRIZE WISDOM + ANCIENT TRIBAL WISDOM © Stanford U



Hawaiian & Maori Stanford Eco Fellows with (2nd from L) Enersen and me Nobel Peace Prize winner Dr. Stephen Schneider

Here is an example of how scientists, universities, skiers, Olympians and the tribes in the US, as well as other countries have been exchanging practical and spiritual Earth wisdom. In 2007 Tom Brokaw hosted a *Global Warming Special* on HBO. The scientist who made the most sense was Stanford's Dr. Stephen Schneider, whose team serves on the Intergovernmental Panel for Climate Change (IPCC). So I called him, and he graciously invited NAOTF's visionary supporter, Dick Enersen, America's Cup winner and former editor of Stanford U's paper, and I meet with him and also join them in honoring their Maori and Hawaii Fellows for their valuable eco exchanges through Stanford's Woods Institute on the Environment. This skiing scientist and consultant for Aspen SkiCo was delighted to create a partnering exchange with our amazing Native American Elders, who were already partnering with U.S. Ski leaders to help "Keep Winters Cool." Later that year, Dr. Schneider won the Nobel Peace Prize that he shared with his amazing IPCC team. And in 2008, when the U.S. had a record snow season, Michael Berry, President of National Ski Areas Association (NSAA) and Professor Schneider praised the collaboration between ski areas and Elders in a U.S. and world press story where Dr. Schneider strongly urged more ski areas to take advantage of this win-win tribal snowdance phenomena, explaining that:

"Because large scale systems affect our complex weather, it is difficult to say which elements affect the precipitation outcome most, so one needs to work with all sides of the street. It would be foolish to dismiss anything that helps in this environmental crisis, especially if it costs almost nothing. I think it is wonderful that North American ski areas have been inviting tribal youth back to ski and snowboard, which inspires these snowdances. And it would be wise to further explore and expand such cross-fertilization, exemplified by Aspen SkiCo, that unites good stewardship with Elders-led group prayers and snowdances. If it works, go for it!" Dr. Schneider is no longer with us, but he left humanity with a priceless gift of how to thrive during this transition. He is likely behind these amazing mind and heartshifts this 2012. Thank you Dr. Schneider!

### ELDERS EXPLAIN SNOWDANCES

According to many Elders, pristine mountains have a high vibration and naturally abundant snow cycles. However, the clouds of smog mainly from tailpipe exhaust and fumes from toxins in household products, according to California's Air Quality Board, in a story in the 2003 *LA Times*, has been interfering with those natural precipitation cycles. And lobbyists have ensured that corporations did not have to comply with the U.S. Clean Air Act. The Siberian mystic Anastasia, whose "Ringing Cedars" books are read by 100 million people worldwide, said that one of the greatest dangers (radiation being most lethal) are the toxic chemicals from fossil fueled vehicles mixing with dust to form particulates that we breathe and contaminate people and our mountains and oceans. Thank God, as you will see high school students have ingeniously developed 300 mpg electric car. And Japan's Dr. Emoto has shown humanity how water can be purified with sincere words or feelings of love and appreciation, just as the sincere words and feelings of love and appreciation used by the Elders for eons, can temporarily raise the vibration of the mountains or bodies of water, where they do not exist. The strongest prayers are those in cross-cultural unity through these snowdances. But for the snow to last, cities and especially communities right next to the mountains, need to take emergency steps to shift to renewables and electric cars and all natural products. So please help others wake up and make bold moves to purify our mountains now that we know what the scientists and Elders strongly recommend.

### ELDERS THANK IN ADVANCE

Besides thanking Creator and Mother Earth in their prayers and ceremonies, the Elders also joyfully thank their ancestral spirits and Nature spirits IN ADVANCE for the snow or rain, to manifest them. Elders say that the Nature spirits not only direct the wind, clouds and thunderbeings, but also watch over the natural world and helped design our exquisite flowers and tastes of food. There are powerful male devic spirits who direct the weather on the highest mountains who also respond amazingly to appreciation. The reason the Egyptian Civilization lasted 3,000 years, the longest next to Indigenous Peoples, is because the Pharaohs and Queens had strict laws against fouling the land and water. They considered the Nile sacred, also because its silt fertilized the land and created their abundant food.

### MINI WARMSPELL OR TRANSITIONING TO A MILDER CLIMATE?

Today's global warming may be part of a gradual shift to a milder climate as some Elders say, or based on what we have seen in the past, we could be in a mini warm period like the 1400's where vineyards thrived in Northern England, or a mini ice age 200 years later when they could ice skate on London's Themes River, or in the Bronze Age 8,000 years ago where they had a warm spell lasting 3,000 years. But either scenario, the future of snowsports

as we know it is at risk, but in unity humanity can affect how it plays out. We can long known through studies that if you develop a ski valley too much you can lose the snow. But we can also restore the snow in the valley by planting trees, which pull up the moisture from the aquifers, plus also shifting to clean safe renewables, and renewable-powered electric cars, and all natural products. And by hosting ceremonies and giving gratitude every time you are blessed with precipitation, you can do wonders to help keep purifying your mountains, valleys and oceans, from smog clouds that also blow in also from other countries, why we need to work together.

## RIO+20 STRATEGY

Since what our 192 united nations do or do not do at June's RIO+20, here are some of those practical and spiritual holistic ways we collected that are recommended by Native American Elders, so our world mountain communities can breathe longevity into our snowsports and all life on our planet. We hope this Earth Summit participants and all Earth Citizens will take many of these simple cost-effective solutions to heart – some that have kept our planet pristine for eons. We also look forward to exchanging the ever growing ways to heal Mother Earth. We pray this background material saves everyone a lot of precious time and makes it easier to come up with priorities and timetables for implementing similarly strict laws to protect our water and lands that worked for the Egyptians. We commend the UN, Nobel Prize winners, the SnowSports World and Elders for encouraging this harmonious partnering of Science and Ancient Wisdom, including through joyful sports and ceremonial dances with music that all lift our vibration and Earth's vibration, to streamline winning our Race to Save the Planet!

## DETAILS OF JANUARY'S PHENOMENA - COLORADO

With this deeper understanding, here are more details on the snowdance phenomena in the Colorado, Utah and Tahoe regions in January. Vail executives were first to turn around their worst drought in a decade by calling on Southern Ute-Navajo Elders, Eddy and Betty Box Jr., to lead a Snowdance on January 7. Hundreds of skiers gathered next to the gondola and sincerely prayed with them. According to the Wall Street Journal's (WSJ) Ben Cohen, Eddy also asked the Vail Resorts COO Chris Jarnot to make a tobacco offering of gratitude at a special place on the mountain facing the 4 directions at the end of the dances, which he did with a few of his close friends.

WSJ reported that Eddy and Betty's meditation for "moisture from Mother Earth" worked! "It's not only for the snow," Mr. Box said. "When the water starts running off the mountain, and the flowers and every little thing starts growing, it benefits all humans." Following Vail's ceremony, combined with the prayer-power of Eddy's snowdance in Aspen, and then nearby Ski Sunlight, meteorologists said that a door opened in the weather system that resulted in Vail and most Colorado ski areas enjoying powder the next day, which kept on falling throughout January, adding up to several feet. Immediately after the Vail Snowdance, David Ingimie, President of the Snowsports Industries of America (SIA), posted *Vail Business Journal's* miracle story on the SIA's "Latest" blog. Also given the struggling economy, he followed the Nobel Prize wisdom of Dr Stephen Schneider, in recommending this virtually FREE zero carbon snowdance solution to abundant snow, over the alternatives (such toxic cloud seeding that can cost a million, or snowmaking, which is the No. 1 ski area expense).

## COLORADO'S FIRST SNOWDANCE SAVED VAIL IN 63'



Vail founders George Gilette, Pete Seibert & Dick Houseman with their hero, S. Ute leader Eddy Box Sr. Courtesy: Dick Houseman

Colorado's first snowdance was in Vail in 1963, when they had no snow for the first two opening years. In desperation, their leaders asked for help from Eddy Box Jr's father, Red Ute, and the Southern Ute Council and Cloud Clan. Believing that "we need to create more harmony between our cultures and Mother Earth," the Utes finally magnanimously agreed and transformed their eon-old raindance into a snowdance (despite Vail and many ski areas being on stolen lands.) It worked and the CBS Huntley-Brinkley woke up Americans with this first report of a snowdance miracle. (Interviews of the Vail founders on their first snowdance and others, are on snow-riders.org – "miracles"). For the last 50 years three generations of the Box Family have been treated like family and honored in Vail. They have performed many snowdances, some as part of their weeklong "Snowdaze" Festival in December since giving gratitude attracts snow. And following the ceremonies most of his family of dancers enjoy skiing.



Vail's 2010 World Cup Opening phenomena © Vail Foundation

## VAIL ACADEMY

Vail Academy, which produced Olympic legends like Lindsey Vaughn, hosted Eddy and Betty Box Jr's Vail Gratitude Snowdance (for earlier snow) and a "Blessing of the Athletes" at the opening ceremonies of their 2010 World Cup Downhill. It restored the canceled event from high winds and brought weeklong snows right at the end of the event for Christmas. The UN encouraged us to help expose other countries to these snowdances, so what better way than at a World Cup with these Greatest Skiers on Earth to carry these stories home. After having amazing experiences living on the Navajo reservation, headmaster Geoff Grimmer, and Bindu Pomeroy a Cherokee teacher and coach, had coincidentally called our foundation to help orchestrate the snowdance.

## NATIVE STUDIES LED BY THE ELDERS

Geoff and Bindu also wanted to expose students to their ancient tribal heritage of Colorado and 4 Corners from the perspective of the First Peoples (like CA and other states do), so they pioneered having the Boxes speak to their students. Eddy and Betty are popular speakers for multi-cultural youth groups, like the Boys and Girls Clubs, struggling to live gracefully with one leg in the mainstream world and the other in the spiritual Nature world, or just stay out our trouble.

For example, Betty, a Dine/Navajo Elder, who calls her husband of 30 years, "my lover," told the youth at the academy, "Go talk to the trees and hug them, even express anger and cry, then listen to them and let it go so we don't carry these hurts with us or pass them on to others. All families have human imperfections that we all learn from and make us stronger. When we send love to our enemies or those who have hurt us, we receive love, whether or not they respond, since we are all related!"

She also said, "Also do good deeds and find sports you love - Durango Mt and Telluride have hosted our Ute and Navajo kids - which strengthens them to avoid the pitfalls of alcohol and drugs and what they make us do, so we can instead joyfully share our gifts for the greater good of the tribe and humanity. We are all basically good people." The Navajo call their philosophy about seeing beauty in all things their "Walk in Beauty Way," but note at the end, since the tribe likely helped invent skiing, you might call this their "Ski in Beauty Way."

## BLESSING THE "JOY AND SAFETY OF ATHLETES"

In blessing the World Cup athletes, Eddy and Betty cleared the mountain of thought forms lingering from earlier accidents, deaths, conflicts, wars, explosions or dark energy, to prevent more accidents, just as the Elders cleared their trails, which were America's early mountain highways (often started by herds) and encampments of any

negative energy, using also sage and sweet grass. Psychics liked the ones that portray them in the popular TV shows “Psychic Detectives,” “Medium,” “The Gift,” and “Ghost Whisperer,” have similar gifts of being able to detect these thought forms to solve crimes and mysteries or assist confused souls to go to the light.

When our foundation was chosen by the George Bush Jr White House to spearhead the “President’s Healthier US Initiative on behalf of Native Americans in the Great Outdoors,” we partnered with the National Hiking Society on their National Trails Day. The director Ivan Levin was delighted to have our local tribal Elders bless and clear the trails, particularly around LA, my Vermont’s Green Mt Trails, thanks to Abeneki Chief Nancy Milete, and Appalachian Trails near sacred Mt. Katahdin, Maine, thanks to Penobscot Elder Arnie Neptune. To understand the reverence that the tribes, Thoreau, monks, and hikers have especially for sacred mountains, the former executive director of *Ski the Rockies*, Connie Baxter Marlow, whose uncle, Governor Percival Baxter of Maine, bought and preserved the mountain for the People, shares this youtube: <http://www.youtube.com/watch?v=r2bd45Qs2qw>

Having dislocated my hip at Vail’s “World Series of Ski Racing” in 1967 when I had a three second lead in the downhill, falling in the same place where others had, I found myself asking Eddy to please do a prayer for the joy & safety of this generation of world’s greatest racers as well as everyone on their mountains. It worked.

This blessing of the athletes was pioneered in 1999 by the late Ute Mt Elder Tony Tallbirds at the Opening Ceremonies of Telluride’s National Snowboard Championships, for the protection of the athletes after one died in training. Competitors were so relieved and happy by Tony’s blessing at their Opening Ceremonies that they chanted his name and then surprisingly again at the 2000 World Snowboard Championships. I shared that story with Ronny Lester, the Lil’wat Elder of Whistler, at the opening of the Vancouver Olympics following the loss of the Georgian Luger, and it also worked wonders. Therefore, by more and more ski areas starting their seasons with Elders/shaman-led Gratitude Snowdances, they are also blessing and clearing the mountains of negative energy, which raises their vibration to restore natural snowfalls for everyone.

NOTE: Safety has been in my genes since my Olympic mom, Stevia Chaffee, convinced the leaders to have an Olympic Ski Team doctor after they couldn’t put my hip back in joint in Vail, which led to later needing a hip replacement. That saved many careers. Since females are more conservative with our bodies, at our Women’s Freestyle Meeting at Mt Snow (where I was director of skiing) in 1971, aerial champion Debbie Mead came up with the guidelines for building safe jumps with steep enough landings to avoid compression as some landings were almost flat. But the early freestyle leaders didn’t take the guidelines seriously until someone got paralyzed, and then they were adopted, which helped the phenomenally fun jumping parks take off. I also adjusted the back of Dr. Dardik, head of the US Olympic Medical Committee, who then allowed US Olympians to also have chiropractic care not in secrecy or under the bleachers, or get hooked on prescription painkillers. As coach of the NBA Champion Chicago Bulls, Phil Jackson (NAOTF advisor) held Elders’ blessings ceremonies. A producer of a Cheese commercial in Telluride asked us to find a Ute spiritual leader to bless the site, which they had forgotten to do and there was an accident. We did and all went smoothly. Vail and Aspen have had construction sites of their mt restaurants blessed along with their opening ceremonies. SnowSports are high risk, and we must always be protective and vigilant of our youth. Elders’ blessings are yet another way to help prevent duplicating injuries at snow parks and pipes, ski trails, back country and hiking trails anywhere. Builders respect Hawaiian traditions and ask a Kahuna/Elder to bless and clear the land before digging into Mother Earth: [http://www.kaahelehawaii.com/pages/culture\\_blessings.htm](http://www.kaahelehawaii.com/pages/culture_blessings.htm) So more powder, safer skiers/boarders, lower insurance premiums and energy costs, plus happy Native kids giving regular appreciation to Mother Earth=spiraling joyful harmony with Nature and prospering!

## NATIVE-LED HIKES

Telluride’s fourth grade pioneered Colorado’s first Native-led hike up sacred Bear Creek in the late 90’s, when the Park Ranger got sick. Fortunately Cherokee artist Tom Harve, a Ute historian, lived in town and students got to see Nature through the eyes of a Native American. It included participating in a friendship circle dance honoring Mother Earth in a lovely meadow of wildflowers under an eagle rock visionquest site. Tom showed how the Utes ate the herbs and berries and made beautiful bows and arrows out of willow. The kids loved it! Aspen SkiCo then wanted the Utes to lead their popular Eco Tours on skis, snowshoes and hikes in summer. In Sweden, six year olds are taken on Nature hikes and taught similar things, which makes them more mellow, bonds them with Mother Nature for life, and they grow up to protect Her. Can you imagine how incorporating Native or shaman-led hikes in Parks, schools, Forests and Ski Areas everywhere could streamline living in harmony with Nature like our ancestors?

## UTAH!

In early January, Park City, Utah’s snow was 50% of its average. Following in the moccasins of Vail, on January 14, Park City hosted a snowdance graciously led by Northern Ute Elder, Frank Arrowchis, with hundreds of locals. He said, “Prayer has a lot of power if it’s done right.” Their snowdance made the front page of *The Washington Post*, *AP*, *CBS News*, *Desert News*... The Ute dancers then got to have a fun day of skiing and boarding.

[Associated Press/Washington Post](#) (front page!)  
Sat, 01/14/2012 - 10:42pm



Northern Ute Elder Frank Arrowchis courtesy AP

It worked! Reported Park City News. See video footage of the powder snow that followed in the press story link and our documentary. Montana and Wyoming were also blessed with snowstorms that week.

NAOTF encouraged Vail and Park City to host more tribal ski opportunities as a way of show appreciation to them and Mother Earth for this priceless gesture, since they naturally give gratitude for the snow that mainstreamers often forget. And it costs ski areas nothing but can mean more Indian kids being happy, productive, diabetes-free carriers of life-saving Ancient Wisdom that we forgot. Coincidentally, those ski areas that shared skiing/boarding on the one day of the ceremony soon needed more snow, while ski areas with tribal programs without snowdances kept getting more snowblessings. Yet Park City's January snowdance blessedly ended their worst dry spell since 2001.

### UTAH TRIBES SAVED 2002 OLYMPICS!



Park City Resort & S.C.

Needing to test equipment the winter before the 2002 Olympics, the Salt Lake Olympic Organizing Committee and

Ski Utah asked our Native American Olympic Team Foundation to please orchestrate a snowdance at Park City during the opening ceremonies of their December 2011 World Cup event. Roseanne Abrahamson (bottom pic right of racer), a descendent of Sakajawea and I united the Utah Tribal Elders to graciously lead this magnificent ceremony with the support of Forest Cuch, director of Utah Indian Affairs. The Europeans loved the tribes and the Olympic organizers the snows that started returning that day, and their Games also enjoyed beautiful ideal snow and sunshine.

## CALIFORNIA'S SNOW PHENOMENA

1st (cross-cultural) U.S. Tribal Snowdance saved 1960 Squaw Valley Olympics!



Courtesy: Carolyn O'Connor / Sierra Sun plus KOLO TV

### Tahoe's Olympic Heritage Snowdance this Jan 15 Inspired 5 ft of Snow

"In California, for the first time since the 1800's, Lake Tahoe received no December snow," according to the Wall Street Journal. So on January 15, 2012, Tahoe's State Park hosted a Snowdance at the closing ceremonies of their Olympic Heritage Celebration, after honoring a few of the Washoe, Paiute and Shoshone tribal members of the Sparks Reno Colony who miraculously saved their 1960 Squaw Valley Olympics. I was surprised to learn that was actually America's first known cross-cultural snowdance! The Elders are very humble

<http://www.tahoetopia.com/news/native-american-snow-dance-close-olympic-heritage-week>

The Eagle Wing Dance troupe performed this January's ceremony, joined by Olympians and 100 locals whom Lois Kane, the troupe leader described as "very sincere." She also said that thanks to Patti Hicks, who performed in their Olympic Snowdance, training us, each of our dancers took this request to heart, and every step was a prayer."

"At 11 that night it started snowing, and we saw our cultural traditions in a whole new light," she said. Thanks also to the good karma from Heavenly Valley's Washoe Ski Program, and Mammoth's Paiute school program that Dave McCoy started in the 50's, within a week they were all blessed with up to 5 feet of powder.

## ENDING SOUTHERN CALIFORNIA'S SEVEN YEAR DROUGHT IN 2004



Skiers at LA's 2004 Ski Dazzle Show honored participants in Big Bear Medicine Wheel  
Blue Thunder, me, Gina Weiss... Valerie Nunez L-Akima Castenads led Gratitude Snowdance

Southern Californians were also blessed with a snow phenomena in 2004. In hopes of ending their seven year drought, the Big Bear community was looking for a more natural green solution after a science teacher found how toxic the silver-oxide in cloud seeding is. So Gina Weiss asked Blue Thunder, a Northern Shoshone ceremonial leader, for help. Fortunately he was joined with a team of gifted Earth healers coincidentally there for Kim Landbecker's (Lakota) "Journey to the Heart Gathering," including the Bushmen of the Kalahari. Guided also by some petroglyphs discovered during their even, they created the Big Bear Medicine Wheel. Two hundred participants prayed from dawn til dusk on the sacred sites in a 120 mile radius of Big Bear Lake in the San Bernardino Mountains, which electromagnetically lifted the vibration of the whole region, triggered by a ceremony on Mt. Baldy (Ski Area) because it is a powerful Holy Mountain.

The ensuing rains in the lowlands restored Southern California's lakes and forests. The baffled KTLA weather man, Fritz Coleman, thanked the tribes. And since it gave skiers the "best snow in 50 years," the snowsports lovers at the LA Ski Dazzle Show, led by producer Judy Grey, who first told me about the phenomena, honored a dozen of the multi-cultural medicine wheel participants at her "best show ever." Chumash spiritual leader Akima Casteneda ended it with a touching Gratitude Snowdance. CNN's Weather Channel the next day revealed snow blanketing the whole West for Christmas, thanks also to the tribes just being honored at the Denver, Seattle, Sacramento and LA Ski Shows for being "America's First Caretakers." The ski areas like Snow Summit, Big Bear, Snow Valley and Mile High then started sharing some skiing and riding with local tribal youth. The song, "All we need is a miracle," was coincidentally playing on the loudspeaker at Snow Summit as Blue Thunder and the youth arrived and were treated like heroes. Blue Thunder first led a snow gratitude ceremony and then the kids had a ball skiing. Later he heard Mother Earth warn that these snowdances are band-aids and we must make bolder steps to purify Mother Earth so She doesn't have to! See preview of Big Bear's amazing docu:

<http://www.youtube.com/watch?v=1veYnQ-9q5c>

### RENEWABLE ENERGY HELPING PREVENT WORLD DROUGHTS

The Elders and ethical scientists agree that the key to purifying Mother Earth is shifting to safe, clean, cost-effective renewable wind, solar, tidal, geothermal, and muscle power. The Great Plains tribes won a World Clean Energy Oscar for their wind turbine and plan, and the Navajo/Dine have solar communities.

### TRIBAL RELATIONSHIPS WITH SWEDEN'S PRIME MINISTER & ROOSEVELT

Thanks so much to the friendship between Onondaga Chief Oren Lyons and Sweden's Prime Minister, the Swedes led the shift from nuclear to renewables. Thanks to Aspenite Cara Daniel, a descendent of Comanche Chief Quannah Parker, doing a popular one woman show about Quannah's white mother being kidnapped as a child and happily transforming into a Nature-honoring Comanche and marrying the Chief, I learned about Quannah's relationship with President Teddy Roosevelt. And like the Prime Minister, and the two Alberts of Monaco, who were adopted by the Lakotas, (as you will see), it likely helped inspire, along with naturalist Jean Muir, Roosevelt's bold incomparable

green move of preserving America's most magnificent lands through establishing our National Parks System!

### LA'S BIKE NATION! - RESTORING BLUE SKIES

LA lost its blue skies around 1950, when GM and the oil companies bought and killed the electric trolleys of 45 cities, including the City of Angels. Fossil fuels started blanketing mountains with toxins which interfered with their natural precipitation cycles, causing droughts and ravaging wildfires. When GM finally got a mandate to lower CO2 they built the electric EV1. But the car got too popular, so they killed it in 2006, despite a huge outcry, including stars like Tom Hanks, Mel Gibson and especially Hollywood Eco pioneer, Ed Bagley Jr. But his docu, "Who Killed the Electric Car?" woke up America and got electric cars back on the roads last year. LA's Mayor Villaragosa in April made another bold step toward getting blue skies back by launching their "Bike Nation," putting \$16 million behind bike paths and 4,000 share bikes that you can drop off at 300 kiosks, like D.C, Denver, and many European cities. Ski towns jumping on bike programs like this could substantially enhance snow, while saving time and expense of going to the gym! <http://www.latimes.com/news/local/la-me-0415-ciclavia-20120416,0,7130598.story>



Leitwind.com Wind Powering Vancouver Olympics-Grouse Mt



Wind Powering ski areas across Europe

Following Europe's 2007 drought, their ski areas have had consistently good snow seasons thanks a lot to the Italians powering many ski areas in Austria, Sweden, Norway, Finland, and France with wind energy. Wind leaders in North America are Massachusetts's Jimny Peak and Canada's Grouse Mt, which helped power their Vancouver Olympics.

### MORE RENEWABLE HEROES! – TED TURNER...

Aspen visionary Chip Comins help pioneer pushing for renewable energy in the U.S. by pulling together some of the great Earth advocates, like Ted Turner, to present at their American Renewable Energy Day. See videos on [http://www.areday.net/2010\\_media.html](http://www.areday.net/2010_media.html). That's where Turner declared that women should run the planet for the next 100 years. He is also my hero for restoring the buffalo, and I learned on CNN's Pierce Morgan in April, for championing saving the oceans, abolishing poverty, renouncing war since violence escalates it, and disarming all nuclear weapons since they would destroy all life on earth. He said we need to focus on treating all people with dignity and respect and solving things diplomatically through the UN, its purpose, for which he magnanimously donated two billion! Let's do it!

AREDAY's 2012 Summit in Aspen is Aug 18-20, 2012: Chip also shot the first Native (Wind) Energy docu, and some of our first snowdances 15 years ago, including our ski celebration for the Great Plains tribes at South Dakota's Deer Mt (now Mystic Miner Ski Resort), also covered by three TV crews. Lakota Chief Arvol Lookinghorse led the blessing ceremony with 100 people encircling him in front of the lodge after arriving with his Spiritriders from the snowy forest. Thanks to the Elders, snow fell for the first in a month the night before so the kids would have soft landings. I had the honor of teaching Arvol, once a National Bronco Champion, to ski with the kids, thanks to Lloyd Baldeagle's family organizing our Salute leading up to the tribes Opening the 2002 Olympics. Arvol then became a hero for guiding our ceremony to protect the Utah Games from expected terrorism, plus leading a powerful "World Peace and Prayer Day" each year in countries around the world, and starting the Wolakota Institute for Sustainable Living in the sacred Black Hills. <http://www.nativenewsnetwork.com/wolakota-omnicitye-underway-on-pine-ridge-indian-reservation.html> <http://www.greenwala.com/channels/green-design/blog/7712-Wolakota-Institute-Sustainable-Living> Here are some Renewable Heroes Worldwide:

## SOLAR AT US SKI AREAS



Acres of solar panels at Mt Abram's Solar Ski Resort



©Naoto Inoue  
Tracy Hancock

Maine's Mt Abram Ski Area is leading the shift in the U.S. to solar energy for 2013, thanks to Talmage Solar Engineering, to help turn around their Eastern snow drought along with joining Sugarloaf in hosting Penobscot programs and snowdances. Thanks to wind energy nearly eliminating their energy bills of resorts, and solar energy starting to generate money, more ski areas may quickly follow.

## SWISS SOLAR



Tenna, Switzerland's income generating solar T-bar Courtesy Tenna

The first solar T-bar was developed this year by the brilliant Swiss community of Tenna. While preserving their natural snows with this Zero Carbon lift, they are generating revenues since it is producing three times the power it consumes. See <http://www.adventure-journal.com/2012/02/swiss-build-the-worlds-first-solar-powered-ski-lift/> and <http://www.skilift-tenna.ch/>. By more and more ski areas adopting these clean technologies for their lifts and mountain buildings they could jointly restore natural precipitation cycles of their mountain chains.

## NEW ZEALAND SOLAR

Thanks to New Zealand's solar powered island, some citizens told me they drink their ocean water there to get rid of colds. They also developed the first solar desalination and are leaders in solar powered schools, 42 of them. *Schoolgen* is helping them create a generation of leaders who love clean solar and other renewables. <http://www.schoolgen.co.nz/tv-ad-2012.aspx>. They also invented a vegie-based foam to replace herbicides weed-killers along roads to keep their water pure. Thanks also Maori's daily ceremonies and the good karma from leading a world prayer that helped heal the hole (gushing oil) in Mother Earth's heart in our Gulf, which many Americans are grateful for, New Zealand's stunning mountains have continued to have consistently abundant snow.

Their life-saving traditions could be strengthened through ski programs to create more inspiring Maori Olympic skiers like Simon Wi Rutene, who brought a beautiful spotlight to Zealand, just as Cathy Freedman, Aborigine Olympic torch lighter and Gold medal runner did for Australia's Games, along with the movies "Whalerider" and "Australia." Cultural and eco tourism are huge. The top romantic destinations on the *Discovery & Travel Channels* have been Moorea and others whose hotels have Tahitian drumming ceremonies at sunset that feed the soul.

## INTERNATIONAL SOLAR EDUCATION



Green schools are now starting to spread like wildflowers in America and worldwide, and it would be wise for mountain communities to shift their schools to solar and other renewable, which helps grow a generation of smarter children, thanks to breathing purer air, while enhancing snow. See how kids at a Colorado mountain school are having fun playing with solar energy and will be using it, thanks to Solar Energy International (SEI), a non profit educational resource for over 60 countries. They even have online training courses, including in Spanish, and charitable outreach programs for tribes like the Shoshone and other marginalized communities. <http://www.solarenergy.org/>. Shoshone Elders said they are so happy to hear the birds singing again.

SEI also trains and certifies installers and gives workshops to explore different applications for renewable energy technologies in developing countries – critical for the future of our planet - to learn how to successfully accomplish sustainable development projects. We salute SEI, located in Carbondale and Paonia, Colorado, for 21 years of solar education leadership, and for partnering with green ski leaders like nearby AspenSkiCo, on their renewables and community education projects.

An example of solar in developing countries is the British-American Schools in Mexico's Puerto Vallarta, whose solar panels are even generating money. Shifting to solar could also help schools be more self-sustaining to buffer budgetary challenges, especially in the US, where PE and the Arts are first to get axed. Time to rethink priorities since the Father of Modern Psychology, Swiss Carl Jung, found living with the New Mexico Pueblos, that sports, Arts, Nature and giving back are keys to being psychologically healthy. So shifting to renewables could also help teachers transform bullies and unbalanced children shooting children into mellow productive earth caretakers.

## RIO!



(courtesy of RAFAA design)

When more see RIO's Solar Tower that competed for powering their 2016 Olympic City and welcome the world, more may shift to renewables. The proposed Tower with waterfall energy at night and a conference center, seemed perfect for the host of the Olympics and two UN Earth Summits. Who knows why the design of Rafael Schmidt was voted off the island, but this humble Swiss architect stirred imaginations on the web and his "Zero Carbon World Wonder of the World" may be gracing another visionary city. [http://www.rafaa.ch/rafaa/rio\\_de\\_janeiro.html](http://www.rafaa.ch/rafaa/rio_de_janeiro.html) Given Brazil's stunningly artistic green hearts, we can't wait to see what they unveil for their Olympics.

**TIDAL TURBINES** -Updated from the ancient windmills and river mills, the 21 century's tidal, river and micro

stream turbines are part of the new wave of renewable energy. The U.S. and the U.K. are leading the harnessing of this river and ocean energy through turbines, instead of dams that displace especially indigenous peoples. These turbines are proving to be "fish friendly." My brother, Kim Chaffee, helped to develop a river turbine for shallow waters. I am also proud that this captain of the Harvard Ski Team earlier founded the Student Ski Association, which offered discounted- affordable skiing to college students which helped snowsports grow here. Growth was also enhanced by Title IX, Equal Opportunities for Women in Schools Sports and Education, with the heart and muscle of Billy Jean (Cherokee) and Larry (Laplander) King and the WomenSports Foundation, since skiing moms tend to take families skiing and create Olympians, like my Olympic mom. My Olympic brother Rick, a PhD, also raised my consciousness via *Earth Watch* and their Aspen conferences. He coaches corporations like Verizon plus the National Guard how they can help win "The Race of Save the Planet" - his course. I borrowed his slogan.

## GREEN GOLF COURSES PROTECTING TRILLIONS OF GALLONS OF WATER!



New Jersey's Mountain Creek Resort, closest ski area to NYC, and Crystal Springs Golf Club are green role models. © Mt Creek

New Jersey's Mt Creek, where I was once director of skiing, and their Crystal Springs Resort are green models thanks to owner Gene Mulvihill, a dear mutual friend of my fellow ski ballet pioneer, the late Phil Gerard. Gene has been enhancing the snow and health of his region, skiers, golfers and children (especially their brains), and animals by protecting their aquifers and mountains from pesticides and herbicides after shifting their seven award-winning golf courses to green ones. The ancestral spirits of the Delaware Nation once living there must be relieved that Audubon International, partnering with USGA, are protecting their waters, along with trillions of gallons of water a year worldwide by shifting 847 courses. <http://www.golfandenvironment.com/>

## "DESERT GOLF COURSES REQUIRE ONE MILLION GALLONS OF WATER A DAY"

According to NPR's Frank DeFord, there are 16,000 (now 20,000) courses in the U.S., and desert courses require one million gallons of water a day, about two-thirds more than others. Shouldn't these well-endowed desert clubs put People First and be required to go green since the survival of their regions are at stake? Once a Vt State Jr. Golf Champion, how could I have fun playing on a course knowing now it would hurt my health and that of our global life support systems? That is why so many are shifting to green courses. More ski communities could and should enhance their snow and snowmelt by going green, since their mountains are also headwaters for the critical drinking water and food supply of billions of people. By also following Austria, shifting to renewables and white resin dental fillings instead of silver/mercury, Americans and other countries could again drink and fish safely out of our mountain streams! Don't we all want that? Said NPR's DeFord, "Among the 59 percent of the enlightened golfers, the problem is being addressed!" <http://www.npr.org/templates/story/story.php?storyId=91363837>

"For the golf community to flourish in the years to come the environment, specifically water quality and water conservation practices, must be the number one priority," says, Kevin Fletcher PhD, author of Audubon International the *Millennium Ecosystem Assessment* (MEA Report). Their green practices also reduced their need for trillions of gallons of water. <http://auduboninternational.org/PDFs/Audubon%20News%2001-08-final.pdf>

For the same reasons and more, this applies to the world's snowsports industries. Gene's resorts further protect their soil, guests and snow by growing delicious organics for their renowned restaurants and Spa. NAOTF has been able to continue making this kind of progress of late thanks so much to Mt Creek giving us a hand a few years ago that resulted in some good karma. "When Manhattan got snowed in," Gene said, "I don't know how, but our business was booming." Plus during New Jersey's disastrous hurricanes and floods, the resort was virtually unscathed!

## SUSTAINABLE SLOPES?

NSAA's Sustainable Slopes Program wisely honors resorts for innovative green leadership. NSAA's Green Room includes details on all the green progress that US ski areas are making so you could strategize how you could best lift your community: [http://www.nsaa.org/nsaa/environment/green\\_room\\_closed.asp](http://www.nsaa.org/nsaa/environment/green_room_closed.asp). NSAA is now partnering with the NRDC whose senior legal council is Bobby Kennedy Jr., who has been the greatest protector of US waters. Deer Valley hosts an annual Celebrity SkiFest that benefits Bobby's Waterkeeper Alliance, a global movement of on-the-water advocates who now patrol and protect over 100,000 miles of rivers, streams and coastlines of North and South America, Europe, Australia, Asia and Africa.

## NSAA's 2012 GOLDEN EAGLE ECO AWARDS

The three winners of May's NSAA's 2012's Golden Eagle Eco Awards are tribal-associated ski areas, so this Ancient wisdom is rubbing off! Mt Abram won it for switching from oil to local wood pellets, a carbon neutral source for heating three buildings, which saved them 12,000 gallons of oil a year – a surprisingly simple way to eliminate dirty fossil fuels. Owner Matt Hancock is now making them the first solar powered ski area in 2013. Stevens Pass won their size category for “energy conservation and Green House Gas (GHG) reduction. GM John Gifford has offset 100 percent of their electricity and propane consumption for the past five years through renewable energy credits and carbon offsets.” Aspen SkiCo, led by their Eco leader, Auden Schendler, who also heroically spilled the beans about corporate greenwashing (toxins in green sounding products), this time won it for their “Coal Mine Methane to Electricity Project. The resort operator captures waste methane to generate three megawatts of power using piston engines. That's roughly the equivalent of the company's annual energy consumption.” <http://www.snocountry.com/index.php/component/easyblog/entry/aspen-mt-abram-stevens-pass-honored-with-golden-eagle-eco-awards.html> Vail is lighting its pathways with micro tidal turbines in their streams – as little things add up. Cleaner biodiesel public transportation in Flagstaff and Aspen, which also has biodiesel snowcats, has enhanced more consistent natural snow.

## AFFORDABLE SKIING

Another shift was NSAA's Berry praising Jamie Schectman, founder of Mountain Riders Alliance (MRA) for inspiring ski areas to reflect on how their current direction could affect future generations - a tribal tradition. This driest winter in 130 years has made many ski areas see the writing on the wall that to be realistically sustainable they need to prioritize investing in renewables. And by drastically reducing their energy bills they can make snowsports more affordable and supportive of local economies and tribes, and make a decent profit for years to come since they'll also attract more snow. About a decade ago, Christie Sports, a tribal supporter, brilliantly pushed to make skiing more affordable again, which could have helped prevent the U.S. from becoming No. 1 in obesity and adult diabetes since the turn of the millennium and getting worse unless more bold leaders step up to the plate. Since diabetes is also pulling down world economies, which could be spent at ski areas, those who make this shift now will get good karma this year for leading their industries, countries and world in a vibrant productive direction.

Since Alaska is one of the last pristine frontiers with immense resources, their wise goal is to be 50% renewable by 2025. Note the wind turbines in the upcoming Arctic section. That makes MRA's proposed Manitoba Mountain community, their lean, clean super model. Located just 90 minutes from Anchorage, Schectman and his partner Dave Scanlan are exploring keeping Manitoba gloriously pristine through a combination of wind, solar and micro-hydro. See KTVA TV Alaska: <http://www.ktva.com/home/top-stories/Skiers-Envision-New-Chugach-Lift-Development-149849045.html>

Among ski gear manufacturers, SkiLogik set the bar in 2012 for manufacturing in harmony with Nature by planting a tree with every pair of their gorgeous cutting edge skis sold, along with donating a percentage of each pair sold to give tribal youth a chance, thereby enhancing snow and sales, a win-win.

## NSAA AND ASPEN'S NATIVE PIONEERING

Aspen Ski Company's marketing director Buzz Bainbridge, (now in his 90's), told me that their NSAA Conference first honored and welcomed the Ute Tribe back to Aspen in the 1960's. He went on to found New Mexico's Indian Tourism Department, which helped make them *Time's Magazine* “Coolest State to Visit,” (1995 coverstory), which helped clinch launching Telluride's Ute ski program. *Ski the Rockies'* executive director Connie Baxter Marlow brought Elders back to Aspen in the 90's to share wisdom at popular seminars at the Art Museum and sweat lodges.

In 2000 our foundation helped this generation of Aspenites and the Roaring Fork Valley welcome Ute youth back and create an on-going relationship by launching Aspen's Ute Ski and Snowboard Program that included their kids winning their division of the Winterskol's Parade. Thanks to also welcoming the Utes to skate and enjoy their cool community Health Center for free, restaurants and lodges throughout the valley sharing hosting them, including the "green" Roaring Fork Country Club and Aspen's watering hole, the Caribou Club, Aspen became a role model for our President's Healthier US Initiative on behalf of Native American in the Great Outdoors

The Utes, in turn, have saved Aspen a number of times, including this January. Just before Eddie's Vail snowdance, a local Aspen star asked him to lead a snow ceremony while also blessing their home, which contributed to the weather system that "opened the door to Colorado's January's snowstorms," said a Summit County meteorologist. It was further reinforced by Ski Sunlight's (near Aspen) gratitude snowdance on January 17, Martin Luther King Day, led annually by Northern Ute Elder Loya Arum.

Aspen's first magical moment was when the SkiCo simply agreed to host the Ute program after first turning it down at our meeting during Christmas week of 1999. Coincidentally, a dark snow cloud continued to hang over Aspen blocking the sun all week, but it wouldn't snow. With the grace of God, I sat down next to the marketing director at a restaurant with my host David Marlow, Connie's husband, just after his *Architectural Digest* coverstory broke of Ralph Luran's sublime tipi there. I shared some of the amazing things that have happened when ski areas have welcomed the tribal youth back to their ancestral homes resulting in a meeting the next day. Within an hour after the program was set in stone, it snowed like (dancing) cats and dogs and horses.

For Aspen's Millennium Ute Welcoming home event led by Mayor Rachael Richards and hundreds in the Gondola Plaza, we did a healing ceremony inspired by Pope John Paul II just apologizing for the Church's part in the genocides of the First Peoples of the Americas, as well as the (gifted Nature-honoring) women in Europe's Inquisition. An avid skier, the Pope likely heard God urge this healing while atop a mountain. Realizing that all races have been abused, exploited or genocided at one time in history, at Aspen's ceremony we forgave everyone and ourselves so we could finally stop the reruns and move forward to the prophesied 1,000 years of peace.



Following the vision of the U.N. to spread our snowdance story, SIA's Ingimie connected us to ski leaders of other Continents to share our story and hopefully inspire resorts to invite their tribal Elders or shamens to lead these ceremonies and outreach their youth. To our delightful surprise, we found why many countries have been enjoying abundant snow thanks to their spiritual and sustainable practices, some eons before us, so it became a beautiful critical exchange for the benefit of humanity. Here are some of them.

## MORE INTERNATIONAL SNOW SECRETS

Since it will take a real World Team effort to keep snowsports thriving as long as possible...

## AUSTRIA!



© Trip Advisor

Kitzbühl's renowned Hahnenkam Downhill on wunderbar snow!

At our Freestyle Reunion at Sun Valley last spring, Austria's Kitzbühl Ski Club leaders, Dr. Michael Huber and Peter Obernauer told me about their renowned naturalist, Johann Grander, whom they described as having a similar way of looking at Nature as Native Elders. Grander found in a copper mine some "original water" – one of two known sources on the planet - which is phenomenally potent for healing. He then invented a way to use it to electromagnetically revitalize today's tap water and other contaminated waters.

Since Japan's Dr. Emoto proved that water has memory and responds to appreciation, Grander surrounded tap water with the original water which helps it remember and magically restore much of its original properties. After this "Wizzard of the Tyrol" was honored by Russia's Academy of Natural Sciences, most Austrian and many other European ski resorts have been using this revitalized water in their communities, including for snowmaking. The Kitzbühlers excitedly shared how it resulted in flowering hills, flourishing crops, minimal need for snowmaking despite their low altitude, Olympians cutting rehab time in half, spas happy, but Germany has strictest water laws.

They also said Kitzbühlers can even drink out of their streams again thanks also to Austria choosing safe hydro and wind over nuclear, the E.U.'s higher toxin standards (they've banned 35 toxins, compared to U.S. 5), their universities watch-dogging streams, and many using Grander's other applications that greatly reduce toxic chemicals in industries there and worldwide. For example, a public swimming pool in Taos using their water revitalizer has cut chlorine needs in half and private pools can be chlorine free. For science on the "original" water, including Swiss Nobel Prize winner in Chemistry, Kurt Wuthrich, see youtube: *Water: The Great Mystery*, and for all applications, Grander.org. Austria, Italy, Russia and Cuba are also leaders in organic farming which protects the air and vast waters from pesticides and herbicides. All these solutions point toward the key to consistent abundant snow is keeping the water and air and therefore mountains as pristine as possible. So it's not totally magic!



*Herzlichen Dank Franzes, Austria & Switzerland!*

Austria got some extra good snow karma thanks to the two Franzes - not in Arnold's skit - but Austrian icons, Olympic Gold Downhiller Franz Klammer of also Telluride's Franz Klammer Lodge, and World Speed Ski Champ Franz Weber. They graciously helped our struggling Native foundation stay alive in 1999. Since Brando's passing it has been more popular to lift children in 3<sup>rd</sup> World countries, rather than our many Native youth living in 3<sup>rd</sup> World conditions, recently shown on Diane Sawyer's ABC Special. So the Franzes invited me to St Moritz to join them hosting Credit Swiss clients who love to ski, like (L) Peter Brabeck-Letmathe, Nestle's CEO (World Economic Forum) next to Klammer, me, Weber.

## SOCHI RUSSIA – 2014 OLYMPIC HOSTS



Thanks French Olympic Icon & their Games Organizer Jean Claude Killy and Legendary Ski Wisdomkeeper John Fry and © Sochi 2014!

Sochi's Rosa Khutor Ski Resort, site of Alpine events, enjoys consistent abundant snow.

Facing the challenges of transition to democracy in the early 90's, more Russians were given small parcels of land. Partly inspired by the Siberian mystic Anastasia through Vladimir Megre's *Ringing Cedars* books about her, 35 million Russian families, or 70% of their population, have shifted primarily to organic gardening and there are over 150 eco communities. Up to 100 million people worldwide who have read these mind-blowing books, may also be organic gardening. <http://ringingcedars.com/>

“This has reconnected the Russian people and others worldwide with Mother Earth and the wonders of plants, thanks also to their scientists first deeply studying them and then verifying Anastasia's statements. A First Nations environmental leader said that they see Nature like Anastasia.

“As a result of their cleaner water and air, Russia's mountainous regions, including Sochi, site of their 2014 Games, will likely continue to be blessed with abundant snow,” said UN Forest advisor Dr. Leonid Sharashkin. Plus note there is little development around the ski area and Sochi is a health resort so the cuisine is likely yummy given the heavenly taste of organics, why Italy has gone mainly organic, and it is required in the lunches of their Northern schools that all have gardens to lift their health and IQ's. As a snow backup, Anastasia raised awareness about the powerful spiritual value of the sacred Dolmen Megaliths, scattered around Sochi, built by her forebears that predate the pyramids.

For a glimpse of another manifestation of Anastasia's vision of growing a generation of happier, smarter Nature–honoring children to forge a brighter future for humanity, which she also sees for America, check out the free forest school in the foothills of Europe's highest mountains at Tekos (.org). Spaceba Anastasia, the Siberian/Russian People, and Sochi Olympic hosts, including President Vladimir Putin, an avid skier, for your valuable contributions.

While World Ski Resorts have made much progress, a lot more needs to be done ASAP to rebalance Nature's precipitation cycles say the Elders. Can you imagine what it would be like to not be able to ski or snowboard anymore? That is the kind of passion combined with this new team effort of ski areas encouraged by the UN, that we realistically need to turn around this global snowsports and eco emergency! Here are some more surprising snow appreciation ceremonies and green practices happening around the world to hopefully inspire more to shift to renewable energy this season and give appreciation to Mother Earth, ideally multi-culturally with a tribal outreach.

## SOUTH AMERICAN GRATITUDE SNOWDANCES



courtesy: Johnathan Selkowitz



Chile's Portillo Hotel and its Laguna del Inca

courtesy: Frank Shine

I was surprised and thrilled to learn that the ancient tribal traditions were alive at many ski areas around the world. Other South American Ski Areas have been giving gratitude to Pachamama for Her snows. The owners of Bariloche, Argentina, where I won the South American Championships, recently shared at their Sister City exchange at Aspen that they have been working for years with their Mapuche Tribe, the Indigenous people of Argentina and Chile.

Ellen Purcell whose family owns Portillo Chile, where I raced in the World Championships, said that a group of their local employees begin their seasons with a (gratitude) snowdance next to their Laguna del Inca," whose magical changing colors are explained in a legend of an Inca Princess. The other reason they have good snow is they have kept the valley very pristine – one wonderful hotel.

I reconnected with Ellen at Snow Magazine's reception at Vancouver's Whistler Olympic venue, where she met our Native Olympic Hopefuls Mariah and Delaney along with Italian Olympic legend Alberto Tomba who playfully pranced around in Delaney's Buffalo headdress. He then gave them deeply appreciated encouragement. Thank you Alberto, *Snow Magazine* and especially Ellen for encouraging us to spread this Snowdance Phenomena research in print herein, in addition to our documentary!



courtesy imagebroker/Christian Handl

Mapuche dancer at ceremony



imagebroker/Oliver Gerhard

Mapuche shaman

Mapuche means people of the Earth, and their shamens, called *machi*, are usually older women who perform ceremonies (with medicinals) for curing diseases, influencing weather, harvests, and dreamwork. This was similar to Europe up until the 17<sup>th</sup> century. Yet the Mapuche traditions and those of other tribes are enjoying a revival thanks also to this youth outreach and appreciation by the UN, Ski World, which bodes well for Mother Earth.

Our tribes also appreciate them. "The joyfulness of the Latin American Tribes lifted the spirits of our Native American Nations at the amazing Opening of the DC's Smithsonian National Museum of the American Indian next to our Capitol," said my co-chair at the time, Ed Hall (SD's Mandan-Arikara-Hidatsu), of the US Dept of Interior.

## “FIRST SKIERS” IN THE 4 CORNER OF ASIA



Photos courtesy Lars Nilsen Altaiskis.com

For the last 10,000 years, skiing is still a main form of transportation, hunting by chasing down game in the mountains, and fun!

## THE RACE IS ON!

Green horsepower & skiing are main transportation



Stylish amazing Mongol racers



Mongolian women Elders open races with Stupa Circling Ceremony honoring snow, mountains and Mother Earth.



Dancers and amazing Tuva Throat Singers opening the ski race.

## OUR EARTH HONORING SKI ROOTS

Skiing is now thought to have originated 8-10,000 years ago in the 4 Corners of Asia. These first skiers are ultimate role models of how to live in harmony with Nature. In 2009, American Nils Larsen was honored at Mammoth's World Ski Congress for his documentary "Skiing in the Shadows of Genghis Kahn," which revealed that the Altaic cultures of Russia, China, Mongolia, and Kazakhstan invented skiing and still use it as an important form for traveling, hunting to run down game in the mountains, and fun racing in winter festivals. Giving daily appreciation to Mother Earth continues and women Elders often lead the blessing of the races with a stupe circling opening ceremonies where the racers, dancers and throat singers all give thanks for the snow, mountains and Mother Earth. The Indigenous population still make their skis by hand, and while their youth could easily ski on Nils' equipment, he said he almost killed himself on their 7 foot skis. See their abundant snow and rad skiers and high vibrational throat singers on: <http://www.youtube.com/watch?v=aufGVEMbYEI>

Their ceremonies, linguistics and DNA markers are similar to their Navajo and Apache relations who came over the Bering Strait, said Mary Ho, President of the China Millennium Council with a Masters in linguistics, and she says they can even understand each other. At the 2010 US Ski Shows we honored the Chinese-Mongolians through Freestyle Pioneer Wayne Wong, and Native Americans through Olympians, Billy Kidd, and Hopefuls Delany Tyon, Gene Tagaban, and the Tulalip Snowboard Team, for helping invent skiing.

These wise, graciously hospitable relatives of Genghis Kahn still have abundant snow thanks to their mainly green horsepower and ski transportation and products, organic farming and giving gratitude to Mother Nature, which has kept this Asian region pristine for the last 10,000 years! By being more like these First Skiers, we can too!

**TRIATHLON EXCHANGE WITH NATIVE AMERICANS** - Before he passed on, Joe Henson, former AAU President and US Olympic Wrestling medalist with a great heart for Native Americans, hosted a friendly ancient triathlon in Oklahoma this spring between the Mongolians and out tribes. The triathlon, which consists of riding, archery and running, was also organized by his Harvard son Josh who married a Cherokee and has a Cherokee son.

Note: These visionaries have been trying to help Native Americans have a chance to compete in the Olympics, teamed with Jim Thorpe's inspiring (OK) Sak and Fox sons, Bill and Jack Thorpe, and our NAOTF foundation. While Jack also just passed on, as Chief, he pioneered founding 130 Native Boys & Girls Clubs to help Jim's Olympic dream for marginalized Native youth go on after his medals were taken away by his fellow decathlon competitor, Avery Brundage, when he became IOC President. The medals were then returned to his family after his early death with an apology. [Jim Thorpe was called by the King of Sweden the "The greatest athlete in the first half of the century" at their Games.](#)

## BEIJING'S BLUE SKY OPENING!

Our foundation partnered with the Arizona Chiricahua Apache Tribe of Geronimo on a prayer they led in solidarity with their “Chinese-Mongolian relations” to help enhance blue skies at their Beijing Olympics. Given the number of Heads of State coming, it was important for world harmony to help ensure that the roofless ‘Birdsnest Stadium’ was protected on Opening Ceremonies Day. It turned out according to an AP story, “The weather forecast was 85% chance of rain and thunderstorms that day, yet it didn’t rain,” which was attributed to “prayer groups around Beijing.” Perhaps the Apache gesture contributed to helping protect “the most phenomenal Olympic Opening ever.” It featured their rich ancient traditions, including the spectacular synchronized 1,000 drums. Drums have for eons among cultures worldwide, continued by the Indigenous, symbolized the heartbeat of Mother Earth and a calling in of positive spirits to assist with ceremonies. The sound vibrations also enhance healing and harmony, so the health of billions who watched were lifted! Thank you China. All these bridges and exchanges are shining examples of UN’s 2012 [International Year of Cooperation](#), how Mother Nature gracefully operates.

## THEIR APACHE-NAVAJO RELATIONS



Traditional Apache dancers



Arizona’s White Mt Apache’s Sunrise Park Resort



Photos courtesy: [Mike Naseyowma](#)

No wonder the Apaches found themselves starting two ski areas 50 years ago. I've enjoyed skiing at both Ski Apache in New Mexico, and the White Mountain Apache's Sunrise Park Resort in Arizona, where the Elders quietly lead gratitude ceremonies for snow and rain. During the Southwest Wildfires last summer, God bless the Apaches for also heroically leading prayers we further spread worldwide, along with a powerful multi-cultural prayer group on Mt Baldy (Ski Area), a Holy Mountain, which helped stop the fires across the street from Los Alamos Nuclear Lab!

Their Navajo/Dine relations similarly lead gratitude snow ceremonies where they sometimes joyfully roll in the snow, like on their sacred San Francisco Peaks, home to the Arizona Snow Bowl Ski Area. A team effort of NAU students switching to green cleaning, led by a female Navajo student, along with the town to biofuel public transportation, and the Navajo Nation and 13 other tribes regularly purifying the mountains, helped end their drought and prevent more there. But again these ceremonies are magnanimous band-aids. Switching to biofueled snowcats, bike shares, green golf courses and renewable energy are other sane moves for ski areas in the desert, which are the headwaters of the drinking water supply of millions of people in the Southwest. That is why Sedona leaders downstream participate in the cross-cultural prayers for God-given snow/snowmelt.

“THANK YOU FOR MAKING IT COOL TO BE A NATIVE AMERICAN!” – Miss Indian World Ke Ahoha Alo



courtesySC

L- Ke Aloha Alo (Apache-Hawaiian) thanking Olympic leaders at Utah press conference for “Making it cool to be a Native American.” (world story) Northern Ute Nation Chairman Roland McCook leading ceremony to Protect of the Utah Games from expected terrorism, Sarah Pletts with drum, and R- Alo’s meeting with IOC Environmental leader Shabaz Benham in 2002.

At Utah's stunning 2002 Native American Olympic Opening, Miss Indian World, Ke Aloha Alo, an Apache-Hawaiian snowboarder and law student, thanked Olympic leaders at our Utah press conference for "finally making it cool to be a Native American!"

After meeting Northern Ute Tribal Chairman Roland McCook at our welcoming home reception for him in Aspen at the turn of the Millennium, French Princess Caroline Murat was inspired to become NAOTF's European leader and the biggest champion of Native American inclusion in the Olympics, in appreciation for their contributions to the roots of 11 Olympics sports ([http://naotf.org/articles/tribal\\_gifts.htm](http://naotf.org/articles/tribal_gifts.htm)). Roland went on to become the Utah Tribal Olympic Host and carry the torch through his ancestral Aspen, which was an emotional healing. He told Aspenites, “You are the Caretakers.”

At the end of the Utah Games the Princess invited Alo to be a guest of honor on behalf of our 500 Nations at her annual 'New Year's Music Festival' at Gstaad, Switzerland with Europe's movers and shakers who also come to ski. Ke Aloha was deeply touched. She and I then met with Shabaz Benham, head of the IOC Environmental Committee in Lausanne to explore how the IOC could finally fulfill their Agenda 21 commitment (from RIO's 1992 Earth Summit) of including more Indigenous Peoples in the Olympics to enhance their sustainability. Only three Native American women have ever had the chance to compete in the Modern Olympics, yet their Utah Olympic

Opening got the highest ratings in history then, which helped fund the games. On arriving at their Swiss headquarters she saw the big IOC sign, "IOC, that means Indian Olympic Committee, right?" she half joked.

### **"WE NEED MORE SNOWDANCES!" – Buzz at SIA's Show at end of January**

"Every day I pray for the Earth. I SUFFER FOR HER. We need to take care of Her. She gets a little snow, and people complain. She gets a little more and more people complain. They aren't thinking Mother Earth needs it. We need to protect Her," said Mary Duty, beloved Grandmother of the Appalachian Cherokee Nation who just passed after her 91st birthday. Then there are those who complain they didn't get enough snow. Either way the Elders say Mother Earth, who gives us everything, is sensitive to our thoughts and words.

Yet She is lifted by architects like Nir Buras, a DC skier who has deep appreciation for Mother Earth's aesthetic healing gifts. A renowned proponent of Whole Architecture in started by the Ancients Greeks, he and others, like Grandmother Mary's Pipe Carrier, Tim Watson, a Cherokee architect, mimic the beautiful designs of Nature since it physiologically reduces stress by 60 %, which in turn increases productivity in the work place by up to 20%. [http://www.wholearch.com/index\\_files/slide0038.htm](http://www.wholearch.com/index_files/slide0038.htm) . Watson wrote a poem asking, "Earth Mother, what can I do for you? How can we be of help to you this day?" <http://www.ecozoicstudies.org/vol-4-no-4/earth-mother-s-prayer>. Tim (and wife Laura of Giggling Gardens) designed an entire community of wholistic design after the template Mother Nature created. (<http://earthwalkalliance.org>) Incorporating more of this uplifting design into world mountain communities, along with Native dances, could attract more visitors year round – eco tourism is booming!

Buras called our "Snowdance Phenomena" story an encyclopedia of harmonious partnering of Science and Wisdom to create universal, practical and holistic ways to bring sustainable longevity to our human presence that can move the earth mothership back on course for a 1,000 Years of Peace on a beautiful and well-enjoyed planet."

At Denver's SnowSports Industries Show at the end of January, the buzz was about the snowdance phenomena, and some said, "We need more snowdances." That is why SIA's "Latest" blog printed all our stories to help more city and mountain people understand the power of gratitude. Basically, those resorts where people took a moment to say thank you for the snow, or hosted a tribal youth outreach or a Gratitude Snowdance, enjoyed the most snowblessings this season. Similarly, if city people prefer sunshiny days, then thank the Creator, Mother Earth and the sun in advance and for sending the snow or rain clouds to the mountains that depend on the precipitation so your family may enjoy healthy drinking water and food. Give and take and sincere gratitude are key.

## **ASPEN'S GRATITUDE SNOWDANCE**

Season of blessings

ASPEN TIMES



As heavy snow falls atop Aspen Mountain, Loya Cesspooch Arrum of the Northern Ute tribe offers a prayer to the people of Aspen and the spirits during a ceremony to close the ski season in the gondola plaza Saturday. "The Utes want to thank the mayor, Aspen Skiing Co. and each of you for making us feel so welcome in the mountains of our ancestors, and sharing this wonderful skiing and boarding with our children," said Arrum. Aspen Times photo/Paul Conrad.

Many ski areas, such as Aspen, Ski Sunlight, Steamboat, Telluride, Heavenly, Spirit Mt (Michigan), learned this by hosting Gratitude Snowdances on closing weekends for their season of snowblessings. They saw how Mother Earth responds to appreciation even more generously than people. She often blankets challenging slush with delightful powder. Here is an example in 2004 of such a miracle during Aspen's Ute Gratitude Ceremony, led by North Ute Elder, Loya Cesspooch, a beloved school teacher. As you can see snow clouds joined the ceremony in the Gondola Plaza and it started snowing. (Vail and others open the season with a Snowdance, giving gratitude in advance).

Loya was able to turn around her diabetes-related blindness through learning to ski at 55 along with her family of dancers who were stars of Utah Opening Ceremonies. And through our programs, including info on the sweetener Stevia, and their diabetes department providing the transportation for 500 N. Ute youth to ski/board each year at Sunlight plus Steamboat, she is helping her kids be lean, clear and diabetes-free. Therefore, Loya is a poster Elder!

### TELLURIDE'S JAN 28 GRATITUDE SNOWDANCE IN SOLIDARITY WITH 12 US SKI AREAS

Gratitude works anytime. In appreciation for Colorado's critical snowblessings on January 28, Reggie Lopez, a young Ute Mt Elder whose family loves to ski, offered TelSki a "Gratitude Snowdance" as part of their traditional tribal way to give appreciation for the winter moisture, which they call the northern US tribes call the round dance or moon dance. TelSki's GM David Riley and owner Chuck Horning graciously accepted. Joining Reggie was the Ute Mt Royalty, *Catching Eagle singers*, and 75 locals and delighted visitors, including some First Nations skiers from Canada who happened to be there. "They thought they were hearing things," laughed Reggie.

Wherever two or more are gathered, prayers are most powerful. Reggie's Gratitude Snowdance was also in solidarity that day with Elders or locals at 12 other ski areas where they gave gratitude for whatever snow - large or small - they were blessed with. They included Sun Valley, Colorado's Ski Sunlight, California's Mt. Baldy and Mile High (thanks to World Freestyle champ Genia Fuller), Squaw Valley, Virginia's Wintergreen, New Mexico's Sandia, Arizona's Snow Bowl, Vermont, Maine's Mt Abram and NJ's Mt. Creek.

As a result, Telluride and many Colorado ski areas were blessed with up to eight feet of snow! Lake Tahoe and other ski areas were blessed with more snow or colder temperatures, or averted expected rain. Given the press stories, the science behind the snowdances, and learning that these ceremonies and prayers can even have remarkable affects in assisting other Continents, more and more ski areas may be trying these tribal solutions.



### 2007 VALENTINE'S DAY PRAYERS RESTORED EUROPE'S SNOW

Tipi atop Veysonnaz in the Swiss Alps with French Princess Caroline Murat, ski area owner Jean Marie Fornier, Tulalip World Cup Speed racer Stew Young and me. Fornier said on TV he wanted to host a Native training camp after we coached the wonderful musical prodigies of Europe to safely ski at Caroline's music festival.

In 2007, our Native American Olympic Team got a tipoff from Bob Gough, whose Native (Wind) Energy won the Clean Energy Oscar in Switzerland, that Europe was suffering from "The warmest winter in 1,250 years." Since we are One and could be next, and at the suggestion of Cathy and Jerry Weiner, also champions of Native Olympic inclusion, I asked the President of the World Council of Elders to lead a prayer. Since Valentine's Day is a super high vibrational day, we circulated his press internationally suggesting that on Feb 14, Valentine's Day, to please include Mother Earth in our hearts and to assist our European friends.

I joined Skywatcher, a Shasta Elder in his ceremony that day on sacred magical Mt Shasta, then their youth and leaders got to jubilantly ski. Within days, our European advisor, French Princess Caroline Murat, an internationally renowned pianist who lives near Veysonnaz, Switzerland, reported, "Oh my God, it's snowing here. Please thank your tribes!" Even more snow fell following our Gratitude Prayer two weeks later (with less prayers), she said.

### US VALENTINE'S DAY GRATITUDE PRAYERS— Feb 14<sup>th</sup> 2012

Since prayers on Valentine's Day worked for Europe, to help save ourselves, we circulated a similar request this Valentine's Day through SIA and the World Olympic press. While it didn't have the magnitude of prayer group networks that assisted Europe, like Earth Charter USA's 2,500 communities (thanks to Jan Roberts), the Oneness

Network (thanks to scientist Sperry Andrews who provides much of our research), and Mary Ho's China Millennium Council's Pacific Rim countries, it still helped. The Midwestern ski areas enjoyed their first snows while many others got more. Blessings to all who helped inspire ALL this phenomena!

### SKI TOWNS SOLVING ECO CHALLENGES WITH TRIBES – on Earth Day

The U.S. Forest and Park's leaders have been uniting science and ancient wisdom since they have been consulting with our tribes on solving environmental challenges for decades. For example, my earlier NAOTF Co-chair, Washoe Chairman Brian Wallace collaborates with the US Forest Chiefs and Stanford University on keeping Lake Tahoe healthy. With the encouragement of the U.N., hopefully more ski resorts will take advantage of this priceless wisdom from a 10,000 year track record of our 500+ Nations have learned from their mistakes here, which kept American/Turtle Island pristine, despite 50 million Native peoples living here in harmony with Nature up until the 1600's. The snowdances and Native ski programs have paved the way, exemplified by NSAA's three 2012 Golden Eagle Eco Award Winners, having tribal relationships. Plus environmental centers like Aspen's ACES, who have beautifully hosted the Utes leaders and skiers many times, have been enriched by their wisdom.

Here is an example of what partnering can do. Thanks also to Telluride's Earth Day in 1999, a brilliant founder of NAOTF in Telluride, Rabbi Michael Saftler, a ski instructor-realtor and self-appointed guardian of the wetlands and beaver pond, asked me to please ask Rollingbears (Lakota) to lead the Mayor and City Council on a tour of the wetlands that Earth Day. Rabbi Saftler hoped Rollingbears could motivate them to stop dumping toxic waste, including an oil tank in the pond, and killing the beaver. In leading a peace pipe ceremony at the pond's edge, Rollingbears asked them to "envision what the valley will look like in 20 years, remembering that what you do, your children will follow." Michael said the ceremony and the front page coverage by the *Telluride Daily Planet*, thanks to editor Bob Beer, along with follow up press on a visit by Southern Ute environmental leader Henry Taylor Jr., "streamlined cleaning up most of it, and stopped plans to turn part of the pond into a dump and a ball field."

### COLORADANS STOPPED PUEBLO REACTOR

Rabbi Saftler also invented their famous "FREE Box," where the rich drop off old stuff to book shelves in the center of town, (including once a car), which the locals and tribes put to good use, so there is almost no crime and less waste. He also teamed up with ("Saint") Joan Seaman, head of Southern Colorado's Sierra Club, and other Telly locals which helped ensure that our beloved Colorado Ski Mecca thrives by choosing renewable energy over nuclear. They heroically helped stop the Pueblo reactor last year, thereby preventing more radioactive leakage (from decades of nuclear dumping and many uranium mines), and a possible Fukushima.

### PARADOX URANIUM MILL

Telluride local Daryl Hannah, a champion of biofuels, tried to stop a foreign company from creating a uranium mill this year in nearby Paradox that would leave never ending generations of Coloradoans with the cleanup bill despite the foreigners making huge profits, and also reopen uranium mining. In voicing the horrific health and environmental damage and risks, the mill's representative curtly told her to sit down at their Montrose hearing. The Mill got approved but Coloradans are still fighting. So time to speak up locally and delegates at RIO+20 globally.

This exemplifies the relentless push happening worldwide. The nearby Four Corners tribes just sponsored a conference in Moab, Utah to stop a nuclear plant next to the Green and Colorado Rivers that would contaminate water to the Grand Canyon and 30 million people downstream ([nogreenrivernuke.org](http://nogreenrivernuke.org) and [MASEcoalition.org](http://MASEcoalition.org)). Thanks to the Sierra Club partnering with tribal leader Robert Tohe (Navajo), they are valiantly helping protect all Southwest families from radiation. <http://www.sierraclub.org/ej/programs/az.aspx> Said Saftler, "Depressed towns are vulnerable to nuclear peddlers promising jobs and throwing money at them." (See his facebook CAWS)

Since radiation is the No. 1 enemy of snow, health, visitors and land values, to survive, ski communities MUST be even more proactive to protect themselves from these slick mega rich polluters. Since education is key, one way is by simply connecting depressed towns in your region with Solar Energy International ([solarenergy.org](http://solarenergy.org)), out of nearby Carbondale and Paonia. Like Aspen SkiCo, ski areas could protect their regions by suggesting these targeted communities host fun presentations in schools and trainings for installations of the best renewables for your region, to also generate jobs. Since Native Americans won the World Clean Energy Oscar in Switzerland for their Native (Wind) Energy, these are ideal jobs for them too. Thanks to parents listening to their kids, this kind of awareness

campaign can help Colorado, Utah and any state or country continue to be beautiful places to live and recreate. And as the Swiss ski community and Vallarta's schools found, investing in safe solar energy can generate monies for vital programs and projects, and grow renewable loving generations.

### TELLURIDE ENJOYED BEST SNOW IN COLORADO IN 2012!

Telluride was blessed with the most snow in Colorado this season without an emergency snowdance. Why? Chock it up to good karma for pioneering an on-going "Ute Mt Future Olympians Ski & Snowboard program" 17 years ago, plus starting the program early this season and inviting their youth to ski over the holidays even though they didn't. Plus we learned early on how giving thanks to Mother Earth every time it snows or rains does wonders.



Downtown Telluride courtesy: Rabbi Michael Saftler, a NAOTF founder



### MOVING TO TELLURIDE IN 1995

I learned all of this starting in 1995, when I moved to majestic Telluride Colorado at the same time as my best friend, Sunny Griffin, to continue my joy of dancing down mountains after being an Olympic downhiller, World Freestyle Champion, sports activist, ski filmmaker and star, TV host, and winner of the World Ski Couture Award to be able to stay warm skiing. Sunny, a Supermodel with a Masters in Chemistry, went on to develop one of the first all-natural skincare lines, *Astara*, after we saw the Kirlean (aura) photography of renowned Naturopath, Dr. Gabriel Cousins, at our Awareness Festival. The slides of organic fruits and veggies had bright "life force" shafts of healing energy emanating from them, while pesticided foods looked like black blobs. Eating organic and using all natural products helped me later win a brush with cancer (from accumulated toxins). And in appreciation, I am sharing this

information and am developing an organic lip balm since the FDA admitted last summer that most lipsticks and many glosses have lead in the pigments, which lowers IQs, in little girls. Lead was supposed to be the first toxin banned in the U.S. after discovering “there are no safe levels in the body.” Plus all toxins fuzz up our intuition. Yet Europe and Japan’s lipsticks don’t allow lead.

Moving to Telluride was also a life-changer for me as a result of meeting an admired local named Daniel Rollingbears Quintana (Lakota, Tewa-Pueblo-Azteca-Spanish) who had just been featured in *Telluride’s Daily Planet* for ghostbusting their museum. Working on a book, I asked him if he would like to exchange the joy of skiing for the wisdom of the mountains. He said “Sure!”

TELLURIDE DAILY PLANET MARCH 3, 1995 19

## Ancient ceremonial dance helps skier fly down hill

By Bob Beer

When Daniel Rolling Bear Quintana met former Olympic skier Suzy Chaffee last week, he had only skied once 13 years ago. And it wasn't a pleasant memory. But after a single afternoon of skiing with Chaffee, using her self-styled skiing technique, Quintana found himself soaring over the snow, doing three 360-degree ballet moves, on skis, side-by-side with the ballet skier.

"I only fell three times as compared to about 30 times before," he said.

And, with Chaffee's technique, Quintana rapidly developed his confidence. Chaffee gives her student a hug and tells him to use his arms as outriggers for balance. Poles are not used; they get in the way.

Chaffee's self-developed skiing technique was familiar to Quintana's Native American heritage.

His Lakota grandfather taught him the ceremonial Eagle Dance. And Chaffee's technique reminded him of that.

"I would compare it to an Eagle Dance where you glide and imagine you are an eagle," Quintana said.

So Quintana willed himself into an eagle, soaring down the mountain over the slopes. "All of a sudden things were clicking."

"I know that the Eagle Dance is a very sacred dance," Quintana said. "But my grandfather told me 'Never be afraid to go beyond tradition because when you open a door you open that door to your brothers and sisters behind you.'"

Paragon Sports helped Quintana open the door to skiing by providing him ski equipment for his lessons.

"One of the things about Daniel is he has no fear," Chaffee said. "People who are afraid to fall don't learn."

Chaffee, who lives in New York City, but admittedly is becoming "addicted" to Telluride, laughed when she recalled her fledgling student getting off the ski lift for the first time.

"He definitely lived up to his name 'Rolling Bear,'" she said.

Chaffee said her interest in ancient Egyptian and Native American cultures drew her to Quintana. After a while, they both decided to barter.

"I thought I could trade some of my traditional knowledge with the mountain for hers," Quintana said of taking Chaffee up on her offer to teach him to ballet ski.

"I thought I could get some hunter-gatherer knowledge from him," she said.

Chaffee has taught her method of skiing to a vast variety of people, including former President Gerald Ford ("I got him to loosen up by using music," she said), kick boxer/actor Jean Claude Van Damme and former basketball great Michael Jordan, as well as numerous corporate clients.

Quintana is a man of varied interests. He has been an iron worker, toiling 30 stories above the ground, breeds and trains Arabian-mustang horses, as well as being an artist and sculptor.

His original "dream catchers" and antler chandeliers and lamps are on display at the Mountain Comfort Galley, across from Leimgruber's on West Pacific Avenue.

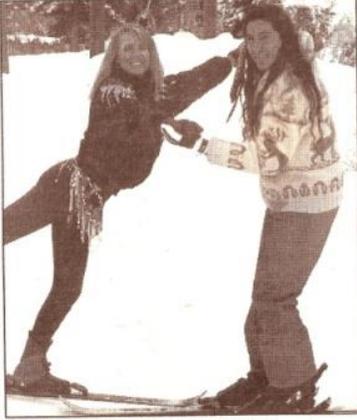
Quintana also works with Native Americans who are prisoners in Canon City. He helps them get back to their Native American religious roots.

He said one of the most important lessons he has learned in this life is to "forget about the past and live for the future."

Chaffee said the realization that we are all a part of the earth and have the ability to either save it or destroy it, leads to respect for the Native American way of life.

"If you believe we're all part of this living, loving universe, as Native Americans believe, we are all brothers and sisters," she said.

"If we take care of each other we don't have to hoard things."



Suzy Chaffee and Daniel Rolling Bear Quintana  
*photo by Susan Byrt*

Sharing the joy of skiing with Rollingbears in Telluride in 1995

courtesy Bob Beer *Telluride Daily Planet*



Rollingbears, a gifted artist and singer with great heart, showing me how dreams are caught by dreamcatchers. That worked too. On right is press on one of five snow and also rain miracles I witnessed, which made me realize they were not just wonderful coincidences. The 4th one was a result of *Daily Planet* editor Bob Beer's friend, Tom Zachman, whose sister was close to losing their Kansas farm from one of the worst droughts in decades, brought Rollingbears in to lead a raindance near Dodge City. It was joined by many farmers live by radio. When the Weather Channel showed the only cloud in Kansas was over the sweat lodge and I saw the massive black cloud coming on our way out of town, I realized that Mother Earth really listens! (April 17, *Telluride Daily Planet*). He also taught our community the power of gratitude, and how a couple of ski areas (unknowingly) hosting snowdances, Vail, Steamboat and Telluride the same day in 1999 (above), can together create weather systems that benefit the whole state or region. "Bears" and I created 1,200 dreamcatchers together to help keep the program going in Telluride.

Rollingbears opened a whole other fascinating world to me, where I found myself focusing on healing Mother Earth and our past, living on less but appreciating what I do have alot more. So it feels like I have a relationship with Earth Mother, Her Nature spirits and tribal peoples who against all odds, have heroically carried on the traditions of all our ancestors. I learn amazing insights from them every day. It feels like I am on the right path when beautiful tiny tots come up to me at pow wows and say, "When can we go skiing again, Suzy?" And seeing their smiles and laughter even when they "wreck!" And seeing all the talented winter athletes. What an honor it is to be able to help create these joyful snow bridges between our cultures that help inspire phenomena like these snowdances and help more people appreciate this LIFE-saving Elders' guidance, which is lighting the way to transforming this world emergency into a vibrant green era. Hopefully this saves you 16 years getting up to speed to be able to incorporate some of their priceless ancient wisdom into your family's 2012 and RIO+20 strategies, as we all make a difference.

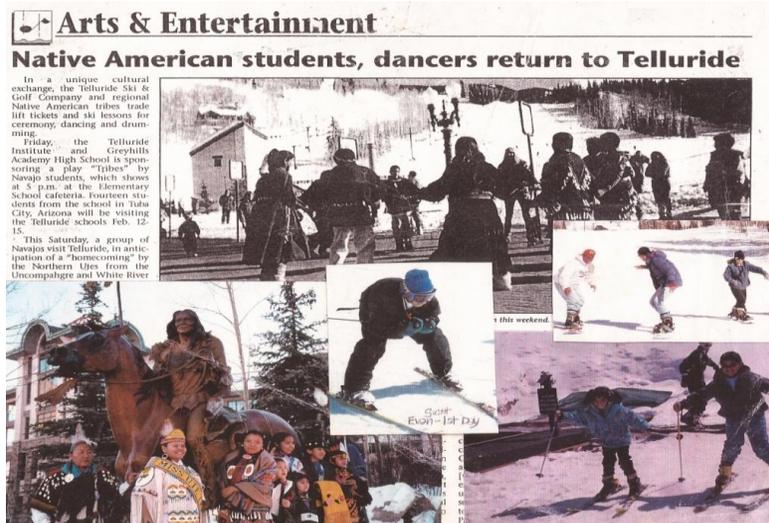
## GIVING SUMMER NATIVE TALENT A BREAK & HONORING COLORADO TRIBES



l-r Suzy, Warlance Foster, Nuggets GM Kiki Vandeweghe, Theresa Guitierrez, Warlance's proud mom, a basketball tourney organizer

Native leaders say, we have great talent, our youth just need a break. And that goes for their amazing summer talent too. NAOTF helped Olympic Basketball Hopeful Warlance Foster (Lakota-Navajo), get a tryout with the Denver Nuggets, thanks to my friend Kiki Vandeweghe (Blackfeet) and the European League. Warlance made the Netherlands Team, where his fans dressed in buckskins to cheer him on, and then the Gallop Outlaws of the ABA. He credits our break for getting him "from the ABA to an MBA, so I can now help give other Native kids their Olympic Dreams." Kiki also annually honored Colorado's Tribes, like the Phoenix Suns do. Players gave coaching clinics along with my fellow 17 Colorado Olympians who also came one year to honor them. In appreciation, the Utes and Denver Indians put on spectacular half time shows. And each time they came, the Nuggets won.

## TELLURIDE PIONEERS "UTE FUTURE OLYMPIANS SKI & SNOWBOARD" PROGRAM 1996



Utes helping unveil the Ute Warrior sculpture for TelSki's Ron Allred's at the Mt Village Millennium Ceremony. © Telluride Daily Planet/ SC

Thanks to TelSki's marketing director Mike Hess donating a ticket so I could treat Rollingbears to some wonderful spring skiing, he was so appreciative of someone giving back that when the town faced a snowless Christmas, he led a snowdance. Thrilled with the snowstorm, TelSki gave him a season's pass, and asked him to be on the marketing staff, which he turned down because he said "our ceremonies are not for sale."

Therefore, TelSki gladly agreed to host a "Ute Welcoming Home Ski Event," as a result of first asking Eugene Naranjo, a unity leader of the S. Ute tribe, which summered in Telluride, how they would like to help heal the past. My brother Mark send me a story on how communities from Hawaii to Maine were hosting gatherings in the 90's, where mainstreamers told tribes they were sorry for what they or their ancestors did, and asked for forgiveness. Rather than a cry-athon, Eugene said his Council preferred a "celebration of unity on behalf of all our children." On Eugene's drive over pass to Telluride in the middle of a major snow storm to confirm the event and work out details, Eugene said that the weather magically cleared around each bend.

Then when Eugene and the Ute dancers returned from helping Ted Turner and President Gorbachev open their Goodwill Games in St Petersburg in 1996, I gathered our town together, including Mayor Elaine Fischer, Judge Sharon Shuterin, and Chief Marshal Kolar for the ceremonial event. I asked my 8 year old Ute houseguest what he would like to hear at the event. He said, "People sometimes give us things but never say why." For the first time our leaders finally spoke from the heart to the Ute Mt and Southern Utes tribal members including their Elder Oren Box. Most touching were the words of Telluride SkiCo owner Ron Allred and the late Judge Shuterin as she held her young son's hand. By the end of the ceremony, after an exchange of gifts, when the magnificent dancers asked us to join them in a Friendship Circle Dance, many of us had tears of hope for humanity. Later at a sweat lodge ceremony a group of us asked Eugene's brother Alden for forgiveness. Alden accepted on behalf of his people, and basically 'Declared Love on Telluride.'

Dean Rolley's original footage is in a CBS piece is on NAOTF.org. Special guest coach was Ross Anderson (Cheyenne), an inspiration to kids of both cultures, who then founded Durango Mountain's Southern Ute program. Beloved internationally, he arrived in Telluride with a Japanese film crew. Ross went on to place 2<sup>nd</sup> in the World Pro Speed Skiing Championships and still holds America's Record at 154.6 mph! See Whistler video on site.



Courtesy: SC

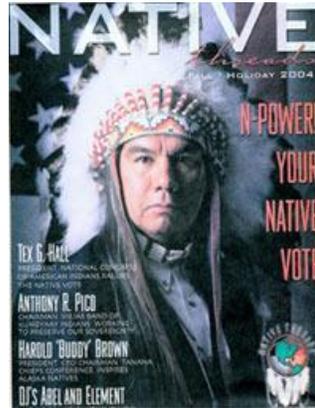
The Southern Ute, Ute Mountain, as well as some Navajo, Lakota, Zuni and Pima guest dancers-skiers & boarders shared their traditional dances in Telluride, for example Miss Navajo sharing their "Walk in Beauty" way. Many learned to ski and board for the first time on the easy cloud lift with very supportive ski instructors on donated rentals from Christies and Bootdoctors ski shops. TelSki also provided a whole range of jobs for the Navajo from the nearby Four Corners.

With the beautiful support of Telluride SkiCo's owner, Ron Allred, Hess, and French Ski School director Annie Savath (who paved the way by inviting some Navajo to ski), TelSki adopted an ongoing "Ute Future Olympians Ski and Snowboard program." The clincher was local General Schwarzkopf reminding Telluriders about the environmental wisdom of Native Americans, who have won more medals of honor defending our country than any other race per capita... (Letter next to the US map of ski areas near tribes on snow-riders.org). Years later, the beloved General was adopted by the Osage Nation.

## LAUNCHING THE FOUNDATION



Southern Ute NAOTF Co-founder, Alden Naranjo



NAOTF co-chair Tex Hall, NCAI President

Following Rollingbears' 4<sup>th</sup> weather miracle – the raindance that save the Kansas Farmers - and the touching Ute welcoming home event and TelSki wanting the Utes to come more, I found myself asking Eugene's gifted brother, Alden Naranjo, to co-found our foundation, which he named the Native Voices Foundation. (In 2008, it was renamed by the Arizona Apache, the Native American Olympic Team Foundation - NAOTF.org, as a result of all the Native talent coming out of it)

In 2000, I moved to Aspen to help start their program, and with Tex Hall (ND's Affiliated Tribes), President of the National Congress of American Indians (NCAI) as my co-chair, the program snowballed to ski areas across America, lifting thousands of Native youth and mountain communities dependent on snow, since it inspires the Elders to help end droughts - a great win-win! Tex might have made an Olympic Basketball Team along with his archrival Ernie Stevens (Oneida) if someone had given them a break. The foundation has been mainly guided by the Elders, who despite humbly living often on the edge of survival, stay focused on the youth being priority one as they are the future. Thanks to calls over the years from First Nations hockey coach Herb Strongeagle, liaison to Phil Fontaine, President of Canada's First Nations Assembly, the President called in 2003 congratulating us on our Native American snowsports progress, which planted the seeds for snowboard programs there.

**“TO HELP CREATE A GENERATION OF HEALTHY NATIVE OLYMPIANS” - SIA'S INGIMIE**  
Native teachers and leaders, like the Apaches, who started two ski areas 50 years ago, say these ski/snowboard programs do the most to motivate kids to get good grades and avoid diabetes and alcohol if they start early enough. That is why the Elders have been the guiding lights since they see how their youth spending time in Nature is good for preserving their traditions. In 2001 Olympic skier Billy Kidd (Abenaki) inspired SIA's Ingimie to donate a half million dollars worth of high quality recycled gear that we spread to 45 tribes, “to help create a generation of healthy Native Olympians.” A few years later some Olympic Hopefuls emerged. When the father of Jonas Weil, (who helped make possible Aspen's Ute Ski program), fought to let the first African-Americans compete on the U. of Kentucky Basketball Team, sports helped lift the whole race.

## NATIVE OLYMPIC TRAINING AT STEAMBOAT

Thanks to the ski school director at South Dakota's Terry Peak giving five year old Lakota Delaney Tyon a few tips and his Granpa Lou loving to ski with him, thanks to his mom Misty working in another state to give him that chance, Dalaney's dynamic turns were captured on Rapid City TV. Lou then called us, and Delaney's dream came

true when Billy, our board member, agreed to put him under his wing at Steamboat. The young brave then won his division of the National Nastar Championships. Olympic runner Billy Mills told Kidd and me that Delaney's victory was the buzz of the Great Plains, giving their youth hope, including at his Pine Ridge, the most impoverished U.S. reservation, featured in Diane Sawyer's ABC Special "Hidden America, the Children of the Plains."  
[http://www.youtube.com/watch?v=NoyR8\\_kQq2o](http://www.youtube.com/watch?v=NoyR8_kQq2o)



Courtesy Steamboat SkiCo  
 Suzy having fun cruising with Olympic Hopeful Delaney Tyon (Pine Ridge Lakota) and Billy Kidd at Steamboat's Olympic Training Center

Billy also gave Mariah Cooper, Lac Courte Oreille 'Honor the Earth Princess,' a chance to get Olympic XC coaching after placing second in Wisconsin's Jr Birkie with 14 countries, thanks to SIA's gear. She says that empowered her to become valedictorian of her *mixed* high school last year. As a Native American XC Olympic Hopeful, she is also training part time in Steamboat for the 2014 Sochi Olympics in Nordic jumping. After leading the Title 1X March, I saw how girls lift the health of families and nations, so her coaching other tribal youth in XC, ballet, nutrition, and running is priceless. (Training for XC she won 3 golds in track in the North American Indigenous Games). We filmed these amazing Native Olympic Hopefuls at the Whistler Olympics, along with two extraordinarily inspiring Native Winter Olympians, pairs ice dancer Naomi Lange (Karuk), and Joe Tompkins (Alaskan Tlingit) winner of the World Cup (Paralympic) downhill, for Whistler's "Mountain Spirit Celebration" video on Snow-riders.org in the big box.

## SOME AMAZING WINTER NATIVE AMERICAN TALENT



Top: Inuksuk (Inuit) Stone Man Symbol of the Vancouver 2010 Olympics. L-R Mariah Cooper (Ojibwe-Oneida-FN Metis) as White Buffalo Calf Woman skier, Ross Anderson (Cheyenne) 2nd in Mondial Pro Speed Ski Championships, endangered Arctic Bears skating on thin ice, 6 yr old Delaney Tyon (Oglala Sioux) winning Nastar National Championships, Shirley & Sharon Firth (First Nations Gwichen) 4X Canadian Olympic XC Teams. Bottom L-R, Mariah blessing XC trail, Derek Howell (Pawnee) soaring eagledancer, Naomi Lang (Karuk) 2002 US Olympic Ice dancer performing a "Salute to Nature," Joe Tompkins (Alaskan Tlingit) 3X US Olympian, celebrating his extraordinarily sweet 2010 Downhill World Cup Paralympic victory with his supportive son, Donald.

## OTHER PIONEERING PROGRAMS



Taos Ski Valley's pioneering ski program with Pueblo school, which inspired Telluride's program courtesy Gak Stonn

Mammoth, Taos, Sunlight, Steamboat, Maine's Sugarloaf, Alaska's Mt Alyeska, Vermont's Cochran Hill also pioneered Native ski & snowboard programs." After the tribal youth fell in love with snowsports the ski areas brilliantly came up with a way to follow their wishes and make possible on-going opportunities in their ancestral mountains. Many ski areas now offer students and chaperones tickets from \$5 to \$20/day, including group lessons and rentals. By making them so affordable, ski areas still get priceless good snow karma.

Washington- "John Gifford, President of Ski Washington and Stevens Pass Ski Area gives 20 season passes a year to our Tulalip and Lummi Snowboard Program, which then grew to 60 kids, with 8 competing," said director Sandra Wagner proudly. "That inspired the kids and tribe to work together to raise \$15,000 to buy 40 more passes," she said. As a result Stevens Pass has been blessed with the most snow in the Washington.

Oregon's - Mt Hood Meadows has a Warm Springs Ski program along with a tribal workforce, (like Telluride and Vail). They also won a NSAA award for inviting the Elders to use their lifts to pick their berries and medicinals. That must please their ancestral and Nature spirits as the ski area was blessed with 10 feet of snow in January, the most in America! The tribes North of Colorado in the West also have a tradition of doing round or moon dances in Winter to give gratitude for moisture.

Midwest, East, Vermont - Given so many Western ski areas have been enjoying the best consistent snow in the America thanks to hosting Native programs and snowdances, we hope more Midwest and Eastern Ski areas follow in their moccasins. Especially since Billy Kidd and I are from Vermont, and my first coach, Joe Jones, who is a hero in Rutland for putting five of us on the road to the Olympics, admitted when we were honoring an Abenaki storyteller named Wolfsong at our Pico Olympic Reunion 30 years later, "I have Abenaki heritage."

My Olympic teammate Rosie Fortna and the Cochran Olympic Family founded Vermont's Abenaki program at Cochran Hill, and the "Sound of Music" Von Trapp Family from Austria graciously made the kids hats. Abenaki Chief Nancy Millette in turn, led the staff of Ascutney ski area in a snow ceremony when half the slopes were green. An hour later the snows came that saved Vt Ski Museum's Antique Ski Race.

## CANADA'S FIRST NATIONS 13 SNOWBOARD PROGRAMS



courtesy Sun Peaks resort, BC

First Nations invite Washington's Tulalip tribe to training camp at Sun Peaks, BC

The Western Canadian ski areas had excellent snow this 2012, thanks likely to 13 of their ski areas hosting snowboarding programs for their First Nations youth. Inspired by the US programs at our meeting in Vail in 2004, Canadian Olympic racer Steve Podborski then assisted First Nations (FN) Squamish director Aaron Marchant in inspiring the BC Government to help develop snowboarders for their Vancouver Olympics. The FNriders, in turn, now graciously assist our Washington tribes, including inviting them to training camps in BC. See touching video of them on FNriders.com. They also designed stunning Snowboards that are available at their magnificent Whistler Lil'wat-Squamish Cultural Center, which helped sponsor our video and gave us phenomenal footage.

The joyful health from this First Nations snowboard outreach inspired the Lil'wat and Squamish Elders to lead ceremonies to assist the Vancouver Olympics on their magnificent ancestral mountain of Whistler after a Georgian luger died in training and their downhill event was canceled from fog and rain. Every tribe has different traditions, and these sister tribes don't work with the weather. So our brilliant host, Lil'wat Elder Ronnie Lester (and wise wife Normaline) led a ceremony for the "joy and safety of the Olympians." Since downhillers have much more joy when we can see the gates going 80mph, the ceremonies not only protected the athletes, but transformed the weather into a "rare number of bluebird days." (See rare glimpse of his ceremony on our "Whistler Mt Spirit Celebration" video in the big box on Snow-riders.org). Ronnie was a rock star as a young man, and he and the Squamish Elders, led by Shirley Toman, rocked their Games! That adds up to three Olympics that the North American Elders have compassionately helped save!

### **70 CANADIAN OLYMPIANS & PROS CALLED FOR A CARBON NEUTRAL 2010 OLYMPICS!**

These First Nations Elders were also inspired by over 70 top Canadian Olympic and pro athletes who partnered with the Suzuki Foundation, and called for a carbon neutral 2010 Vancouver Games, which inspired thousands of their countrymen to sign a petition of support. As a result Canada hosted the first carbon neutral torch relay, and brought a carbon offset sponsor on board to supply offsets for about half of Games-related emissions. Organizers asked spectators to offset their own air travel, which was the Games' largest source of emissions. Realizing there are still opportunities for improvement, Deborah Carlson, the foundation's dynamic climate change campaigner said, "We hope that future Olympics and large events will build on this experience."

We salute this shining Canadian Olympian-Suzuki Foundation model. As sportsmen, in the absence of an organized effort like Vancouver's Olympians, we MUST build on their momentum for the London Olympics, after hopefully understanding how Mother Nature needs more green acts and appreciation to preserve our beloved playgrounds.

This is a model partnership! [http://www.davidsuzuki.org/publications/downloads/2010/FS\\_winter10\\_final.pdf](http://www.davidsuzuki.org/publications/downloads/2010/FS_winter10_final.pdf) In case you haven't seen David Suzuki's daughter, Severn's address to the UN, which stopped the world for five minutes, this is a great reminder of what the youth want us adults to accomplish at RIO+20. <http://www.youtube.com/watch?v=z11gg0UwGhA>

## SOUTHERN HEMISPHERE

For you snowsports lovers living in the Southern Hemisphere, June being your opening of ski season, this is great time and chance before December 2012 to gather together with your tribes to host Gratitude Snowdances and youth outreaches. Your phenomenally gifted tribes can do wonders to rebalance the Southern Hemisphere, even though your countries are more pristine than our Northern ones are, but since we are all interconnected, everything adds up. And we thank the tribes and ski areas of the Southern Hemisphere, through the Bolivians, for this priceless leap in the evolution of humanity in recognizing once again the ultimate phenom, Mother Earth!

## PRINCES OF NATURE! – of Monaco

Speaking of royalty, His Royal Highness Prince Albert of Monaco, a fellow Olympian and European advisor whose family owns a ski area, told me he was adopted by Lakotas, as a result of his mother, Grace, taking him and his sisters to the sacred dances at the Pueblo and Lakota reservations. He told me that his great great grandfather Albert I was adopted by the Lakotas while hunting with them in Wyoming 130 years ago. Spending time with Lakota Chief Sitting Bull helped inspired him to found the Oceanographic Institute. As a member of the World Economic Forum and IOC, Prince Albert uses his position to draw the world's attention to the need to protect the marine environment and glaciers. In 2004 and 2006, Prince Albert led a research expedition to the North Pole and then in 2009, Antarctica, to bring attention to the melting of the glaciers that are displacing Indigenous Peoples around the Arctic Circle, and to honor Albert I's contributions. His brilliant leadership in also protecting dolphins and overfished blue fin tuna from extinction was honored by California's [Scripps Institution of Oceanography](#). Bless these Princes of Nature for their huge consciousness raising gifts to humanity!

## ARCTIC CIRCLE



L- Canada's Arctic tribes brought "Wows" to the stunning Opening Ceremonies of Vancouver Olympics. photo of NBC TV.

R-"Arctic glaciers are melting from our dirty energy, toxic products transported via the oceans and smog clouds blown north on the trade winds," says Gwichen biologist, George Pletnikoff, the overseer of the three Arctic oceans. Please insist your representatives pass our Safe Chemicals Act to get the U.S. (and other countries) up to E.U. standards, authored by 85 yr old Vail skier Senator Frank Lautenberg after he survived toxin-related cancer, to protect our children. And meanwhile urge your country's RIO+20 representative to mandate a ban on the worst 100 out of 82,000 mainly toxic chemicals on the market today in the US and many other countries to help restore our dying oceans, melting glaciers, air, health and our only 'HOME.' (See youtube) Courtesy drurydrama:

Many Arctic tribes, like the Canadian ones who splendidly opened the Vancouver Olympics, work with the weather, including snow gratitude ceremonies, said Ronnie. Their Northern Earth-honoring traditions are very similar to the Alaskan Arctic villagers, Siberians, and Sami/Laplanders of Scandinavia, whose ski roots have been traced to cave paintings and skis carbon dated at 5,200 years old. Scandinavian miners, like Telluride's, first brought skiing to

America in the late 1800's. A light-hearted version of snowdances are the Ullr snow festivals. Joy mixed with respect and sincerity without alcohol works best.

## ALASKA'S ARCTIC XC SKI LAUNCH



US Olympic XC visionary Lars Flora  
Flora, Dylan Watts & Mariah Cooper, Native American XC Olympic Hopeful



Coaches arrive at Kotzebue, L R-Tamra Kornfield, Greta Anderson,  
Courtesy: Alaska-Chris Arend

The Canadian Government, as part of the healing fund for their boarding school abuses to First Nations (FN) children, wisely helps fund their sports to restore their health, spirit and self esteem, including their snowboard programs at 13 ski areas. Plus for decades they have hired the renowned Olympic XC stars, the Firth Sisters (Gwichen FN), to teach fellow Arctic youth their fun healthy sport and form of green transportation, which produced a half dozen Canadian Olympians. While the U.S., Australia, New Zealand... had similar boarding schools, which have been called the "Lost Generation," our government has no such healing programs, therefore I am proud that our Olympians, US ski areas and SIA have led this life-saving healing process through this joyful snow bridge between our cultures.

Finally in 2012, a big hearted Alaskan, US Olympic XC skier, Lars Flora, and his team of 17 coaches partnered with the NANA Alaskan Tribal Development Corporation and their Diabetes Association, headed by Bruce Warwik-Maniilaq, to introduce lifetime Nordic ski programs to youth in four of their Arctic villages this 2012, with plans to reach 14 villages by 2013.

The Arctic Games, which include all the countries around the Arctic Circle are big up there. Yet without ski equipment the Alaskan Arctic youth, despite having great runners, have not been able to XC ski across their great expanses during their eight long months of winter, much less compete in ski events in their games. In the absence of wholesome opportunities diabetes and alcohol have taken a toll. But with a \$15,000 budget from the diabetes department and some support from SIA's manufacturers like Flora's sponsor, Fischer, who gave them a discount, and Aspen's Klaus Obermeyer donating down jackets, that dream came true for an unbelievable 650 Alaskan Arctic kids in April!



Courtesy: Coach Charlie Renfro

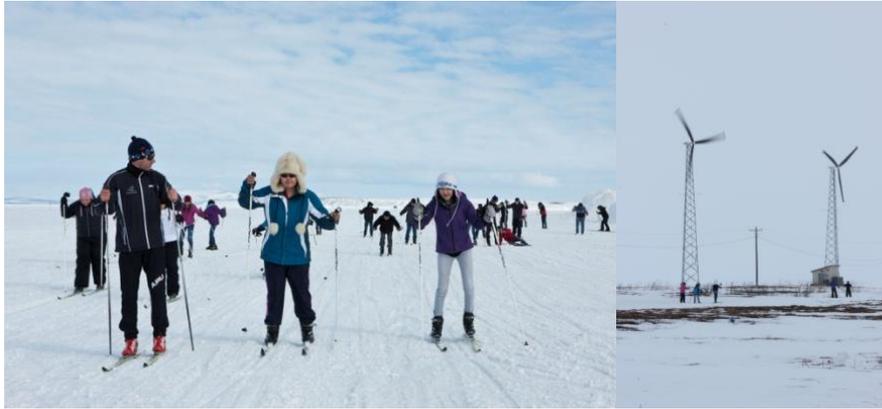
Lars shared how other worldly it was in the Arctic coaching and skiing through a herd of 2,000 caribou while traveling to each of the villages via green skipower.



Courtesy: Chris Arend/NANA

Lars and 43 Happy New Alaskan Arctic XC Skiers and their Valiant Coaches at Kotzebue!

For the whole month of April the team of spirited coaches, including US Olympic Biathlete, Sara Studebaker, Wisconsin's 17 yr old Native American Olympic XC Hopeful Mariah Cooper, and Alaskan Native Tamra Cornfield, spent from dawn til dusk spreading sustainable joy and health to village kids in the remote NANA region north of the Arctic Circle. Lars shared how other worldly it was coaching up there skiing through a herd of 2,000 caribou, and running into dog teams racing by and as he got some Sochi Olympic training in skiing with some of the coaches from village to village. His longest trip was the 75 miles between Kotzebue and Kiana that he and Dylan Watts did in two days, only because they were pulling a 40-pound sled!



Courtesy: Chris Arend  
Lars teaching basics to girls and passing by Selwick wind turbines!

Flora said, "The first day in each village was Skiing 101, where they learned how to put on skis and pole straps and basic skiing. The second day they were playing games on skis, and by the third day they were catching air on a hill. They have super-good endurance, even kindergartners skied for two hours. We always had a group at the end skating around town, really psyched about skiing, especially when they heard that their village school got to keep 20 of the 70 pair of skis."



Tyrone Skate Skiing & Getting Air in Noorvik

Courtesy: Reese Hanneman/Engine Room Media

"Mariah was an amazing role model for our girls, especially giving the struggling ones confidence," said NANA Director Robin Kornfield. Along with doctors talking about asthma-prevention, Mariah, reinforced by the coaches, gave nutrition talks at the schools, including about Stevia, the South American tribal-discovered No Carb sweetener, that can also give Arctic kids a chance to get lean and clean and diabetes-free. NOW Organic Stevia and NuNaturals donated some product. The latter donates a percentage to the Native American Olympic effort. Watch for the new Stevia-sweetened beverages since 40 grams of sugar in colas and pop are the main cause of obesity-diabetes in U.S. and Mexico, as 15 grams/day is the recommended daily limit.

Studies released in December by *The Biggest Loser TV Show* and world-renowned naturopath, Dr. Gabriel Cousins, found that groups of obese diabetics eating a diet of fresh raw organic fruits and veggies for 30 days ENDED diabetes! (<http://www.rawfor30days.com/RawFor30/12-2011-half-off-tv.html>) My grandfather, who considered heaven on earth, hunting and fishing with the tribes in Alaska and Canada's Saskatchewan with my dad, had diabetes. So I prevented it through skiing and eating some organic fruits and dark green veggies – best spinach, kale, broccoli, and sunflower, lentil sprouts and chia seeds for two meals a day and using Stevia for the last decade, which has kept me at my Olympic weight.



Mariah building confidence of girls

Girls teaching Mariah how to fish & discussing nutrition=Happy Girl Power & thriving Nations!

At Davis-Ramoth Memorial School in Selawik, assistant principal Susan Daniels saw how these XC coaches influenced the children’s lifestyles. “I remember one student saying, 'Skiers don't drink pop.'”

An exception for Alaskan Natives is Tyler Kornfield, Tamra’s 19 yr old brother, who also got some opportunities living in Anchorage. This year Tyler won the sprints at the National XC Ski Championships, proving that Native “America’s Got Talent,” which gives them great hope! Could he be a Native American Olympic Hopeful for Sochi 2014? (Earlier, NAOTF also inspired Alyeska Ski Area to share some alpine ops with Native youth.)

Elders helped end droughts before Wisconsin’s Birkiebeiner Races (with 14 countries) after NAOTF encouraged them to include Native youth as competitive skiers, not just dancers at their opening ceremonies with the Governor. Despite that priceless gift, race officials have been erratic in including our Native youth, which could be a win-win.



NANA coaches Tamra Kornfield, Mariah Cooper, and Dylan Watts skiing by start of Kobuk 440

Therefore bravo to Robin, Brian and Lars, along with their coaches and supporters, for providing an ongoing haven for Native Nordic kids where they can thrive and bring credit to their great state. Plus all those who believe in mutual sharing and service to humanity. At the end, Flora said, "No picture captures the pure joy felt by kids and coaches over the last month." This model for Indian Country is good news. It grows happy kids preserving their Earth-honoring way of life, who can in turn help preserve our shining glaciers. Read more:

<http://www.adn.com/2012/05/05/2454084/alaska-olympian-uses-clinics-to.html#storylink=cpy> and SIA: <https://www.facebook.com/SnowSports.Industries.America> See more on: [www.facebook.com/nananordic](http://www.facebook.com/nananordic)

## FIRST SNOWDANCE PHENOMENA AT A U.S. SKI SHOWS



1st Snowdance at Denver's SnowSports Expo inspired 12 Ft of early snow in 2003. It was suggested by (R-L) Olympian Billy Kidd (Abenaki), and led by S.Ute Eddy & Betty Box Jr with N. Utes Dan Cesspooch & Loya Arum, Suzy, N.Ute Angie Brown Shavano, Denver's Mile High Dancers who danced for Katie Couric in Aspen on New Years.

The first snowdance at a U.S. Ski Show happened in Denver in 2003 thanks to Billy Kidd's suggestion. Kidd was the first US male to win an Olympic medal in Innsbruck in Alpine skiing. It took a descendent of an Abenaki Indian and pirate Captain Kidd to break through that glass ceiling.

In 1999 when the Northern Utes helped him save Steamboat's opening day, Billy saw the light and re-embraced his Vermont tribal heritage. Billy had called the day before to ask for some help since it was too warm to even start their snowguns. He also mentioned wanting to start a Ute Future Olympians Ski program at Steamboat, and that coincidentally their Mayor and Council were unveiling an beautiful sculptured plaque by the confluence of the Yampa River that day to help heal the past and commemorate this band of the "Blue Sky People," the Northern Utes. (Vail also named their pristine back bowls, "Blue Sky Basin," in their honor.)

I found myself saying, "you go to the ceremony and tell the Elders about your offer, and ask if they could give you a hand with the snow in your beautiful way." He later called to thank me and excitedly reported that "the temperature dropped 15 degrees in the middle of the ceremony so we could start the snowguns and opened the next day." Since the amount of snow ski areas have for Christmas can make or break communities, and people living at ski areas often need more than one job to survive there, Billy suggested in 2003 that maybe the Utes could lead a snowdance to inspire early snow at Bernie Weichsel's Denver SnowSports Expo. I said, "We'll see what the Elders feel." Eddy, Betty and Loya graciously agreed.

Director of Colorado Ski Country USA, Mary Motsenbocker said "when the Native Americans dance at the European and Asian Ski and Travel Shows, EVERYONE stops to watch." With Bernie's enthusiastic support, his Denver Show was not only the first time our tribes had danced at a US ski show, but this was also the first known snowdance ceremony by an Elder at a show. The Boxes were joined by Denver's

Mile High dancers and Loya Cesspooch's Northern Ute family that included her son Dan who performed twice for the President of France. It happened to be on the day of the powerful Harmonic Concordance when the planets were lined up to bring in a transformation of the way humanity relates to Nature. It did!

### NATIVE KIDS TREATED LIKE ROYALTY

As a result of Denver's Snowdance, many Colorado resorts, especially those with Native Ski Programs, received up to 12 ft of early snow. Steamboat got a ton but Aspen's Snowmass got the most where the Norwegian ski instructors, who grew up honoring Ullr, treated the Ute kids like royalty. Skiers at Snowmass and nearby Ski Sunlight, a friendly mom and pop ski area, would yell up to the Utes on chairlifts, plus at Aspen's Winterskol Parade, "Thank you for the snow!"



courtesy: SC

Tom Jankowski, GM of Ski Sunlight, located between Aspen and Glenwood Springs, agreed to start the program when our chairlift was passing over the intersection of "the Peace Pipe" and "Ute Trails" and we announced it befittingly on Thanksgiving. For the last decade he has hosted the most generous Native program, giving 500 Northern Ute kids per year a chance to ski or ride. Tom also convinced Glenwood Springs' leaders to invite the Utes to once again freely use their springs – their ancient healthcare and horse care oasis, which Loya in turn blessed for all the people, as it is a powerful sacred site. Sunlight's locals and visitors, in turn, love Loya's annual Gratitude Snowdance – in above photo, (which helped January's Colorado Phenomena) on Martin Luther King Day.

### SACRAMENTO AND SEATTLE SKI SHOWS



In appreciation for the Ski Shows honoring their tribes for being their states "First Caretakers," tribal Elders led snowdances at Denver and Left: the Sacramento Ski Shows, honoring Cal's Midou dancers and Paiute-Mewuk ski champ Lucy Parker (center) between me & fellow Mammoth Olympian Penny McCoy, thanks to Mammoth pioneering Paiute skiing in 50's. Lucy's secret weapon was the [King of Norway](#) giving her two pair of Head Skis in appreciation for her renowned basketry! L-Stew Young

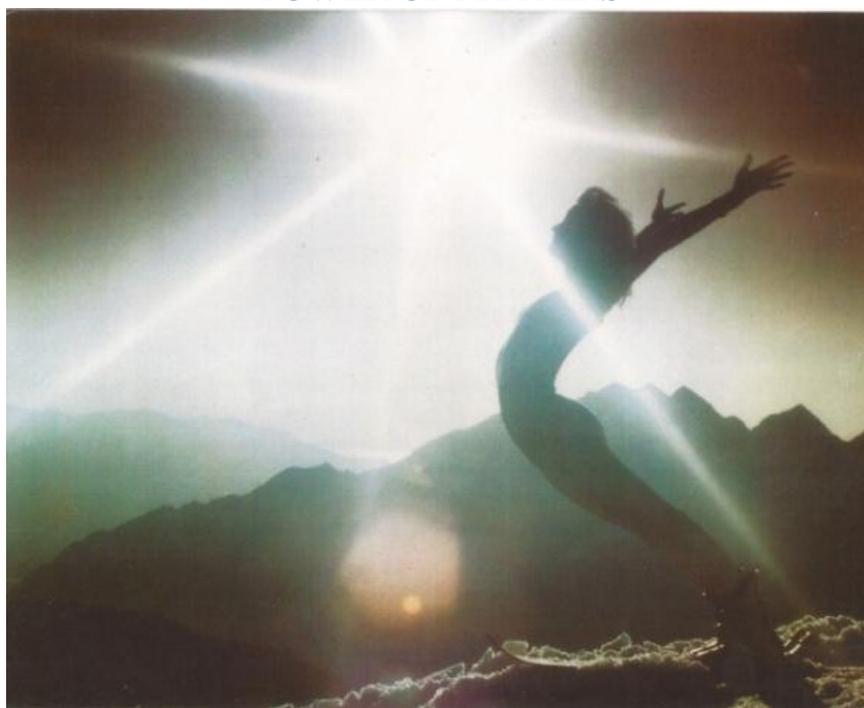
R: Stars of the Seattle Expo's Snowdance, led by Elder "Uncle Paul" (Tlingit) included Ravendancer Gene Tagaban (Tlingit-Cherokee) and Stew Young joining with ski and tribal community leaders: L-R, Timberline's Jim D'Eagle (Lakota), Lisa Santana (Lummi College VP) and me. Gene encouraged kids and adults to say: "Thank you Creator and Mother Earth" each time it snows. As a result of the uplifting energy of the tour that ended at LA, the whole West was blessed with snow, plus Stew and Gene helped

form the Native American Olympic Ski Team. The tour was made possible thanks to *SweetLeaf Stevia and Nutiva*, thanks to Gov. Swarzenegger's top Eco Advisor, Gary Peterson, plus NAOTF's Aspen board members Joanie Klar and Lisa Tully Phd (Cherokee).

### HOSTING GRATITUDE SNOWDANCES AT SKI SHOWS OR AREAS THIS DECEMBER!

Since 2012 is a key transformational time, hosting Gratitude Snowdances at US and International Ski and Travel Shows this November and December, is an eleventh hour chance to help humanity make a monumental leap in healing/purifying our planet. Or follow Vail's example in recent years, of hosting a Snowdance around Thanksgiving or early December during their "Snowdaze Festival" to start the season off with gratitude. Or like Portillo, start their ski season with a Gratitude Snowdance in June in the Southern Hemisphere. There is no downside, and you will likely be blessed with some dream snow! Yet any time is a good time to give gratitude for Mother Earth's gifts. Take a moment every day perhaps at sunset and before meals, which makes my (organic) food taste even better. Like the tribes, I include a little offering of my food, which makes it even stronger.

### POWER OF PRAYERS



A Little Prayer of Gratitude for Magnificent Nature atop Snowbird, Utah

### “KARMA IS LIKE A BANK ACCOUNT

Karma,” Olivia explained, “is like a bank account. The good deeds of serving or healing others that we do now cancel out bad deeds we may have done in this life or in past lives (here at Earth School). Just as bad deeds can come back to haunt us, good deeds can bless us now or later creating interest that we can draw upon year after year. Our prayers not only bring blessings to the mountains and oceans and people we pray for, but also to the area on which we stand and pray, and when we participate we can fully experience this phenomenon,” said Olivia, “which proves that karma works.”

I was amazed that as a result of joining her by phone from Mexico during Reggie's Telluride Gratitude Snowdance to pray for those 12 ski areas, that Mexico's highest mountains got snow that week and lowlands their first drink of water in months. That week Virginia's Wintergreen Ski Area where Olivia lives, finally got snow, along with SIA's nearby headquarters, said an equally amazed Mina Casser, Ingimie's right hand woman from magical Sun Valley.

Olivia says you may not see results immediately but Mother Earth remembers everything. God also said that where two or more are gathered, prayer is more powerful, so that applies to phones too! Plus it is more inspiring and fun.

### AS CONSCIOUSNESS CHANGES, SO DOES PROPHECY

Olivia says that just as the “Ring of Fire Eclipse” in May, which was the first solar-moon eclipse in 26,000 years, triggered bringing in powerful male and female balancing energies to Earth to add to the heroic efforts of women and the growing numbers of balanced men everywhere, it is important to see eclipses or the escalating solar flares as extraordinary gifts from Creator. They are blessedly guiding and energizing us through this transitional 2012 time period, giving us an unprecedented opportunity to create unbelievable heart-centered advances for all of humanity.

"Our job is not to see people being left behind to endure horrible catastrophes. Our job is to see everyone rising to their full divine potential. With all of the great solar energies being directed to each of us at this time, there is no reason for any of us to be less than we wish to be. There is no reason why we cannot take in those solar flares being offered now as manna from heaven and use it to help create heaven on earth. Do it. And announce a new prophecy, one more aligned with Creator's grace," said Ellis.

Either way, there's no cost or downside to focusing on more practical and spiritual ways to help heal Mother Earth and help light the way.

### IT HAPPENED IN SUN VALLEY!

While a group of us were gathered on top of Sun Valley at our Freestyle Reunion last season, I passed on Olivia's insight about the powerful male devic spirits who direct the weather: The winds, clouds, and thunderbeings on the highest mountains. Surprisingly everyone joined in gleefully expressing gratitude to them, and on the way down the thick fog transformed into a sunny day!

Thanks to many Californians giving gratitude to Mother Earth for their snow this season, including on Easter, another heart-centered high vibrational day, their ski areas and forests were treated in April to 20 inches of glorious powder, including Southern California's. Possibly learning from the Western Ski Areas and through SIA's "Latest" blogs, Easterners also got some badly needed snow and snowmelt in April. What also helped is fellow Rutlander, Reverend Bonnie Stagg, compassionately offering to help skiers and tribes by setting up Abenaki ski programs in Vermont and New Hampshire for next season. Since Bonnie's cousin, Taos Mayor Chris Stagg, runs Taos Ski Valley and pioneered Pueblo skiing in New Mexico and the US, vision runs in their family.

### TAKING A MOMENT



Maine's Mt Abram saw the light! – Replacing oil in 2011 and adopting Solar in 2013 ©Tracy Hancock

If you can't participate in a ceremony or group prayer, no problemo, just take a moment somehow, somewhere, sometime. Ever since I was a child, while riding up ski lifts surrounded by stunning winter wonderlands, or watching a gorgeous sunset, I often found myself thinking, "Wow, thank you God. Thank you Mother Earth." Now is a perfect time to give Them gratitude for the snowblessings this season since more see how it inspires more snow. Many of the Western US/Canadian forests are in drought, and precipitation is also critical for drinking water and preventing fires to protect our homes, communities, and nuclear plants similar to Fukushima. (104 in the U.S.)

The hurricane and floods in my home state of Vermont last summer showed us the need for healing the past and how vulnerable our sport is. Things are also looking up for the East since our Olympians stood up for our Abenakis, and they finally got their cultural rights officially recognized this spring like other states.

As more and more ski communities outreach tribal youth and host Gratitude Snowdances, the negative energy and thought form absorbed by the land are being released or purified without disruptive floods and fires. As Telluride SkiCo owner Ron Allred said, "Our Ute ski program is a good way to heal and honor the past and start a new beginning." And as my co-host Marty said, "It is better to reach into our hearts now to heal each other and Mother Earth, instead of after catastrophes."

## RAINDANCES ARE IN OUR EURO-AMERICAN HERITAGE –1620

Thanks to Mayflower descendent, Connie Baxter Marlow, director of *Ski the Rockies* turned filmmaker, sharing the original records, we know that the Wompanoag Tribe and the Puritans had a wonderful relationship for the first 50 years and touchingly saved each others' lives. And the tribe was impressed that their Mayflower friends did successful raindances to survive here, as these Oxford educated Separatists (because of Church corruption) were spiritually pure. (See [snow-riders.org](http://snow-riders.org), "Shining Moments.")

These gifts are in our DNA since for eons up until the 1600's, Europe's gifted women, like Joan of Arc, (and many men), had a close spiritual connection with Nature and were the main seers, healers in communities, who also worked with the weather. The Elders tell me that the wonderful balance of male-female energies that the tribes had in the America's also shifted a little toward more male dominance in many tribes when the more materialistic Europeans arrived in the next wave, but that beautiful cooperative spirit lives on through our creation of democracy here and sports programs like ours. Knowing now that pure yang energy is destructive and the yin-yang balance works better, we are now together shifting back to a more harmonious nurturing balance, exemplified by our great warriors and Super Bowl winners joyfully "Dancing with the Stars," and scoring the highest ratings on TV!

## IF YOU NEED A RAINDANCE

Tribal-led raindances saved Denver and Durango from Colorado's 2004 wildfires, sometimes in unity with ministers, rabbis, priests and communities. To maximize prayer power, give some love to Mother Earth on Her Earth Days, Solstices, Valentine's Days, New Years, 11/11 and upcoming 12/12, World Music Festivals, Earthdances, Olympic Opening and Closing Ceremonies, and planetary alignment days like eclipses. Praying next to (sacred) oceans, waterfalls and other bodies of water, especially at dawn, high noon and sunset, plus on holy mountains, augments prayers. Through Green Acts of Kindness to Mother Earth or to each other and especially tribal youth, we can together do wonders to help heal and rebalance Natures' cycles and smooth out potential earth changes so we don't need a raindance or a snowdance!

If your community does need an emergency raindance as a band-aid while your town is making the needed green steps, again remember the Golden Rule: Offer the Elder a youth ski program for next season, or to lead eco hikes in schools (with an honorarium), as your intentions can count immediately, as Billy Kidd showed us. And/or offer to do something to protect their tribal lands, water and air from environmental contamination, while protecting your own, such as switching from nuclear, oil/tar sands and fracking to safe snow-friendly renewable energy. Fracking is inserting toxic chemicals into rock to blow them up to extract gas, which is contaminating America's precious aquifers. Here are some more NAOTF's *Elders Recommendations for RIO+20*, which we submitted to the UN in November: <http://www.uncsd2012.org/rio20/index.php?page=view&type=510&nr=637&menu=20>

Here are some surprising ways to enhance living harmony with each other and Nature, since Mother Earth absorbs any negative thoughts or actions that we then need to heal. That is why I watch my words and thoughts to save a lot of time that could be spent in more gratifying fun ways. This code is a beautiful way to minimize conflict and respect each other as unique valuable Sovereign beings, which my producer Nick Pasquale shared this with me. It made me cry it is such a beautiful way to live:



©Karl Sheibe

17 year old 'Honor the Earth' Princess Mariah Cooper blessing Whistler's XC Trails at Olympics

## NATIVE AMERICAN CODE OF ETHICS

Rise with the sun to pray. Pray alone. Pray often.  
The Great Spirit will listen, if you only speak.

Be tolerant of those who are lost on their path.  
Ignorance, conceit, anger, jealousy and greed stem  
from a lost soul. Pray that they will find guidance.  
Search for yourself, by yourself. Do not allow others  
to make your path for you. It is your road, and  
yours alone. Others may walk it with you,  
but no one can walk it for you.

Treat the guests in your home with much consideration.  
Serve them the best food, give them the best  
bed and treat them with respect and honor.  
Do not take what is not yours whether from  
a person, a community, the wilderness or from a

culture. It was not earned nor given. It is not yours.

Respect all things that are placed upon  
this earth – whether it be people or plant.

Honor other people's thoughts, wishes and words.  
Never interrupt another or mock or rudely mimic them.  
Allow each person the right to personal expression.

Never speak of others in a bad way. The negative  
energy that you put out into the universe  
will multiply when it returns to you.

All persons make mistakes.  
And all mistakes can be forgiven.  
Bad thoughts cause illness of the mind,  
body and spirit. Practice optimism.

Nature is not FOR us, it is a PART of us.  
They are part of your worldly family.

Children are the seeds of our future. Plant  
love in their hearts and water them with  
wisdom and life's lessons. When they  
are grown, give them space to grow.

Avoid hurting the hearts of others.  
The poison of your pain will return to you.  
Be truthful at all times. Honesty is the  
test of one's will within this universe.

Keep yourself balanced. Your Mental self, Spiritual  
self, Emotional self, and Physical self – all need  
to be strong, pure and healthy. Work out  
the body to strengthen the mind. Grow  
rich in spirit to cure emotional ails.

Make conscious decisions as to who  
you will be and how you will react. Be  
responsible for your own actions.

Respect the privacy and personal space of  
others. Do not touch the personal property of  
others – especially sacred and religious  
objects. This is forbidden.

Be true to yourself first. You cannot  
nurture and help others if you cannot  
nurture and help yourself first.

Respect others religious beliefs.  
Do not force your belief on others.  
Share your good fortune with others.  
Participate in charity.

## THE MAGIC OF TRIBAL OUTREACH

Any kind of meaningful tribal outreach can also help protect the “2,000 tribes a year worldwide from going extinct,” according to the UN. While NSAA’s Berry said the “tribes built many of the great Western resorts,” today their unemployment rate is over 50%. Therefore utilizing their amazing talents through job opportunities, is another great way to enhance snow (or rain), proven by Telluride, Vail and Mt Hood Meadows. Especially since wherever they ski or work, most Indigenous peoples celebrate Mother Earth every day. If most of us did again, our world eco crisis would be over! In so doing you are creating happy tribes and youth in your region who can carry on these priceless life-saving traditions. Especially since Native American Elders, like the Bolivians, are now seen as guiding lights for the UN’s 192 countries, which was prophesied. Yet they are simply helping us remember our earth-honoring ancestral roots. See video of Mariah’s touching “Prayer Signing,” which two Wisconsin Governors have had her open events with, including Earth Day, on [snow-riders.org](http://snow-riders.org).

### MORE SOLUTIONS FOR REDUCING WORLD HUNGER – Sprouts, Squash, Chia

That is why the UN encouraged us to collect the recommendations of the Elders for UN’s June RIO+20. For example, Dr. Ellis, a Cherokee Master Gardener, and the Siberian mystic Anastasia, who thinks like our tribes, found easy effective ways to help end hunger in the US and World through organic gardening, and especially through planting fruit trees. On one of her guided tours of Jefferson’s Monticello Gardens in May, Olivia found some more breakthroughs when she hosted some angels of international gardening, Wayne and Connie Burleson. After an amazing experience teaching gardening in South Africa, Malawi, Rwanda, Ethiopia, and later in Jamaica and Mexico, they produced a book, FOOD GARDEN MANUAL.

The couple said, "Our VISION is FOOD GARDENS that never give up producing healthy food year-round anywhere in the world. Outstanding ones are yummy sunflower sprouts you can grow in 8 days, yellow carrots you can even grow outdoors in their Montana winters, and high protein squash in Africa with a harder shell that you can store for 8 months." They also taught “Gardening for Life” sessions (compost and kitchen garden demonstrations) in a very rural village in Nicaragua, and “Gardening Without Money” in Africa.

They consider sunflower sprouts that you can grow in flats in 8 days a food system that can feed the world. They said the kids everywhere devoured these nut flavored microgreens that are full of protein (20%). I love sunflower and lentil sprouts in salads and I'm going to grow them after seeing this easy how to video. Students could grow sprouts in flats in classrooms without even needing a garden to add super nutrition to school lunches!!!! <http://www.youtube.com/watch?v=7KnF6J1cd60> Thank you Wayne and Connie!! More info on their "Hands-on" Gardening for Life demonstrations, 406-328-6808, [rutbuster@montana.net](mailto:rutbuster@montana.net). [www.newwaystofeedtheworld.blogspot.com](http://www.newwaystofeedtheworld.blogspot.com) (Wayne said “Jefferson’s Gardens are way ahead of our time.”)

For variety, grow some other tasty sprouts that are also easy to digest, such as lentils, alfalfa, radish, buckwheat and Mung sprouts, which together provide a rich source of protein, enzymes, chlorophyll, amino acids and minerals. They can also be easily and cheaply grown at home and schools for lunches in 2-3 days! Double check if they are the sproutable kind and go organic for max nutrition. [http://www.homeopathyone.com/live\\_sprouted\\_foods.htm](http://www.homeopathyone.com/live_sprouted_foods.htm) and <http://www.livestrong.com/article/506760-the-nutritional-value-of-sprouted-lentils/>

To maximize my “life force,” and spiritual/aura energy I regularly eat some *Ezekiel* cereals and breads made from organic “sprouted organic whole grains, legumes and seeds,” recommended in the Holy Scriptures. I also eat the Azteca secret, high protein organic Chia seeds that you can simply add to water or smoothies, plus the plant that is the highest in protein Spirulina, an algae you can grow anywhere in 24 hours. So these easy affordable superfood solutions to ending world hunger and malnutrition, are also powerful ways to maximize our nutrition.

## BILLIONS OF GREEN ACTS



Multi-cultural hands joyfully working in harmony are Replenishing Mother Earth! ©Tobkatrina/dreamstimes

A huge gift to Mother Earth on 2012's Earth Day was *Earth Day Network's* drive that inspired "A Billion Acts of Green." By the end of the Day they collected 1,000,000,744 environmental pledges, ranging from: "planting a tree or a garden at school or home, to organizing a rally to draw attention to environmental issues, or an Earth Day event. The [www.earthday.org](http://www.earthday.org) website is a phenomenal partnership of many of the most effective Green action organizations, and contains information about Earth Day Network's exciting campaigns like "Athletes and Artists for the Earth," and "Green Schools."

We salute Earthday Networks's stroke of genius since it has come to light that planting fruit trees is the easiest cost-effective way to reduce hunger, malnutrition and diabetes. According to the UN Forest advisor, Dr. Leonid Sharashkin, planting trees pulls up water from aquifers to droughted lands to prevent famines around the world. In a similar way trees remoisturize mountain eco systems, which enhances snow. Thanks to Olivia, a Cherokee Master Gardener, we know there are sources for free trees in the U.S. and Canada. See links on: [World Hunger Solutions](#) [Inspired by Athletes, First Ladies, UN, Siberia, Canada, Austria, Italy, Tribes](#). When people can see the before and afters of planting trees in Israel and Madagascar, they'll want to help.

### GOD'S FIRST COMMAND IN EDEN: "PLANT FRUIT TREES" - ISRAEL LISTENED!

My ski friend Larry Shapin of Louisville, Kentucky, shared how Israel was transformed from a desert in the 50's to a lush country today as a result of remembering Creator's first command in the Garden of Eden (Genesis) around Iraq, "Plant Fruit Trees." Israel's tree focus included giving youth, 19 and under, a tree when they got off the plane to plant in suggested locations. Proudly planting one when he was 13 with his name on it, made a strong impression on him, he said. "I later found myself buying a shopping center in the poorest, high crime part of town to see if I could lift up the community by planting flowers around it. (As a youth, Rabbi Saftler said that raising money in the U.S. to plant trees in Israel was what got him hooked on giving back, which shaped his life.) Larry said the flowers got trampled the first two years, but by the 3<sup>rd</sup> they started flourishing and crime and garbage in the streets was cut in half, and other people started planting flowers too." But after just seeing the fruits dripping off the trees in Tuscany, and how planting trees is restoring Madagascar's exotic rainforest, he sees how planting fruit trees is the ultimate gift from heaven.

## HOW WE CAN HELP REFOREST AFRICA AND END FAMINES



Praying for grace to reforest Africa to prevent famines & preserve Kilimanjaro's glacier, Tara Sheehan & guide summit Mt.

Larry's Israel story gave me great hope and reality for the Campaign to Reforest Africa. My Aspen friend, Tara Sheehan, former champion XC skier, just did a solo trek up 19,000 ft Mt Kilimanjaro to raise awareness about the Green World Campaign, along with prayers on this "holy mountain" that Olivia says is like 3,000 friends praying with you. As founder of the Conscious Global Leadership Institute, Tara is partnering with (her husband's) Patagonia, Green World Campaign, and AREDAY, so you can help reforest Africa through a \$5 donation. Three trees will be planted in your name, and stewarded by African school kids, and local farmers via the Green World Campaign. L Photo© Dmussman | Dreamstime.com

### AMAZING TREES – MOTHER TREES AND CEDARS

I have experienced trees to be very wise from the excellent feedback I got back from a question I asked. But these two YouTubes further opened my eyes: Oneness scientist Sperry Andrews sent the first one about the Mother Trees of the forest, a tribute to the startling connectivity of all mothers and Mother Earth:

<http://www.karmatube.org/videos.php?id=2764>. Plus this one from my Apache advisor Valerie Nunez about their sensitivity, to also share with your children who may still be talking with them.

<http://www.youtube.com/watch?v=ji8iYgLx8G0&feature=fvwp&NR=1> Mystics like Siberia's Anastasia and the tribes can also hear the ringing or buzzing of cedar trees. The bible in reference to King Solomon's Church being built out of the Cedars of Lebanon, also said these trees are connected to the wisdom of the God/Universe.

### TO GIVE THEM FISHING POLES NOT FISH...

Plant 3 right now by entering 85944 and then TEXT "TREE!" Or via paypal: <http://greenworld.org> Together we can reforest Africa which can restore the direst famine-stricken lands in Sub-Saharan Africa back into Edens and moisture to Kilimanjaro to prevent its glacial ice from drying up as soon as 2015 to keep the snows on Kilimanjaro! Instead of giving them fish, give them fishing poles, which is much more cost-effective.

Asante Sana! (Thank you in Swahili) <http://climbforconservation.org/> (For locations of other holy mts on four Continents to pray or join a pilgrimage to greatly advance these green healing projects see: <http://www.aetherius.org/index.cfm?app=content&SectionID=79&PageID=35>)

**A MEANINGFUL GIFT FROM FOREIGNERS** in their adopted countries is giving schools organic fruit trees, or helping them plant them at school yards. American-born Bob Price has offered six organic fruit trees annually for each of Puerto Vallarta's 230 schools, thanks to founding PV's Botanical Gardens. He just requires recipients to sign a pledge to lovingly nurture them. Here's another win-win solution to go with it: Since landfills are spilling over from including vast food waste, the very wise E.U. (Reduce) Landfill Directive, for example,

requires British schools to compost. As a result, the students' gardens are flourishing so they not only have enough organic fruits and veggies for their lunches, but they are selling the surplus to help pay for sports, Arts and other desired projects. And in the US and Canada, Master and Jr. Master Gardeners can help them plant the gardens. Vallarta's British-American schools also compost and are becoming an inspiring role model for the other schools who are preparing to plant organic trees to help end diabetes here, which is No. 1 in Mexican children. And diabetes is becoming the leading economic healthcare drain of countries worldwide.

### MALIA OBAMA VISITED OLDEST TREE IN MEXICO

Bob's other gift to keeping Puerto Vallarta Paradise has been donating and planting with the Garden Club thousands of bougainvilleas (tied to trees so they cascade down) along the avenues with the support of some of the 10,000 US and Canadians living in the region. This spring they erupted into pink clouds, leading to next years' launch of a Bougainvillea Festival. But they are not just pretty shrubs. Carlos Morlett, nephew of Nobel Peace Prize winner Ambassador Alfonso Garcia Robles, makes tinctures of the flowers for PV's festive Organic Farmers Market, (which attracts up to 5,000 people each Saturday). He says its potent properties, including in the intestinal track, could save eight million children who die each year from for dysentery and diarrhea. (More info: [carlos@muchococo.com](mailto:carlos@muchococo.com)) Worth checking into given that his uncle is the best friend to Nature and people of the Americans for uniting the Latin American countries with JFK in 1962, to prevent use of nukes in the Cuba missile crisis. Why I also put the flowers in my teas.

Vallarta's young Mayor, Salvador Gonzales Resendiz, also wisely planted a forest of elegant palms on his famous Malacon boardwalk and honors PV's many altruists, which could turn our image as "Ugly Americans" into "beautiful" ones. PV's beauty just attracted the Pan Am Games and in April the "World Economic Forum" with many heads of state quietly here. Crown Prince Haakon Magnus of Norway escaped to get a little airtime kitesurfing (I saw on YouTube) and speaking to youth at the multi-cultural America School on "Global Dignity Day," about also being mindful of our footprint. Brilliant. Tusen Tack! <http://www.youtube.com/watch?v=jjJQTagemYk>. Vallarta's charming beauty also attracted 13 yr old Malia Obama and her 12 school friends, who chose on their spring break to also visit the 1,000 year old tree of "El Tule" at an archeological Olmec dig in Oaxaca. She and her friends developed a reverence for plants in creating their renowned Children's Organic Garden at the White House. Muchas Gracias Malia and Michelle! These kinds of tree and flower campaigns can help any city stimulate tourism, reduce hunger, diabetes, and crime, and increase friendliness and rejuvenate Mother Earth. Since for traditional Native Peoples, every day is Mother Earth Day, there is still time to make green commitments in our hearts. Motivated by also wanting to get our house in order this karmic 2012, billions more in every city and community around the world are giving loving appreciation to Mother Earth, and coming up with creative green acts of kindness. For example, I attended a benefit where the Mexican women leaders of Vallarta Verde (Green), like Greta Fuentes, helped invent a virtually free way to make receptacles out of chicken wire to collect and then sell recycled plastics that neighborhoods are already using, to restore our oceans to prevent "expected massive die outs." (CNN)

### POPE BENEDICT URGES PROTECTING OUR WATER

Another sign of hope is my Apache Earth healer advisor, Valerie Nunez, a leader of the Big Bear Medicine Wheel Ceremony, telling me about Seneca Elder Robert-John Knapp meeting with Pope Benedict. With representatives of seven European countries behind him, the Elder inspired the "Green Pontiff" to declare in 2008 that "It is a sin to poison the water." Having studied theology (Theillard de Chardin) at the Notre Dame extension at the University of Innsbruck, I was thrilled to help get this life-saving papal message out to humanity, including the Vatican paper, through carrying our last year's UN International Mother Earth Day story. So spread the word to help inspire billions of Catholics and Christians to protect our water, the key of LIFE. The Elders are very humble so someone else has to say it. The Franciscan monks also inspired all the organized religions at the turn of the Millennium to speak on their pulpits about protecting Nature as the nuns told us that God is in everyone and everything.

### TRASHERSIZING!

I like to think that recycling our plastics is a quadruple blessing since it enhances the beauty of Nature in our neighborhoods, which lifts our spirits, and is key to regenerating Mother Earth's oceans. Plus I find picking up plastics while my dog is walking me, gives me an extra meaningful workout with lunges and squats, which I call "trashersizing." It's contagious! In appreciation many neighbors call my little (rescue) dog's name with a big smile, "Hola San Francisco, Pancho!"

## PURIFYING OUR MOUNTAIN CHAINS

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### PRAYERS ON 19 HOLY MOUNTAINS

Aspen's Maroon Bells in the Rocky Mountain chain is a stunning gateway to [Castle Peak](#), one of the 19 Holy Mountains on four Continents. Like [Mt Baldy](#) (near LA) and [Kilimanjaro](#) in Africa, spiritual leaders and people of all faiths from around the world go on hikes or pilgrimage to Castle Peak and others since praying anywhere on these powerhouses is like praying with 3,000 friends! 2012 is a phenomenal time to participate in a hike or pilgrimage on one of them to heal each other, heal the land and purify the mountains by giving appreciation to Mother Earth at this transitional time to prevent catastrophic earth changes, or reduce and heal from them, or slow down the man-made part of this shift to a milder climate. For more info or to join pilgrimages on any of them contact [aetherius.org](http://aetherius.org) Yet praying anywhere can do wonders, especially led by an elder/trusted shaman, exemplified by the snowdance phenomena. And every gratitude prayer is purifying our mountain chains, along with every tree replanted.

### PLANT AS MANY TREES AS HAVE BEEN CLEAR CUT IN COMMUNITIES

Given scientists expect more droughts, and every mountain community effects their whole region, doesn't it make sense for resort communities to work together, perhaps starting with drop-off bike programs, green golf courses and planting FREE (in US & Canada) organic fruit trees from the state forest departments through Jr Master Gardeners & 4H, at schools, churches and community lands. Many of us remember the studies on valleys that got so developed that they lost their snow. Thanks to UN Forest Advisor, Dr. Leonid Sheraskin, we have a solution. By prioritizing planting as many trees as have been clear cut to create ski runs and developments, we can likely restore the natural moisture/snow balance of the valleys. And combined with incorporating some solar, wind or micro hydro energy as a basic investment and you have a recipe for consistent abundant snow and the longevity of snowsports. The many who have moved in this green direction are thriving.

### 10,000 YEARS OF CONFIDENCE BUILDING

If you cannot afford all these critical investments right now, take big baby steps and many of the trees are FREE. In the light of 10,000 years of the First Skiers giving gratitude to Mother Earth for the snow in the Four Corners of Asia plus other countries, and 52 years of successful snowdances at U.S. ski areas, including three North American Olympics, ski communities everywhere should have the confidence to explore a tribal outreach that can inspire a snowdance (or raindance) phenomena. As the UN points out we need both practical and spiritual action. With the Elders, Nobel Prize winners, 192 UN member countries, world snowsport leaders and many top journalists cheering us on, our Earth Family is waking up!

### LESSONS LEARNED FROM "THE GODDESS OF EARTH" – EVEREST

To see and even feel what it is like being on the highest mountain in the world, Everest, a sacred mountain, which

the Nepalese and Tibetans call the Goddess of Earth, [CLICK HERE](#). Australia's Roddy Mackenzies captures this 360 degree view in 1989, when she was blanketed with a lot of snow. This time the snowmelt is the water and food supply for 2 billion people, 1/3 of the world's population – in India, China and Pakistan - why we need to keep our mountains pure. Scientists say that a billion people on the planet already have unsafe water. The same soot from the brown clouds from coal, tailpipe exhaust and household products, which blocked out the sun at the Beijing Olympics, is rapidly melting the Glaciers of Everest.

Lewis Pugh, renowned British eco activist, shared last year at a TED presentation at Oxford University how the Indigenous Sherpas helped him survive swimming across one of the many icy aqua blue lakes that have formed high up on Mt. Everest to bring attention and enlighten humanity to prevent this next Earth challenge for 1 in 3 humans.

The real name for this world's highest mountain is Qomolangma, 'Tibetan Goddess of the Earth.' Said Pugh, "I survived thanks to the Sherpas helping me make a really humbling radical tactical shift in my mindset, which I realized is critical to creating a truly sustainable world." <http://www.karmatube.org/videos.php?id=2047>

If Everest's glaciers melt, as scientists and the Elders say, "from our not doing enough, soon enough" to implement many of these practical and spiritual solutions, what would life be like? Here is another lesson why we need to be more mindful of leaving no trace as we enjoy walking, hiking, climbing, and sliding down our great mountains and the price of glory, after seeing this story:

A team of 20 elite Nepali climbers ventured into the Death Zone of Mount Everest to restore their sacred mountain and the contaminated water source of 1.3 billion people. They ascended to the highest point on the planet to bring down the 150 bodies of deceased climbers and 100,000 pounds of rubbish that remained on the high slopes of Everest. [http://www.imdb.com/search/title?plot\\_author=Anonymous&view=simple&sort=alpha](http://www.imdb.com/search/title?plot_author=Anonymous&view=simple&sort=alpha)

"That team of Nepali climbers are doing a great service for the All That Is," said Olivia. God bless these heroes for risking their lives. While the exact numbers of people whose source of water is from Everest varies along with the amount of contamination, these glacial and water challenges could be significantly reduced by cleaning up our own act with renewables, electric cars, organic gardening and education. We also need to give more assistance to these developing countries to do the same, learning from our mistakes, and send them prayers.

## PROTECT DAUGHTERS FROM PRETEEN PREGNANCY

A study showed that the difference in the health of communities, even down the road from each other, was the quality of the water. The safety of US water is considered questionable for lack of enforcement of the Clean Air and Water Act. (An author of the updated version was late Senator John Chafee (R), my relative). As a result, seven year old girls in some places are going into puberty from all the unfilterable hormones in our water supply from profit-motivated harmful livestock meats, dairy and other foods, and products with "perfumes/scent/fragrance." Those are code names for toxic synthetics scents from industrial waste plus urine that holds scent, hence huge profits. <http://www.harpersbazaar.com/beauty/health-wellness-articles/counterfeit-perfumes-chemicals-0110> Besides synthetic perfumes being banned in some places for triggering asthma attacks and other allergies, a Stanford U. study found synthetic perfumes in detergents also destroy the immune systems of some marine life, so use all natural brands, such as "7<sup>th</sup> Generation," Arm & Hammer powder (liquid version has toxic fragrances). Another hormone source is flushing pharmaceuticals from homes and hospitals. So don't, as some of these girls are also having babies.

By only using "essential oils" from real flowers & herbs ("aceite de flor & herb"), in "Joy," and some massage oils, atomizers, candles and ethical beauty products we lift our vibration, health, energy and love life! Because of the recent crackdown on performance enhancing drugs, and essential oils are effective in healing and lifting energy, one of the Super Bowl football teams smell lavender during games, the news revealed in April. Suzanne Summers just released her book, "Bombshell," where she shares her secrets about beating cancer, looking great and having a juicy sex life at 65 by getting rid of all chemicals and using medicinal herbs instead of drugs. The U.S and other countries are waking up to realize that the Asians who kept their Ancient healing arts, like acupuncture and medicinals, have a decade higher life expectancy than Americans. And by relying on natural remedies as much as possible, they are protecting their water and children like Europe. See "Native American Healing in the 21<sup>st</sup>

Century” <http://www.youtube.com/watch?v=aEGMzXq6W4A&feature=fvwrel>

### RESTORING PARADISE 101 – WATER

The bottling lobby has ensured that there are no laws safeguarding the purity of bottled water and soda. They increase profits by using tap water or low grade water, yet cities and towns do test water and have some level of safety, but it varies city to city, depending on if polluters are prosecuted. So besides a country mandate for clean water and air standards and green awards, share best practices of watchdogging corporate polluters and prosecution and upgrading your purification systems by exploring internationally tested ones like Grander. The Danes also have a system of keeping their pipe waters moving like Nature does, which raises the vibration and purifies water.

Said Eric Davies, a biologist and NASA Mars researcher on bringing plants on space missions, "Puerto Vallarta is one of the few cities in Mexico with guaranteed pure water" (*PV Mirror*) It's better than the majority of U.S. cities in the US." So Davies drinks water right out of the faucet in PV since most bottled water is usually tap water with plastic leached into it, so tap is many places is healthier, and stops plastic from destroying our oceans. By making test comparisons of the water quality of your city or town compared with bottled water, those communities with higher standards of purity could improve their health, while greatly reducing plastic garbage. So spread the word.

Bottlers could improve their karma this 2012 by using some of their vast profits to easily revitalize their water using breakthroughs like Grander and to protect the rivers and streams of communities whose water they use. And given the expected increasing water shortages and droughts, to take pressure off already challenged communities, bottlers could invest in solar desalination, which could be very profitable doing good.

### INCENTIVES KEY TO CONSERVING ENERGY & WATER

Said Davies, "A good way to solve the water shortage is adopting the PV electric bill system that charges higher rates for those who use more electricity." They realized that giving big discounts for buying energy and water in bulk mainly benefits corporations and the rich, particularly when resources that belong to all the People become even more scarce. The PV system gives an incentive to conserve electricity as it will water. Tax incentives that have been used to fleece Americans and other world citizens and deplete or degrade our resources, should immediately shifted to streamline citizens shifting to renewables, electric cars and organic orchards and gardens at schools and community spaces. This is a sane way to mobilize humanity in this global emergency to prevent massive die-outs. (CNN) Plus countries dependent on glacier melt, while you are shifting to renewables, please explore solar desalination and plant vast numbers of fruit trees, since parts of Asia are already famine challenged. Or those with the means please give them a hand!

### LATIN AMERICAN WOMEN LEADING KEEPING WATER RIGHTS FOR THE PEOPLE



Celebrating Latin American Women with Claudia Rivas, Mexico's top triathlete at Puerto Vallarta's 2011 Pan Am Games

Sports are helping make Latin America the emerging region of the planet. With Mexican children being No. 1 in Juvenile Diabetes and the epidemic problematic everywhere, seven Latin America champions of volleyball, sailing and triathlon at Puerto Vallarta's part of Guadalajara Mexico's 2011 Pan Am Games, made a beautiful move. Led by Mexico's top triathlete, Claudia Rivas, who just missed the bronze, they are cheering on their country's youth to be lean, clean and diabetes-free! To help inspire a healthier generation they all offered to give sports clinics in their schools and raise awareness about nutrition. For example, how a raw organic fruit and veggie diet can in one month end diabetes. These sports heroes would also urge them to planting of organic fruit trees in schoolyards, and flats of organic sprouts for tasty nutritious school lunches. And to cut down to a healthy number of grams of sugar a day, 15, they are proudly raising awareness that the South American tribal-discovered zero carb herbal sweetener, Stevia can help. We are looking for partners to help make this happen, joined with these Mexican Heroes:

Mexican Body Builder Champions, Manuel Murillo and Yael Sanchez have been spearheading detoxing Mexico with the Mexican Olympic Committee, healthfood stores, and gyms after Manuel couldn't afford a liver transplant from all the toxic food and products surrounding the people of the Americas, but was able to heal himself with organic foods and shifting to all natural products. Thanks to a grant from the Jalisco State Government, they have been giving popular toxin awareness seminars that have been waking people up, along with watching Dr. Sanjay Gupta's and Ted Turner's CNN's "Toxic America Series."

For example, said Yael, "When people understand how harmful sugar is they immediately shift to healthier Stevia sweeteners, especially since our Mexican government created a strict law stopping the selling of sugary foods in or near schools. We would like to also do our talks with your organic fruit tree planting in the Puerto Vallarta schools, so kids will understand that they are also getting smarter by eating organic foods and using all natural products, because pesticides hurt our brains." ([organicvallarta.com](http://organicvallarta.com)). Mexico is now growing Stevia and Bonafont just pioneered offering Stevia sweetened beverages in Mexico. Healthfood stores and the big bottling companies are now offering these healthier drinks in the U.S. and many countries after seeing how Asia doesn't have our obesity and diabetes epidemics after becoming the biggest grower of Stevia and using it in a high percentage of products and beverages since the 70's. Healthy vibrant people make better Earth Caretakers.

Empowered by sports and this clearer thinking, Latin America Women are now an important global force. For example, Eric Davies sent me an article in May's *Truthour*. It said, "A global trend is growing to assure that household water be free or cheap, accessible, and safe, and that the earth's water be kept pure and flowing." The turning point was in 2000, in Bolivia when Marcela Olivera played a key role in organizing the massive protests in Cochabamba when residents of the city forced the Bechtel Corporation to give up control of the municipal water system to restore their water as a human right for all, instead of as a source of corporate profit. This victory, which helped Evo Morales get elected Bolivia's President, has been repeated elsewhere around Bolivia, Latin America and the world, mainly by women networking much like the Mother Tree of the forest! <http://truth-out.org/news/item/9087-water-is-where-everything-intersects-water-in-the-global-commons>

Mexico City also had the foresight to host the first "Women's International Year" in 1970, where my Olympic mom Stevia and I introduced sports to their *World Plan of Action* "to develop our full potential like the men." The conference was wisely funded by the sister of the Shah of Iran and Queen Farah Diba Pahlavi, whom I skied with in Iran in the 70's for a tourism film with Billy Kidd. Perhaps the most amazing skiing Head of State? <http://unofficialnetworks.com/skiing-iran-billy-kidd-suzy-chapstick-queen-persia-1978-57456/> So thanks especially to Latin American, Middle Eastern (3 women jointly won 2011 Nobel Prizes for helping Arab Spring), U.S./Native (Billy Jean King is Cherokee), Scandinavian, Greek/Minoan, Chinese-Mongolian, Siberian/Russian and my Slavic mom for helping all women brilliantly blossom again, just in time, through sports or living harmoniously off the land!

Tribally, "The joyfulness of the Latin American Tribes lifted the spirits of our Native American Nations at the amazing Opening of the DC's Smithsonian National Museum of the American Indian next to our Capitol," said my co-chair at the time, Ed Hall (SD's Mandan-Arikara-Hidatsu), a US Dept of Interior administrator.

**PROPHETIC?** Could this be the fulfillment of the prophecies that the women, who are natural nurturers, and Indigenous, who are more male-female balanced, are guiding humanity back to a sustainable world? And thank God mainstream males have seen the light and are becoming more beautifully balanced nurturers.

## PROLONGING SNOWSPORTS AS PLANET WARMS

Scientists and Elders say that part of our global warming is natural so everything we do as a community and Earth Family, to prevent the human part of the warming can make a huge difference. Since LA scientists say that the “No.2 cause of our smog,” which is melting our glaciers and causing snow droughts, behind tailpipe exhaust, are the fumes from toxins in our household products. The good news is that those very same toxins in our enclosed homes are the main cause of cancer, so shifting to all natural products, including green building, is a win-win. CNN’s Dr. Sanjay Gupte in “Toxic America” says that household plants and opening windows can filter out 80% of the toxins.

Some U.S. companies are making hormone and toxin-free products for Europeans because the E.U. has strict laws banning 35 toxins (compared to U.S. 5 and Japan’s 48), and their green business is booming. So let's also protect America's and the world's children by insisting our representatives pass the "Safe Chemicals Act" ASAP so we get those healthier products in our own countries. Plus tell the companies what you want! Meanwhile, as Oprah says, vote at the market place by simply buying green – not greenwashed products, so look at the ingredients to ensure they are all natural or organic, with God-made revitalizing “life force” energy.

Thanks to an environmental scientist, Matthew Turner clueing me in about these greenwashing trade secrets in products, my elevated cancer cells returned to normal in three months. Matthew learned those hard lessons as a result of a car accident where synthetic detergents covered him and nearly destroyed his immune system. (ascensionearth.com). What is confusing is that health food stores, even though they sell authentic organic foods, sell many green sounding beauty products with toxins thrown in, like (synthetic) fragrances, so you have to look at the ingredients. A quick sign that a product may be all natural is it only has a few ingredients, instead of a long list. In appreciation for my comeback, I put together a list of the ‘Top 10 Toxins’ to avoid while shopping: <http://snowriders.org/docs/TOP10TOXINS.pdf> EWG.org has database and ways to help.

By greatly reducing toxic chemicals in industry and home worldwide and revitalizing our waters through breakthroughs like Grandeur, and green golf courses, renewables, and snowdances instead of snowmaking (costly dirty energy), we can make a huge leap in purifying our mountains so Mother Earth doesn't have to. I know it's hard to swallow at first that our planet is transitioning into a milder climate. But if countries agree on timetables for phasing out toxins at RIO+20, aiming at eliminating the worst 100 out of 82,000, within three years for example – the companies who have had integrity with the consumers will befittingly be the first to prosper - we could save our children from cancer and save snowsports by decade(s)!

## SWEDEN - FIRST OIL FREE NATION!

Hail to Sweden for just announcing its plan to be the first oil free nation by 2020 - after also switching from nuclear to renewables. <http://www.treehugger.com/renewable-energy/sweden-raises-the-renewable-energy-bar.html>

Retired U.S. Admiral Dennis McGuin said in Anchorage in April at the Renewable Energy of Alaska Project (REAP.org), that “depending on fossil fuel is a threat to our national security (war & environmentally) and is bankrupting our country.” Therefore we U.S. citizens must first stop the Keystone Pipeline from happening since it would shift a major chunk of US renewable funding to oil. While other countries are moving forward with sustainable green technology, the U.S. would be going backwards and it is suicidal since Tar Sands oil excavation puts enormous amounts of Co2 in the air, and requires extraordinary heat to extract that is killing our North American forests and further heating up our planet and melting our glaciers and snows. It would also contaminate the water and air of Canadian and US communities all along the way.

## TAR SANDS, KEYSTONE - “CIVILIZATION WILL BE AT RISK”

James Hanson who directs the NASA’ Goddard Institute for Space Studies, shared his plan on May 9 in the NY Times, in this landmark story, “Game Over for the Climate.” He said, “If Canada exploits the oil in its tar sands then Civilization will be at risk.” U.S. citizens have been artificially subsidizing fossil fuels with billions so oil companies can make huge profits at the expense of the environment. We now know that renewables can even generate money for schools, ski areas and homes. Hanson says, “The science is clear-it’s time for the politics to follow with this plan to solve the tar sands and the fossil fuel global warming dilemma that can unify conservatives and liberals, environmentalists and business!”

[http://search.aol.com/aol/search?query=Game+Over+for+the+Climate++NY+Times+Opinion+Section+May+9%2C+2012&s\\_it=keyword\\_rollover](http://search.aol.com/aol/search?query=Game+Over+for+the+Climate++NY+Times+Opinion+Section+May+9%2C+2012&s_it=keyword_rollover) By the world following nuclear-free Austria and Sweden, soon to be oil-free, plus the Ukraine, Mother Earth could regenerate Herself and our snowsports could be spared another decade or two.

### BEST FRIENDS OF OUR CHILDREN

That is why the Indigenous Environmental Network (IENearth.org), headed by Tom Goldtooth, has been a leading activist organization in heroically opposing destructive projects like the Keystone Pipeline. IEN is an alliance of grassroots Indigenous Peoples whose mission is to protect the sacredness of Mother Earth from contamination and exploitation by strengthening, maintaining, and respecting traditional teachings and natural laws."

IEN is also collecting extremely valuable Native American environmental input for RIO+20 along with TEBTEBBA.org, Indigenous Peoples International Center for Policy Research and Education. God bless them for being the best friends of all our children along with Swedes. Their wisdom comes out of nearly balanced male-female parliamentary leadership, following the balanced Iroquois, who created the most advanced form of democracy on Earth, whose Clan Mothers trained and chose the chiefs and could replace them if they didn't put nurturing the families first. Sweden's oil-free landmark is paving the way for the following EARTH-SAVING breakthrough by the world's youth:

### YOUNG GENIUSES!

Anastasia, the mystic of Siberia, whose "Ringing Cedars" books about her, are influencing 100 million readers worldwide to prioritize green action, especially shifting to organic farming to protect the air and water of Mother Earth. She cited the biggest threat to humanity next to nuclear energy, are the toxins from tailpipe exhaust, which combine with the dust to form particulates that we breathe. Besides poisoning our bodies "they lower the IQs of children," said CNN's Dr Sanjay Gupte in his "Toxic America" Series.

Tailpipe exhaust is the major part of the smog that is covering our blue skies, oceans and mountains, which cause snow droughts. And those same clouds from Asia, the US and Canada are also blown in the trade winds to melt the Arctic glaciers, said Gwichen biologist, George Pletnikoff, the overseer of the three Arctic oceans. The toxins also react with each other and are killing the plankton, the food of the world's whales, and our oxygen supply along with the world's forests.

### "WE ARE INHERITING THE WORLD"

To facilitate the input by international youth organizations preparing for RIO+20, they created a Youth Caucus (under 30). <http://www.wordpress.youth-leader.org/2010/09/un-csd-youth-caucus-for-rio20-in-2012/> They rightly say, "The politicians aren't inheriting the Earth, we are!" Therefore, besides switching to renewables and natural products, PLEASE, ask those with resources, heart and vision, to help put on the road

electric cars with a lot more fuel efficiency than today's, and ideally using solar or wind sources. If teams of high school and Jr high students can each invent electric, zero emissions cars that get between 300 and 400 miles to the gallon, than so can adult auto makers worldwide! <http://www.lacar.com/?p=5077> and <http://forum.deviantart.com/community/politics/1722805/>

### CAR COMPANIES STILL IN BED WITH BIG OIL

Do you think the same people who killed our electric trolleys have changed their spots? Today's automakers are dragging their feet as long as we allow them because they are still in bed with oil companies. "The only reason Detroit hasn't made the shift is because of greed," Jack Chrysler, the grandson of the founder told the mixed youth at Telluride's Ute Cultural Camp he sponsored at the base of magnificent Mt Wilson with Telluride's Loey Rinquist. Therefore, a team of Earth Heroes needs to start new car companies by 2013 to help ensure we don't have to kiss snowsports and our Civilization goodbye anytime soon. This generation of youth who were born smarter than we were, and obviously are now, can light the way, so we need to listen! Anastasia created a formula at Tekos(.org) to give children the tools to help make them even wiser: Making these simple shifts are ways that we can cost-effectively CHOOSE LIFE, starting with putting the resources to design our future in the hands of "the People," who, according to polls, overwhelmingly want a safer renewable powered world. So let's do it a

## ICELAND FORGIVES MORTGAGE DEBTS, ECONOMY BOOMS!

"The purification" is about cleaning house on all levels. On May 06, J. D. Heyes revealed how citizens of the U.S. and other countries can restore their rightful homes and thriving economies by using Iceland's shining model. Like the U.S. and Europe, they had a similar mortgage meltdown crisis caused by many banks also deliberately selling homes at inflated prices. Iceland's solution has worked so well that "its economy in 2012 will surpass that of the entire euro zone!" And they are sticking with their own currency.

The solution was NOT an austerity plan where the banks and corporations continue to rip off the people, Heyes advises, but Iceland's new policy of "People First." Analysts say Iceland's approach to solving its financial and economic problems put people ahead of markets at every step. The island's households were helped by an agreement between the government and the banks, which are still partly controlled by the state, to forgive debt exceeding 110 percent of home values. "You could safely say that Iceland holds the world record in household debt relief," said Lars Christensen, chief emerging markets economist at Danske Bank A/S in Copenhagen.

For masterminding this crisis, or turning a blind eye, a special prosecutor has announced that as many as 90 people may be indicted, including possibly Prime Minister Geir Haarde in 2009 for his role. More than 200 others, including former chief executives of the country's three largest banks, will face criminal charges. What also worked was when it was judged in October 2008 that the country's banks could not be saved, the government stepped in immediately and fenced in domestic accounts while leaving international creditors out of the loop. "The central bank imposed capital controls to halt the ensuing sell-off of the krona and new state-controlled banks were created from the remnants of the lenders that failed," said Bloomberg. And this unorthodox crisis policy response has succeeded.

So US and other world citizens don't need to further suffer under trumped up austerity measures, we just need to understand that not all leaders have our interests at heart, and that we have been double duped, and we need to find and support leaders with integrity who can implement Iceland's brilliant model to avoid being further enslaved, and like Iceland, launch a new era of prosperity of People First! And healthy economies are very good for funding renewables that protect our ice and snow and snowsports lovers. Viva Iceland! See [http://www.naturalnews.com/035779\\_Iceland\\_mortgage\\_debt\\_economy.html](http://www.naturalnews.com/035779_Iceland_mortgage_debt_economy.html)

## HAIL SNOWSPORTS LOVERS!



Snowdancing in the clouds at Mt Baldy, a Holy Mountain, 49 minutes from downtown LA. ©Mike Florkowski

## IS THAT HEAVEN ON EARTH OR WHAT?

Hail to skiers, boarders and the tribes for taking a chance in creating this unprecedented snow bridge between our cultures that planted the seeds of restoring Man's harmony with Nature to help preserve our Civilization! And hail to all the gifted Elders, scientists, photographers, image companies, filmmakers, ski leaders, supporters, and board, especially Olivia Ellis, Valerie Nunez and Nick Pasquale, who have helped create this "work of heart" to celebrate our dear dear Earth Mother. Since the ski areas with the greatest respect for Mother Earth and Her spiritual caretakers were blessed with the most snow this year, and since snow is the key to prospering, then we are experiencing the dawn of the new era where those with the biggest hearts thrive! (This was predicted at Mammoth's 2009 World Ski Congress by a lawyer.)

## CONSENSUS & EMERGENCY TIMETABLES FOR ACTION AT RIO+20

With enough people embracing some of these practical and spiritual ways wisely shared by ski areas, Native Elders, mystics, and youth geniuses, together with the most effective environmental groups attending RIO+20, we can put People First and make these solutions priorities. We hope and trust that this research has saved much time to reach consensus and be able to set emergency timetables, starting with shifting from nuclear to renewable worldwide.

## PRIORITY ONE - A NUCLEAR-FREE WORLD

In case anyone is not yet familiar with the aftermath of Europe's Chernobyl meltdown, here are some horrific facts: [http://en.wikipedia.org/wiki/Chernobyl\\_disaster\\_effects](http://en.wikipedia.org/wiki/Chernobyl_disaster_effects) It contains a map of the on-going contamination levels in each zone that stretches across Europe all the way to Canada. *Huff Post* says Fukushima is many times more catastrophic and is continuing to dump vast amounts of radiation into the ocean and air, contaminating the U.S. and "the disaster is far from over." [http://www.huffingtonpost.com/robert-alvarez/the-fukushima-nuclear-dis\\_b\\_1444146.html](http://www.huffingtonpost.com/robert-alvarez/the-fukushima-nuclear-dis_b_1444146.html) Australia's Dr. Helen Caldicott, who won the Nobel Prize for exposing humanity to far-reaching medical affects to millions of people and nature from nuclear radiation, is now warning people about the risk of eating wild seafood and swimming in the Pacific Ocean in Hawaii and the U.S. West Coast now, since she says our government is not sharing the monitoring information. <http://www.youtube.com/watch?v=BZcYI3bqpIE&feature=youtu.be>

## HOW FUKUSHIMA MELTDOWN COULD HAVE BEEN PREVENTED & 437 MORE!!

Placing solar & wind facilities next to all nuclear plants so they have off-the-grid electricity

Given more expected droughts, fires, and other purifying earth changes, the Elders say humanity MUST convert ASAP from nuclear to renewables. There is elevated seismic activity worldwide, especially in the "Ring of Fire Zone" on our West Coast where some nuclear plants are on fault lines. We therefore need to follow the lead of New Mexico and prioritize in RIO+20's timetable putting solar and wind facilities during this transition next to all nuclear plants to ensure they have off-the-grid electricity, which could have prevented Fukushima's meltdown! Fukushima was thousands of times more destructive than the combined Hiroshima and Nagasaki bombs. Therefore nuclear reactors are the greatest threat to humanity, (along with all things nuclear), as Mother Earth can eventually regenerate, but the human race may not.

There are 438 nuclear plants in 31 countries around the world, 104 of them in the U.S. While they together produce a mere 13.5% of our electricity, one human error, malfunction, fire, terrorist act, or earth change could again wipe out a huge chunk of humanity and the marine life in our oceans. A handful could wipe out much of humanity. Yet solar and wind energy could easily replace that 13% within a few years to help restore our World Security. Shifting immediately would help bolster economies with green jobs and through solar energy, (where there's enough sunny days), can even generate a profit with zero safety risk.

## INGREDIENTS OF YELLOW CAKE!

More and more are waking up to the fact that each of the 438 nuclear reactors plus another 50 “nuclear research” facilities and untold uranium mills and mines, can each produce enough (phenomenally profitable) yellow cake, which is “partially processed uranium,” to produce 10 nuclear bombs per year! It is in plain sight on Google. And of course they want to sell it! And the nuclear industry is hoping we will stay too distracted to notice. When my Telluride friends told me that the nuke industry wanted to put a reactor in our beloved Colorado Ski Mecca, that’s when I dug deeper and discovered all this. OMG!

## PLEASE WAKE UP!

I was also shocked to learn that there are **eight countries with nuclear capability**, but all **31 countries with nuclear plants, nuclear research centers, and uranium mills now have the yellow cake components to make some level of nuclear bombs!** And how many other countries are they freely selling it to? Colorado’s proposed Paradox uranium mill owned by a foreign company even freely admitted in U.S. press that they are planning to sell their yellow cake to Asian countries without even disclosing which ones. What kind of National Security is this? Yet US Citizens have been unknowingly paying for ALL this for the profit of a few men, instead of community needs like free healthcare and education, green schools, feeding the 17 million hungry children in the U.S, and the half a billion worldwide.

Some hawks talk about wanting to bomb a country for having nuclear bomb capability, yet one of our mills, reactors, or research labs may have sold them the yellow cake? Do you see how this is an escalating horrific dysfunctional addictive pattern of our Military Industrial State, which President Eisenhower warned us about on his last day in office 51 years ago. <https://www.youtube.com/watch?v=8y06NSBBRtY&feature=topics> That is how they keep us in constant war so a few men can be trillionaires at the expense of our precious sons, daughters and a vibrantly healthy prospering humanity. So this will escalate and end very badly unless we as a human race finally decide to stop enabling profiteers at RIO+20, and make these basic steps to a Healthy World. That’s why I like Ike!

## NUCLEAR PROLIFERATION QUIETLY GROWING BY LEAPS AND BOUNDS

While many leaders talk about becoming nuclear-free, some are sincere, some not, if you also connect the dots you will also see the reality that we are being lulled to sleep while: Nuclear proliferation is quietly increasing by leaps and bounds, EVEN AFTER FUKUSHIMA, because of vast ADDICTIVE profits for those keeping the status quo. Yet some leaders would sincerely like to see a Nuclear-Free world, but need a Mandate from World Citizens to make that possible. So the UN’s answer, a combination of Ancient Wisdom and Nobel Prize Wisdom, that leads to a RIO+20 Nuclear-Free Mandate, is absolutely critical.

## HOW TO MAKE THE RICHEST 1% HAPPIER

**THE GOOD NEWS** is that *Psychology Today* says the richest 1% is only slightly happier than the bottom 1%. That insight was given me in 2003 by Walter Dunn, a marketing advisor of Coke, when I was urging them to use Stevia to prevent diabetes, especially among the Indigenous who have less enzymes to process sugar. A mandate at RIO+20 to shift from nuclear and oil to renewables and electric cars, can therefore also make the rich happier by requiring them to learn the far more PASSIONATELY gratifying joy of sharing and providing clean air and water for their grand children as their birthright. I found that giving back is the highest of all highs! The super rich could be as happy, respected and beloved by billions, like Ted Turner. And that could make the billions in the bottom 1%, who are often the most generous and spiritually advanced – I call some of the tribes “spiritual billionaires” - and the billions who are brilliantly working on healing this social and environmental injustice, ecstatic!

## PRESIDENT OBAMA’S “NUCLEAR-FREE WORLD”

President Obama declared at two UN meetings that “America seeks a world without nuclear weapons,” and a “Nuclear Free World.” <http://uk.reuters.com/article/2009/04/04/uk-obama-europe-idUKTRE5332AK20090404>

According to all the data, nuclear proliferation cannot be stopped without shutting down all nuclear energy reactors, research facilities, recycling centers, and uranium mills and mines. In addition to the risk of a Chernobyl or Fukushima if we continue down this path, ALL of them leak into the water and air, and contaminate man and nature every day “forever,” sickening more and more of humanity, said Nobel Prize winner Dr Caldicot. Because the U.S. has more nukes and nuclear plants than any other country, President Obama’s goal is significant. At RIO+20 may be our last chance to make that a reality for our children!

While shifting the nuclear and fossil fuel tax subsidies at RIO to renewables, we applaud the United Nations Secretary-General Ban Ki-moon for calling for strong international safety standards to prevent future disasters, and urge RIO+20 to adopt New Mexico’s transitional prevention measure. He also urged nations to draft a universal declaration on a “nuclear-weapon-free world.” Since no one country can create a nuclear-free world, the Greatest Gift to Future Generations would be to cut our losses, and...

Finally Restore World Security by taking One Large Step for Mankind at RIO+20 to be [Totally Nuclear-Free, and set Timelines for World Nuclear Disarmament and Shifting from Nuclear to Renewable Energy.](#)

By shifting to renewables and following Ted Turner’s advice on page 15, of basically using diplomacy and restoring the dignity of all peoples, Earth Citizens can save trillions of dollars. By focusing on helping heal the wounds, hearts and lives of our sisters and brothers in our own countries and others still traumatized, hungry or in pain, depression and anger from acts of terror, wars, catastrophic earth changes, and especially from nuclear radiation and tens of thousands of birth defects, we are healing the roots of war and conflict. And in healing others’ hearts we are healing our own and Mother Earth. With the massive money saved and put in the hands of The People and leaders who walk their talk with integrity, our Civilization can phenomenally flourish.

The world will take the U.S. more seriously, if like all the other G8 countries, we also immediately shift the lion’s share of our War Budget toward renewables, schools, healthcare and healing other countries. Ben Cohen’s YouTube pie chart shows how our U.S. war chest exceeds the war budgets of all our potential enemies combined. And most Iron Curtain foes are allies now. [http://www.youtube.com/watch?v=\\_sOIe5QI0v8](http://www.youtube.com/watch?v=_sOIe5QI0v8) A positive sign is President Obama in May urging Congress to act on a “To Do List” that includes passing legislation investing in clean energy and tax credits for renewables. He said at a wind turbine factory in Iowa in May that “20 percent of all the electricity used in Iowa is generated by wind power, and there are more wind power jobs in this state than any other in America. Overall, the United States generates enough electricity from wind to power 10 million homes. And there are 500 production facilities in 43 states putting people to work in that industry.

### [“FOLLOW EXAMPLE OF UKRAINE’S NON-PROLIFERATION” –UN Sec Gen Ki-moon](#)

The UN Secretary-General also said, “I urge leaders of other Member States to consciously follow the example of Ukraine and its real actions to promote disarmament and non-proliferation.” He recalled how the Ukraine had voluntarily abandoned its nuclear weapons and stockpiles of enriched uranium. And to raise awareness of nuclear safety, they convened the Kyiv Summit and have consistently insisted on legally binding security assurances.” [www.nti.org/treaties-and-regimes/united-nations-general-assembly/](http://www.nti.org/treaties-and-regimes/united-nations-general-assembly/)

Said Dr. Ellis, “the Ukraine is also strengthening international peace and freedom of religion guaranteed by state law, utilizing wind and solar energy to meet its obligations under the critical Kyoto Protocol, and requiring organic practices for its rich agricultural farmlands capable of feeding all of Europe.” With this high standard of green leadership and social justice in their pristine lands, we hope the people of the Ukraine win their bid to host a truly Green 2022 Olympics in the dramatically majestic Carpathian Mountains.

To create integrity with Mother Earth again and heal the cause of war, it would make sense that even more of the war budgets worldwide be shifted to humanitarian and environmental groups, many at RIO+20, who have the best track records, to lift up our own marginalized people and contaminated communities, while other groups lift the people of those countries starting with the ones we have wronged in some way. For example, we now all agree we

wrongly bombed the great People of Iraq, the ancient "Cradle of our Civilization." Women and Indigenous peoples need to play a major role in this healing of our World Family since we are great nurturers and healers for eons, especially of relationships. Iraq even requested female soccer coaches.

The Hopi Elders have warned us for decades in the "Book of Hopi" by Frank Waters that, "Three of our worlds have already been destroyed. Top scientists, including a Nobel Prize winner, now agree that these destructions were nuclear related. See <http://www.sportsfeatures.com/presspoint/pressrelease/52610/olympians-urge-choosing-prophesized-1000-years-of-peace-vs-nuclear-energy-suicide>

Therefore this June, we MUST as a Specie, agree on a timetable to shift from a nuclear to a Renewable World to Protect and Regenerate our only HOME. Therefore, the Elders say this shift MUST be Priority One at RIO+20.

## 12 RIO+20 MANDATE PRIORITIES

1. The Number One Priority of Native American and other Indigenous Elders for RIO+20 is [agreeing on the mandate to create a Totally Nuclear-Free World](#) by setting streamlined timetables for World Nuclear Disarmament. And declare nuclear energy a catastrophically failed experiment that also threatens All Life. And because all nuclear-uranium facilities also create nuclear bomb components, [agreeing to mandate closing all nuclear-uranium facilities with streamlined timetables](#) to get to a more Secure World. [To create a safer transition to a nuclear-free \(and then oil free world like Sweden\), embark on massive building campaigns](#) requiring millions of workers of off-the-grid solar and wind facilities [first near all nuclear reactors](#), which could have prevented Fukushima's meltdown and could prevent more in the 438 nuclear plants worldwide (that provide a mere 13.5% of our electricity.)

The Elders also see this 2012 Earth Summit as the most critical time to agree on these 11 other priority mandates and two strong recommendations to shift from today's deadend "Corporate First" World, to a sustainable thriving "People First" one. That can be effectively done by RIO+20 participants implementing these People First Mandates with streamlined timetables:

2. Since we are rapidly reaching a point of no return on climate change and a legally binding global treaty to prevent catastrophe is years away, RIO+20 MUST [agree on a mandate](#) initiated by Mexico, New Zealand, and Switzerland to save the planet [by ending fossil fuel subsidies and loans](#). Leaders from the eight most powerful countries including the US, Japan and Russia have just voiced their support. Equally critical is [agreeing as part of the mandate to shift this \\$1 trillion dollars of taxpayer subsidies to Big Oil, Coal and Gas to Clean Renewables and Electric Cars with Timetables](#). [http://www.avaaz.org/en/can\\_mexico\\_save\\_the\\_planet/?cl=1829986560&v=14691](http://www.avaaz.org/en/can_mexico_save_the_planet/?cl=1829986560&v=14691) President Obama said on the Jimmy Fallon Show on May 30 that he wants to shift those subsidies to clean renewables. Thank you President Obama as this infusion will also streamline getting 300 mpg electric cars on the road to restore our blue skies, lung and brain/IQ health, natural snow cycles, and slow down the melting of glaciers. However, as part of the mandate, delegates [must also agree to stop all the subsidies and loans for nuclear anything be shifted to renewables, starting with building them next to all nuclear plants](#), which they negligently omitted to increase their profits at the expense of communities.

3. [Agree on a mandate to create \(ethically\) scientifically realistic enforceable laws to protect the water, air, land and endangered species with SIGNIFICANT fines](#) to countries to deter contamination and pay for clean ups and all those harmed, as you cannot restore land and water to its priceless pristine state, nor many people's health and children in their developing years. [Or, give Mother Earth Rights as guidelines](#), like Ecuador and Bolivia in their Constitutions. Last year an Ecuadorian river won in a court case against a polluter. And post these RIO+20 Report Cards like corporations do quarterly.

4. Following the lead of Latin American Women, [agree on a mandate that NO corporation may own a country's water. It is a human right](#). And to [keep energy and water bills the lowest for those who use the least](#) to preserve the Earth's energy, air, water and lands for the People.

5. Agree on a mandate that requires countries to provide free fruit trees to schools (churches and community gardens) plus sprout seeds to give children the basic human right to health, including with emergency Food Bank Aid for long term solutions. Trees pull up water from aquifers to moisturize eco systems, like it did Israel and could the direst famine area, Sub Saharan desert. In so doing we can easily address all these costly emergencies: Starvation from famines, one billion hungry Earth Citizens-half children, regenerating the environment, slow down melting glaciers, prevent droughts/forest fires, water de-contamination, low oxygen, malnutrition, and diabetes, so our Civilization can radiantly bloom. See free tree sources in North America and how it is done through the forest service and youth groups. <http://www.uncsd2012.org/rio20/index.php?page=view&nr=1097&type=230&menu=39>

6. Agree on a mandate to forgive mortgages using Iceland's model to put People First and help create booming economies and restore the financial integrity of banks and countries.

7. Using the E.U. and Japan as models, agree on a mandate to ban 100 of the worst toxins out of 82,000 in the market place today within two years so we have a chance to regenerate our glaciers, children's developmental health and oceans to prevent "massive die outs." (CNN) The number one toxin is nuclear radiation because some Elders say that it is far more destructive than all other toxins combined.

Elders agree with a proposed US requirement of protecting millions of animals by testing toxins using human cells in petri dishes. Meanwhile we strongly suggest that the UN partners with each country to complete a list of all natural products recommended on the UN's Earth Caretakers List. (like organic certified)

To keep golf courses open as long as possible by preventing shortages of healthy drinking water, agree on a mandate that all golf courses immediately make water conservation steps to then shift to green practices (pesticide and herbicide-free) to be completed within 2-3 years. The desert, mountain and ocean courses should be within two year since they are most critical for survival. With desert golf courses using a million gallons of mainly drinking water a day, this global shift could protect approx a quadrillion gallons a year of water worldwide since almost 1,000 golf courses shifting through Audubon international to green practices have protected approx a trillion gallons of public water. And there are 32,000 golf courses in the world, 20,000 of them in the US. Since golf just became an Olympic sport, demonstrate good sportsmanship to your guest players and nature, by heroically contributing this major solution to regenerating Mother Earth.

8. Agree on a mandate to require bottlers to list in "ingredients" the water purity standards for plastic water bottles and beverages by an independent testing company. Plus a mandate for cities and countries to be up to a standard of water purity and to regularly publish purity standards so locals and visitors can compare purity standards of bottled water to tap water to decide if tap is healthier given that plastic leeches into water and plastic is destroying our oceans. Suggest exploring Grandeur and other revitalization systems to raise water standards, to restore contaminated water, and to reduce chemical usage by industries, plus solar desalinization to offset water shortages from melting glaciers to keep the peace and health. (Grandeur.org)

9. Agree on a mandate to ban the use of Genetically Modified Organisms - GMO seeds, and their related nano technology (mutating Nature by injecting fish genes into plants...), as the only way to guard the purity of natural seeds and (embryonic seeds of humans) those eating them. Some GMOs can rupture the stomachs of everything that eats them, insect, animals or infants, yet lobbyists have prevented them from being disclosed on ingredients in many countries like the US. Both Pope John-Paul II and Pope Benedict have warned farmers about the danger of using GMO seeds. Vandana Shiva: Create Food Democracy, Occupy our Food Supply explains how GMO seeds are blowing into organic fields and cross-pollinating with heirloom seeds that reproduce forever. If the use of GMOs is not stopped at RIO+20, these "suicide" seeds because they die each year, could soon put most of the world's food supply in the hands of corporations with one goal: Profits. Europe and other countries have banned the import, sale, use and planting of GMOs due to "lack of testing and long term study of human health and environmental effects." Tests on animals that refused to eat GMO feed, and were force-fed, "developed mutations, lesions, abnormalities, diseases...and some have died." African countries resisted thanks to grandma-power and GMO seeds lost their resistance to insects. Asia and the US have succumbed the most to GMO takeovers. "Regardless of dozens of scientific warnings, the FDA has approved use of GMO ingredients in 75+% of America's foods and body products." [http://www.purezing.com/living/toxins/living\\_toxins\\_gmofoods.html](http://www.purezing.com/living/toxins/living_toxins_gmofoods.html)

When Oren Lyons, Chief and Faithkeeper of the Onondaga Nation of the Haudenosaunee (otherwise known as the Iroquois Confederacy or Six Nations: the Onondaga, the Mohawk, the Seneca, the Cayuga, the Oneida, and the Tuscarora), opened the United Nations ceremonies in the General Assembly for the 1993 International Year of the World's Indigenous People, he asked Arvol Looking Horse to deliver a blessing in the Lakota language, then he called for world peace and harmony after which he thanked everyone. He began his talk by explaining the democratic principles their societies were based on. He said, "We were told that the seed is the Law. Indeed, it is the Law of Life. It is the Law of Regeneration. Within the seed is the mysterious and spiritual force of life and creation. Our mothers nurture and guard that seed, and we respect and love them for that, just as we love Etenoha, Mother Earth, for the same spiritual work and mystery." He also shared a prophecy he had been told that a time would come when tending their gardens they would pull up their plants and the vines would be empty. He said those days were now as nuclear and toxic waste had been dumped on their precious land. Sterility, not regeneration, had been handed to them. He concluded by saying, "We need the courage to change our values for the regeneration of our families, the life that surrounds us. We can raise ourselves. We must join hands with the rest of creation and speak of common sense, responsibility, brotherhood, and peace. We must understand that the law is the seed, and only as true partners can we survive."

That was twenty years ago. Since then more nuclear waste has been dumped on their lands, more uranium mining, coal, gas and fracking. On top of that GMO crops from neighboring areas have cross pollinated their heirloom seeds and contaminated them, whoever eats them, as well as the land and water that receives them.

10. Since silver-mercury dental fillings are 50% mercury and are half the cause of mercury contamination of streams and oceans of many countries, including the U.S., and it causes fetal brain damage in pregnant women, Alzheimers and many other disorders (on <http://spiritofhealing.com/diseases-caused-by-mercury>), follow Norway, Sweden and Denmark and [agree on a mandate to ban of mercury dental fillings](#). Norwegian Minister of the Environment Erik Solheim said, "Mercury is among the most dangerous environmental toxins." Mom's Against Dental Mercury" and "Coalition for a Mercury Free America" recently won a lawsuit against the FDA for harming U.S. children. In so doing we may again someday be able to drink and fish out of the world's streams.

Our U.S. Government (OSHA) pays for evacuating public places if a mercury thermometer is broken, since one dental filling can contaminate a 20 acre lake. Governments should pick up the difference of the slightly higher cost of a non toxic filling, like white resins, which "do no harm" to Man (and should be Nature)– the Hippocratic Oath as a cost-effective preventive measure for protecting our waters, restoring fishing in streams, and paying for fetal brain damaged children they have knowingly let happen for years. This movement is guided in part by Mexican-American Biological Dentist Dr. Roberto Villafana, whose Mayan people were pioneers of dentistry. He has helped Mexico be nearly mercury free after helping, along with Olympians, tribes, Environmental Committee Chairman Senator Jim Jeffords/Iroquois Jeff Munger, the U.S. reduce dental mercury by 48% over seven years, and Wall Street no long funds mercury mining!

11. To ending bullying and foster peaceful generations, [agree on a mandate that requires schools to provide daily PE, Arts classes, organic sprouts or gardens and orchards for school lunches \(to reduce hunger, malnutrition & diabetes as a human right\)](#), and [at least one Indigenous-led hike in Nature in schools](#), to create psychologically healthy children, according to Swiss Father of Modern Psychology, Carl Jung.

12. Since eliminating sugary sodas in the LA school district reduced violence by 65%, (NPR) [encourage countries to grow or buy Stevia, the herbal sweetener with Zero Carbs and make it available at publicly funded places to serve as a model to save taxpayers on hefty healthcare costs of public officials and be a model for society](#). Stevia can also help countries win the wars on diabetes and alcoholism, since alcohol is a fermented sugar. To combat obesity, NY's Mayor Bloomberg proposed in June to eliminate sale of 16 oz Supersize drinks at public places. Supported by First Lady Michelle, *Disney* in June announced its "Micky Check" where no foods with over 10 grams of sugar get a Seal of Approval. Since the diabetes epidemic is on the verge of bankrupting countries, the tremendous monies saved could be redirected to free healthcare, green schools powered by renewables, organic community gardens and other programs that lift the People instead of pharmaceutical companies.

13. To start saving mega-tons of carbon on food traveling an average of 3,000 miles, [mandate that stores and](#)

supermarkets identify local produce ideally in a section, to bolster awareness of local farmers, and so consumers know which fruits and veggies are the freshest, sweetest, and most Earth-friendly and in harmony with our bodies.

14. Whole Earth Architect Nir Buras recommends these huge energy savers: Since air-conditioning and heating (buildings) are 50% of energy use, compared to cars 15%, orient buildings and openings to give you passive solar that can cut energy needs by 15%. Green buildings should include collecting and storing water by making channels, dams, ponds and cisterns, like Rome! Other energy savers are traditional 24" thick walls, tall windows (not wide ones), tall ceilings, curtains and shutters, lots of lightwells and atriums for large buildings, arcades and/or very narrow streets and lots of trees for shade. Use snow as insulation in winter. It looks pretty and usually the more beautiful something looks, the more sustainable it is. Now is the time to be able to get affordable solar panels or other renewables with information via Solar International or wood pellets to replace oil or coal energy.

### NEED TEETH!

By mandating and incorporating a combination of these 14 priorities into our homes and countries, we are FINALLY keeping our eye on the ball (Mother Earth), so we can win this most challenging ever Super Bowl of Life! Just as sports need agreed upon rules with penalties, or mayhem could happen, and fences make good neighbors, humans need healthy boundaries and to be responsible for our actions or consequences with NO double-standards, to have healthy thriving societies. Therefore, countries also need incentives and penalties or teeth for those fulfilling or not fulfilling these 12 mandates to protect our life support systems since mayhem got us here. Roman Emperor Nero *openly cheated* at their Ancient Olympics, the 1,000 year Games crumbled along with their Civilization. Sound familiar today?

Since logical and passionate recommendations without teeth at the first Earth Summit in RIO in 1992, have brought us to the brink of extinction, participants at RIO+20 MUST agree upon basic standards of clean air, water and land to survive as a Specie: Those who do not comply hurt all seven billion Earth Citizens, half innocent children. Since failure to comply may likely result in environmental surprises (sudden chain reaction collapses in eco systems of regions, according to *Earth Watch*), and “massive die outs” (CNN), there MUST be financial penalties far greater than the profits that could be made by countries (overly influenced by corporations), ignoring these standards. Addiction to anything, including to profits, clouds healthy thinking and choices and destroys families, communities, countries, civilizations and worlds if not stopped in time. We need our heroes, Dr. Phil, Dr. Drew, Dr. Gupte, Pierce, Diane, Oprah and Ellen, to beat the drum by bringing this into the international conversation.

### RIO+20 MUST BE AN INTERVENTION – How Other Civilizations Saved Themselves

As Earth Citizen we must stop allowing and enabling bad behavior by our leaders. That era must be over. We must take some responsibility for our part in that and together now require leaders with integrity to put People First. And that includes having integrity Nature, or perish. The Egyptian Civilization saved itself by creating a similar intervention as Arab Spring, by weeding out corrupted leaders. The penalty, like those who have died and come back say, they got to experience what it was like to be on their receiving end. The Ancient Greek Civilization and their Olympics after just 50 years were nearly destroyed by ongoing wars and pestilence, but were saved by consulting the Oracle of Delphi (originated with their ancient tribes) who told them to stop all wars for three months before and after the Games so all could travel to Olympia safely, or be penalized. Alexander the Great was penalized. I also saw the statues of the cheaters in their Hall of Shame and learned how the Elders, like Socrates, guided and watched over their Olympic Heroes because they were important role models of ethics in society, agree today’s psychologists. Their heroes continued to receive an annual stipend of olive oil equal to a high ranking official unless they fell from grace, which helped the Games and their Golden Civilization go on for 1,000 years.

### PENALTIES USED FOR OFFSETS- TREES AND RENEWABLE IN POOREST COUNTRIES

THE GOOD NEWS is these penalties for countries who do not comply should be used for *offsets* to restore the world’s biosphere. Since many countries are poor because they have been exploited by the Super Powers, we recommend that the countries with the highest green standards, thanks to their best practices, use those penalties to help impoverished or developing countries implement renewable energy, water revitalization, massive tree

plantings, and electric cars. This win-win for Mother Earth will also restore more social justice. This solution gives all countries a strong incentive to work together to meet RIO+20 mandated standards, along with giving an economic boost to all the green countries and businesses through our proposed “UN’s Earth Caretakers Awards.” This is NO Fire Drill!

## SPORTS CLOUT!

Since the melting Arctic Glaciers, sinking Pacific islands, and snow sportsmen are the canaries in the mine for our whole Earth Family, it behooves everyone to make preserving our Civilization a super priority. With the guidance of Elders, Nobel scientists, top eco activist groups, and statesmen with integrity, working with the UN to making smart moves NOW, we can slow down the rising waters that could displace coastal cities where the majority of the population lives, including New York’s wonderful UN Building.

Since the UN already looks to these Elders-Ski Area partnerships as an ingenious way to end droughts... Since leaders who are sportsmen, like Presidents Teddy Roosevelt and Bill Clinton, and Senators Frank Lautenberg (D) and the (late) John Chafee (R), have been the biggest champions of Nature in the U.S., and likely in other countries, thanks to spending time in the pristine air on tops of mountains close to God... And since sportsmen believe in teamwork, fair play, and their sports industries have clout, together we can do wonders to enlighten today’s leaders that for our sports to go on we must implement these cost-effective emergency solutions in our countries NOW. Here are possible priceless incentives:

## UN EARTH CARETAKERS AWARDS!

The Nobel Peace Prizes and “CNN’s Heroes” have shown us the incredible power of honoring innovative compassionate leaders to advance our Civilization. Similarly the UN could honor countries with the highest green standards each year, and those making the biggest progress, during a week of events surrounding their International Mother Earth Day, through our proposed “UN Earth Caretakers Awards,” the crowning event!

The UN could also honor the World’s corporations, companies, associations, non-profits, individuals and tribes who have, for example, created: [The Greenest Cars](#), [Renewable Energy Innovations](#), [Green Products](#), [Reforestation](#), [Purifying Water Model](#), [Purifying the Oceans Model](#), [Greenest Ski Area](#), [Blue Sky City Model](#), [Green School Model](#), [Green Medicine \(to protect water & children\)](#), [Green Agriculture](#), [a Country that Best Bridges Science and Indigenous Wisdom](#), [Non-Proliferation Leadership](#), [Nuclear Waste Solution](#), [All Countries Committing to Shifting from Nuclear to Renewables that year and Completed Shift](#).

Given his enormous contributions mentioned herein, Ted Turner could be honored. He would either this year or next pick an individual and/or a corporation who has done the most for humanity in innovative ways for the greater good of all, to receive the [Ted Turner Earth Caretaker Award](#).

To give green corporations and companies a big boost while securing a world mandate to ban 100 toxins, or countries passing “Safe Chemicals Acts,” the UN could release a list developed with each country of the many products that are all natural or organic, which are Earth Friendly and merit the “UN Earth Caretakers Stamp of Approval.” The UN’s Sustainability Division already has a huge database on the toxins in each country.

Since President Gorbachev was the first Head of State to blow the whistle and educate the world about the unparalleled danger of nuclear weapons and energy and its stockpiled waste through his Green Cross, with branches in 31 countries today, he could be honoured. In turn he could choose today’s champion of a Nuclear-Free world, for the [Gorbachev Earth Caretakers Award](#), likely the Ukraine. And since the world’s water rights are mainly protected as a human right thanks to Bolivia’s Marcela Olivera, the UN could honor her. To also spotlight women’s quieter leadership, like the tribes, in regenerating Mother Earth, have a [Marcela Olivera Earth Caretaker Award](#) (with input by UN for all these awards).

This Event could start with a magnificently uplifting Opening Ceremonies where tribal Elders and mystics would be honored for their phenomenal gifts to humanity, share some Ancient Wisdom, Bless the People and lead a Prayer Celebrating Mother Earth Gifts joined by World Citizens via TV and webcasts. Bolivian President Evo Morales and his Team could be honored for his evolutionary initiating of both International Mother Earth Day and Harmony with Nature Day. President Morales could pick the recipient of the [Evo Morales Earth Caretakers Award](#) for Tribal Breakthroughs. For example, the tribes of Paraguay, Argentina... for discovering Stevia 1,600 years ago, which is now helping turn around diabetes epidemics worldwide so it also doesn't bankrupt countries. I bet there is a decent chance CNN would want to cover this awards event, which would be the best FREE advertisement for tourism and products in the world so that those who do right for humanity and Mother Earth keep thriving. I think we are all clear that She prefers us to accentuate the positive so our human race can celebrate Her Heroic Earth Caretakers.

## WORKSHOPS

Until we are out of this World Eco Emergency, there could be workshops every six months, hosted by rotating UN Member States, where countries and companies exchange best practices and partner on projects, befitting of 2012's UN Year of Cooperation. This could attract investors looking to finance world eco solutions, like electric car companies, solar desalinization and tidal turbine development. The first "Earth Caretakers Workshop" could be launched that week.

## A HEALING RIPPLE AROUND MOTHER EARTH!



© William Attard Mccarthy | [Dreamstime.com](#)

Just by agreeing to put People and our Earth Mother First like this at RIO+20, and setting a timetable, may likely start unleashing a joyous healing ripple around the world to further help restore Mother Earth's mountains and

oceans while slowing down our glaciers melting and prolonging our beloved SnowSports. Intent counts. By agreeing to implement these and other emergency solutions at RIO+20 in June 21-22, we can regenerate Mother Earth within a decade so that our children can profoundly celebrate our victorious team effort at RIO+40, given this close call!

Now that the UN and the SnowSports World and others are also recognizing the phenomenal benefits of a spiritual relationship with a sensitive, compassionate, knowing Mother Earth, we can step up fulfilling what the Mayans advised: In cross-cultural unity through joyous ceremonies, reconnecting with the heart of Mother Earth, which is key to smoothing out 2012.

By taking a moment to give thanks to Mother Earth when we see a stunning sunset or careen down Her powdery slopes or reminisce amazing times in Nature, we are snowdancing, icedancing, oceandancing, forest, garden and nature dancing into a radiant new era!

Our Native American Olympic Team Foundation is here to assist ski areas in the U.S. or worldwide at [NAOTF.org](http://NAOTF.org). [SNOW-RIDERS.org](http://SNOW-RIDERS.org) has maps of U.S. ski areas and their closest tribes and websites to make it easier to connect, as recommended by NSAA. Or please share your experiences anywhere in the world or support or join our team to win this Race to Save the Planet, led by the Elders.

## WINNING THE RACE TO SAVE THE PLANET!



courtesy: Elaine Pelham

Danielle Pelham (Chickasaw) winning the 2009 Taekwondo World Championships

**We are in the home stretch, the final sprint of 2012!** Given all these gifts to humanity and the Olympics, some ask what else could we do to give back to Indigenous Peoples? That kind of open heart is key to winning the Race. One simple thing that could warm their hearts and create more healing ripples, is including more indigenous peoples in the Olympics, especially in developed countries where they are no longer the majority and choose to live in their traditional earth-honoring ways. Inclusion is NOT just blessing and protecting the Olympics, or dancing in the opening ceremonies, but competing as athletes as part of the Olympic Family. They obviously love sports or they wouldn't have helped invent so many of them that we enjoy, or save so many Games! Can you imagine life without your favorite sport? The Olympics should include the best athletes on the planet period.

The World leaders at RIO's first Earth Summit in 1992 came up with Agenda 21, a wise action plan for humanity to be sustainable by repairing social inequity and advancing environmental development." For his part, IOC President

Jacques Rogge brilliantly recommended including more Indigenous Peoples in the Olympics to enhance their sustainability, plus providing jobs, for example at the Vancouver Games, which warmed peoples' hearts being sold as the "Tribal Olympics." In hopes some progress could be made to help lift the marginalized for London, the UK's *Guardian* newspaper ran this report on the Vancouver Olympics. "*The Olympics come with fine promises of sustainability and social responsibility. But reality doesn't always match the rhetoric.*" <http://www.guardian.co.uk/commentisfree/cifamerica/2012/jan/02/2012-olympics-vancouver-london>.

Since Agenda 21 was also not applied to Native Americans during their 2002 Olympics beyond dancing in the Opening Ceremonies and Medals Plazas, or any Olympics we know of, here is a golden opportunity for the IOC and London to make good on their words. Our 2009 World Taekwondo Champion, Danielle Pelham of the Chickasaw Nation, was not included on our US Olympic Team to Beijing for no apparent reason, and the same is happening to her for London.

Therefore, you could encourage President Rogge, a great Olympic sailor, and Lord Sebastian Cole, an Olympic running icon who heads the London Organizing Committee, to please allow Danielle, along with two great Navajo marathoners, Alvina Begay and Brandon Leslie, to march and compete under the IOC Solidarity Flag for those Sovereign Nations not yet represented in the Olympics. This solution was suggested at our IOC meeting in Lausanne in 2006 to Stew Young, Tulalip World Cup speed skier, who was there representing Joe Garcia, President of the National Congress of American Indians. Both Navajo qualified again for the US Olympic London Marathon Trials, but without our country's support they remain marginalized.

Despite a number of meetings, phone calls and correspondences with the IOC and London organizers, they haven't moved on righting this social injustice by giving sovereign Tribal Nations, as exemplified by many of ours having passports, yet who are no longer the majority, the same respect and appreciation as other Sovereign Nations. Therefore, only public opinion can shift their minds and hearts and bring the Olympics into a Sustainable 21<sup>st</sup>.

See JFK's insights that made me cry, on how our American Indian Nations, as well as other tribes became marginalized, which is on our conscience and needs to be healed. See also President Bush's confirmation of their unique Sovereignty. The London Olympics could do wonders to heroically help correct this social injustice, as a result of the European conquests continued by mainstream Americans, to help the games and humanity as one happy all inclusive family THRIVE. [http://snow-riders.org/info\\_pages/jfkintro.html](http://snow-riders.org/info_pages/jfkintro.html) (Spain's Queen Sophie started the healing process by apologizing to a Native American group in the 90's)

What better way to also help ensure the Games run smoothly than by simply including these three Native athletes in London since healing the past smoothes out potential earth changes. Few know that the tribes also protected the 2002 Utah Olympics from expected terrorism, why many people didn't attend. Following a vision of Aspen's Sarah Pletts (Penobscot heritage), our foundation organized a ceremony next to Park City's giant tipi to protect the Games, led by Roland McCook, Utah Tribal Host, guided by world renowned Lakota spiritual leader, Chief Arvol Lookinghorse, and supported by a letter I read from Muhammad Ali. The Hopis also led ceremonies at dawn in the Athletes Village at the request of SLOC. Thank heaven it worked.

To keep the Olympics the greatest force for health and harmony in the world, also encourage these Olympic leaders to get on Mother Earth's Sustainability Bandwagon, so they can also demonstrate some meaningful progress over the last 20 years at RIO+20 on June 20-22. I served on the USOC - first woman on the board with MIT's Dr. Tenely Albright - because I respect the Olympic Movement for doing so much for the world's youth, so the silence of the IOC/LOCOG in inspiring sports lovers to restore our playgrounds in this world eco crisis is surprising! Nearly half of the Olympic Games is snow or ice sports. Doesn't it make sense, including to the sponsors, that we do all we can as a Green Olympic Team to preserve the Games as we know it, which at the same time preserves the island Nations and coastal cities (where most of the populations live) that are part of our Olympic Family?

This would also karmically *offset* the other disturbing green report card that *USA Today* just brought to light through London Olympic Activists, that the most unsustainable companies, such as BP, plus a nuclear company and McDonalds, an obesity leader, are sponsoring the Games. The article said they want to the London Olympics to use our ancient and modern symbol of integrity to greenwash their images to reach healthier markets. That integrity

must also be with Nature and youth for our Games to survive and thrive. (Coke has made progress by now offering healthier Stevia sweetened drinks in many countries) <http://www.usatoday.com/video/olympic-activists-attack-corporate-greenwashing/1568360971001>

Therefore, please also encourage the IOC and London's Organizing Committee, and your National Olympic Committee to use this most pivotal games in history, July 27-August 16, to inspire a huge leap in progress, so the environment is indeed an Olympic Pillar. These leaders and press could spotlight the many Olympians around the world who are shining champions of Mother Earth who can raise awareness that our playgrounds in Nature represent a major chunk of the planet, and that our sports in the Great Outdoors, and especially winter sports, are in peril. And that for the Winter as well as Summer Games to go on as long as possible, we sportsmen and women need to do all we can to inspire one-third of the world's Earth Citizens, our extended Olympic Family who will be watching, to join us in making "Faster, Higher, Stronger" leaps in Green Action, to light the way. Even if it is at least planting one Olympic Tree, a pillar, for future generations, that would add up to three billion more trees this year regenerating our breathtakingly stunning Garden of Eden.

By also using our unique gifts to heal our Earth Mother, and holding Her in our hearts, even for a moment, as we blissfully run, soar, swim, dance, and ride like wind like our ancient ancestors, we are bringing in the Dawn.

Since our tribes are heroes to many snowsports lovers in the Americas, Europe and Asia, London could bring this harmony with Nature energy to their Games by including these three deserving Native athletes, on behalf of all of Mother Earth's MVPs who are still marginalized despite lighting the way for 192 UN Nations. I bet they would get a phenomenal standing ovation marching in London's Opening Ceremonies under the IOC Solidarity Flag, and this heart-warming step for humanity would shine on these 2012 Games! By the Olympics also raising awareness of some of these simple virtually FREE Green solutions, EVERYONE can be a part of our valiant Earth Team to be revered by generations for winning this Race to Save the Planet.

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courtesy S.C.

## NATIVE AMERICAN PRAYERS FOR RIO+20

Since prayers work, I asked my amazing advisor Olivia to please lead a prayer so our Earth Family could support the RIO+20 delegates and world leaders. She graciously agreed to since she said that world prayers, as well as ceremonies led by Indigenous Elders before and during RIO+20, could immensely assist the decision-makers.

She asked everyone to please bless the leaders of Mexico, New Zealand, and Switzerland as they initiated shifting [the \\$1 trillion dollars of taxpayer subsidies, loopholes and loans worldwide from Nuclear, Big Oil, Coal and Gas to](#)

Clean Renewable Energy and Electric Cars, and the 8 countries, including the US, Japan and Russia, for voicing their support for this trillion dollar shift to finally put People First. Plus bless the spirits of all the delegates at RIO+20 so their hearts may be on fire to join in unity creating this and other mandates, including our 13 basic Priorities recommended by the Elders, to protect our water, land, air and children, along with speedy timetables.

And to bless Mexico's Environment Minister, Juan Elvira, "for his leadership on behalf of all life and Mother Earth." Here is the open letter she sent to him when Avaaz warned humanity that countries were making a decision on whether to just STOP the subsidies for destructive fossil fuels and nuclear energy, or to also SHIIFT those subsidies to renewables. Therefore, said Olivia, this [letter could also be addressed to every delegate at RIO+20, and world leader](#), as the consequences of shifting this funding to renewables is so critical that each delegate and leader is also standing sentry at the Gates of Freedom to Thrive on Mother Earth.

Open Letter to Mexico's Environment Minister Juan Elvira

*Dear Environment Minister Juan Elvira:*

*Someone has to step up to the plate. Someone has to be courageous. Someone has to stand sentry at the Gates of Freedom. Right now, Minister Juan Elvira, history and the future are looking at you, and not only are the people of Mexico looking at you, and holding their breath, but people all over the world are holding their breath and looking at you as they pray that you have the courage of a Saint, that you stand and deliver in the name of God, in the name of good common sense, a clear headed plan to bring life back into all of our countries, to bring freedom back into all of our lives. Point the way, Minister Elvira.*

*Stand confidently at Home Base and hit a Grand Slam Home Run for Humanity and our Mother Earth Who Cradles us in Her Arms and Cries out for our Sanity and our Salvation. In Her Blessed Name Be Brave. She cannot give us what we do not ask for. That is the Great Law. We must ask. We must ask to receive.*

*Everyone in the world is praying that you will ask most strongly now that the Law deliver to us a Free World Filled with Green Gardens and Fragrant Flowers.*

*If you do not, we are facing a radioactive deathscape. You will have condemned us to hell. That is not why your Mother gave birth to you. She knew she was carrying a very special intelligence. She prayed that you would be faithful to the destiny she saw in her heart was possible. She prayed you would walk with God and do God's Will.*

*We continue her prayer, Minister Elvira. Walk with God. Restore God's World.*

*Thank you.*

*Olivia Ellis, Ph.D., Virginia, United States of America*

## OLIVIA'S PRAYER FOR RIO+20

"Thank you, Great Spirit, for allowing all of us to gather at RIO and bring our minds together as one, reminding everyone why we came here. Thank you for the opportunity to stand up for ourselves, our families, all living things and Mother Earth, to stand up for You, knowing You will protect us, embolden us, embrace us and continue to be our Benefactor. Thank you for clearing our minds. Thank you for clearing the minds of all delegates to RIO+20, for making their hearts on fire for freedom, on fire for truth, on fire for all good things to move forward effortlessly perfecting our environment, and for all that does not support this good, may it fall away, or be forged in this fire to be the good for all so we may live in harmony with Nature and each other. May all those who speak at RIO+20 be

infused with a conviction that will inspire the rest to join in aligning with God's will to protect all of Creation.”

Olivia said that for centuries the Iroquois Nation has begun every day by offering a prayer of “Greetings to the Natural World” (Ohenton Kaviwatekwen”) at dawn. And it would be the most perfect prayer to repeat every day leading up to RIO+20, when they are formulating solutions, and June 20-22.

## IROQUOIS “GREETINGS TO THE NATURAL WORLD”

**TODAY** we have gathered and we see that the cycles of life continue. We have been given the duty to live in balance and harmony with each other and all living things. So now, we bring our minds together as one as we give greetings and thanks to each other as people. *Now our hearts are one.*

**The Earth Mother** - We are all thankful to our Mother, the Earth, for she gives us all that we need for life. She supports our feet as we walk about upon her. It gives us joy that she continues to care for us as she has from the beginning of time. To our mother, we send greetings and thanks. *Now our hearts are one.*

**The Waters** -We give thanks to all the waters of the world for quenching our thirst and providing us with strength. Water is life. We know its power in many forms-waterfalls and rain, mists and streams, rivers and oceans. With one mind, we send greetings and thanks to the spirit of Water. *Now our hearts are one.*

**The Fish** - We turn our minds to the all the Fish life in the water. They were instructed to cleanse and purify the water. They also give themselves to us as food. We are grateful that we can still find pure water. So, we turn now to the Fish and send our greetings and thanks. *Now our hearts are one.*

**The Plants** -Now we turn toward the vast fields of Plant life. As far as the eye can see, the Plants grow, working many wonders. They sustain many life forms. With our minds gathered together, we give thanks and look forward to seeing Plant life for many generations to come. *Now our hearts are one*

**The Food Plants** - With one mind, we turn to honor and thank all the Food Plants we harvest from the garden. Since the beginning of time, the grains, vegetables, beans and berries have helped the people survive. Many other living things draw strength from them too. We gather all the Plant Foods together as one and send them a greeting of thanks. *Now our minds are one.*

**The Medicine Herbs** - Now we turn to all the Medicine herbs of the world. From the beginning they were instructed to take away sickness. They are always waiting and ready to heal us. We are happy there are still among us those special few who remember how to use these plants for healing. With one mind, we send greetings and thanks to the Medicines and to the keepers of the Medicines. *Now our minds are one.*

**The Animals** - We gather our minds together to send greetings and thanks to all the Animal life in the world. They have many things to teach us as people. We are honored by them when they give up their lives so we may use their bodies as food for our people. We see them near our homes and in the deep forests. We are glad they are still here and we hope that it will always be so. *Now our minds are one*

**The Trees** - We now turn our thoughts to the Trees. The Earth has many families of Trees who have their own instructions and uses. Some provide us with shelter and shade, others with fruit, beauty and other useful things. Many people of the world use a Tree as a symbol of peace and strength. With one mind, we greet and thank the Tree life. *Now our minds are one.*

**The Birds** - We put our minds together as one and thank all the Birds who move and fly about over our heads. The Creator gave them beautiful songs. Each day they remind us to enjoy and appreciate life. The Eagle was chosen to be their leader. To all the Birds-from the smallest to the largest-we send our joyful greetings and thanks. *Now our minds are one.*

**The Four Winds** -We are all thankful to the powers we know as the Four Winds. We hear their voices in the moving air as they refresh us and purify the air we breathe. They help us to bring the change of seasons. From the four directions they come, bringing us messages and giving us strength. With one mind, we send our greetings and thanks to the Four Winds. *Now our minds are one.*

**The Thunderers** -Now we turn to the west where our grandfathers, the Thunder Beings, live. With lightning and thundering voices, they bring with them the water that renews life. We are thankful that they keep those evil things made by Okwiseres underground. We bring our minds together as one to send greetings and thanks to our Grandfathers, the Thunderers. *Now our minds are one.*

**The Sun** - We now send greetings and thanks to our eldest Brother, the Sun. Each day without fail he travels the sky from east to west, bringing the light of a new day. He is the source of all the fires of life. With one mind, we send greetings and thanks to our Brother, the Sun. *Now our minds are one.*

**Grandmother Moon** - We put our minds together to give thanks to our oldest Grandmother, the Moon, who lights the night-time sky. She is the leader of woman all over the world, and she governs the movement of the ocean tides. By her changing face we measure time, and it is the Moon who watches over the arrival of children here on Earth. With one mind, we send greetings and thanks to our Grandmother, the Moon. *Now our minds are one.*

**The Stars** - We give thanks to the Stars who are spread across the sky like jewelry. We see them in the night, helping the Moon to light the darkness and bringing dew to the gardens and growing things. When we travel at night, they guide us home. With our minds gathered together as one, we send greetings and thanks to the Stars. *Now our minds are one.*

**The Enlightened Teachers** - We gather our minds to greet and thank the enlightened Teachers who have come to help throughout the ages. When we forget how to live in harmony, they remind us of the way we were instructed to live as people. With one mind, we send greetings and thanks to these caring teachers. *Now our minds are one.*

**The Creator** - Now we turn our thoughts to the Creator, or Great Spirit, and send greetings and thanks for all the gifts of Creation. Everything we need to live a good life is here on this Mother Earth. For all the love that is still around us, we gather our minds together as one and send our choicest words of greetings and thanks to the Creator. *Now our minds are one.*

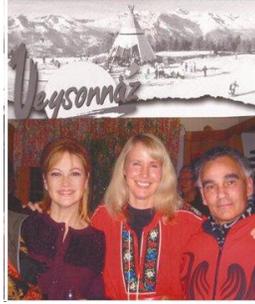
We have now arrived at the place where we end our words. Of all the things we have named, it was not our intention to leave anything out. If something was forgotten, we leave it to each individual to send such greetings and thanks in their own way. *Now our minds are one.* (Courtesy Native Villages © Gina Boltz)

You can hear this Iroquois Native American Prayer of Thanksgiving on YouTube, beautifully presented by Elder Dan Beaton. <http://www.youtube.com/watch?v=oLfPspAK9TM&feature=topics>

Said Olivia, "May this prayer by the Iroquois be whispered from tree to tree, murmured by the breezes and howled by the high winds, and sung by the birds, as well as the whales in the oceans. This prayer to the Natural World can purify the many pathways and natural ley lines to RIO this 2012 as nothing else can. These Iroquois Elders are guiding us back to democracy as a global village. Joining them, people of all nations can rise and say 'Yes to Life, to Eden and to keeping Mother Earth pure.'"

Suzy: In so doing We The People are realizing our breathtaking potential. Thank you from the bottom of our hearts Creator and Mother Earth, and it is done!

Contact: [Suzynativevoices@aol.com](mailto:Suzynativevoices@aol.com), 323 4933877, naotf.org, snow-riders.org NAOTF is a tax 501©3 non-profit partnership of US Tribal Elders & leaders, Olympians, Ski World, Nobel Prize winners and the UN. Our mission is "to create joyful unity through sports and education to help heal Mother Earth for all our children, including through the Olympics."



A Salute to L -French Princess Caroline Murat, who lives near Veysonnaz, Switzerland, with me and Stew Young (Tulalip), World Cup Speed Skier. He represented the President of the National Congress of American Indians at our meeting with the nearby IOC in 2006, with her assistance. The French having revived the Modern Olympics, Princess Murat holds the vision of a Modern Olympics that embraces ALL cultures.





























